



Daily Schedule

Santa Rosa Rise and Shine Child Care Center

Routine Care: Feeding, diapering/potty, hand washing, etc... All care provided throughout the day is available as needed. This schedule is for reference only.

8:30a.m. - Center Opens

- Drop-off/Greetings (exchange of pertinent information)
- Self-directed play
- Teacher-directed activities
- Routine care (bottles, diapers, etc...)

9:30 a.m. – 10:30 a.m. - Morning Routine

- Meal/snack
- Outside time (weather permitting/rotating schedule if needed)
- Self-directed play

10:30 a.m. – 11:00 a.m. - Mid-morning

- Meal/snack
- Teacher-directed play
- Routine care (bottles, diapers, etc...)
- Outside time (weather permitting/rotating schedule if needed)

11:00 a.m. – 12:00 p.m. - Late-morning

- Meal/snack/bottles
- Outside time (weather permitting/rotating schedule if needed)
- Transitions (preparing for nap)
- Routine Care
- Quiet play

12:00 p.m. – 1:30/2:00 p.m. - Early-afternoon

- Naps
- Routine care
- Quiet play

1:30/2:00 p.m. – 3:00 p.m. - Afternoon

- Meal/snack
- Routine Care
- Clean-up
- Circle time (songs, stories, finger play)

3:00 – 4:30 p.m. - Late-afternoon

- Routine Care
- Self and teacher-directed play
- Outside time (weather permitting)
- Talk with parents

4:30 p.m. - Facility Closes

Schedule is subject to change