

RISE AND SHINE CHILD CARE CENTERS & FAMILY SERVICES AGENCY

REFERRALS FOR PARENTING

Name:

- California Parenting Institute (CPI)** (707)585-6108  
Parenting classes, clases en Español, parenting consultations, home visits,  
supervised visitation. [www.calparents.org](http://www.calparents.org)
- Catholic Charities Rainbow House** (707) 224-4403  
Parenting or pregnant teen ages 18-25. Provides training of independent  
living skills and parenting skills in a supportive, shared housing environment.  
<https://www.srcharities.org/>
- Easter Seals Northern California** (707) 308-2120  
Provides information and referral services concerning medical conditions,  
support groups, doctors, funding disabilities, services, rights, and assistance  
[www.bayarea.easterseals.com](http://www.bayarea.easterseals.com)
- La Leche League** 24hours (707) 523-8697  
Breastfeeding information, parenting support and lending library. [www.lllnorcal.org](http://www.lllnorcal.org)
- Social Advocates for Youth (SAY)**  
Medical for ages 5-25 Support groups for teens, adolescents,  
& their families. Classes/counseling for low income  
parents of youth 12 - 18 yrs. Santa Rosa- 544-3299  
Tamayo Village- 528-7500  
Sonoma- 996-7991  
[www.saysc.org](http://www.saysc.org)
- Teen Parent Connections** (707) 565-4440  
Pregnant/parenting under 19 years of age and receiving cash aid  
from Sonoma Works. Assists to further education, improve health  
and promote nurturing parenting. <https://teenparentconnection.org/>

Please let us know of any other resources you are aware of. Also keep us informed if any services are no longer available or information is incorrect.

Thank you!

revised 08/23