

Motere's Workshop Series Testimonials

- *“A clear outline of points and super concluding review of the program...clearly and logically presented all parts of the program...overall a 10.”*
- *“Easy to follow outline...Did a great job of repeating a point more than once using different examples...No role playing—thank you...great written document to follow...group interaction was great.”*
- *“I really need to make some changes and the section on Learning really applies to me...It's extremely valuable to have the opportunity to interact with colleagues and peers...now I know the secrets of focus.”*
- *“Really great weekend...I got a framework for making real changes in my thought patterns, habits, and internal processes...Began to realize that I was allowing the external things to control me...interesting insights on understanding my value system...realized that I wasn't walking my talk.”*
- *“The best thing that I learned was why certain people strive for excellence while others are satisfied with mediocrity...those who are high performers are willing to do the hard things that others refuse to do.”*
- *“The workshop created an awareness in me about what was holding me back.”*
- *“The workshop stopped me long enough to turn inward and look for new information that will assist me in all facets of my life.”*
- *“The workshop provided the framework within which I can embed some of the lessons I've learned.”*
- *“I now realize how my assumptions were treated as facts and hindered my decision-making.”*
- *“The case studies for ‘Expanding Your Comfort Zone’ was exceptional.”*
- *“The test revealing my preferred learning style was very interesting and I can see how I learn affects what I do.”*
- *“The section on the Three Headed Gremlin was great as was the Decision-Making seminar...Decisions are really the foundation of all high performance...Now I have a framework to apply to make consistently sound decisions.”*
- *“I saw my High Performance Patterns emerge in the things that I was successful in.”*
- *“I now understand that my level of performance starts with what already has worked for me in the past.”*
- *“I realized that my high performance patterns are actually my principles.”*
- *“Now I know the value of identifying and being true to personal success patterns.”*
- *“I have a plan to evaluate my level of performance...I see how the patterns are used to improve my performance while I'm in a slump.”*

MOTERE CONSULTING



Identified as one of North America's top 10 performance psychologists, Dr. Stephen Long has significantly improved performance in the realms of business, athletics and the military. He has applied his proprietary Execution IQ™ method with exceptional leaders, champion athletes, fighter pilots, military special operations personnel, elite salespeople, high performers and corporate executives resulting in 115% improvement in financial performance, 26 championship teams, over 30 All-American college athletes, an NFL MVP and enhanced national security with a zero failure rate. Through his three decades of helping organizations execute strategy, Steve applies his expertise in behavior change, psychometrics and high performance mindsets through an educative, rather than a rehabilitative, approach. Results include improved efficiency, productivity, decision-making, problem solving, planning, innovation, consistency and change.

