



AMERICAN SAFETY &
HEALTH INSTITUTE

MEDIC
First Aid

EMS
SAFETY

CPR AED

- ✓ HSI First Aid | CPR AED has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- ✓ Reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR).
- ✓ Conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.

Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers who desire, or are occupationally required, to be trained and certified in CPR AED
- Scenario videos, full-color digital and printed materials, and clear, concise course content
- Adult, Adult/Child, Adult/Infant, and Adult/Child/Infant curriculum options available
- 2-year certification
- 2 - 3 hour class

Course topics include:

- Sudden Cardiac Arrest (SCA)
- CPR and Defibrillation
- Chain of Survival
- Assessment & Chest Compressions
- Rescue Breathing & Using a CPR Mask
- Using an AED
- Opioid-Associated Emergency
- Relief of Choking



RISE AND SHINE CHILD CARE CENTERS & FAMILY SERVICES AGENCY
Josiah Rich, Certified Training Instructor
ID: #5244279
Ph: (707) 293-9795
Em: contactus@santarosariseandshine.com

