

3-Step Comprehensive Assessment

The goal of Helmets to Heal's (H2H's) 3-Step Comprehensive Assessment is to determine the level of need for new helmets, education, and concussion tracking support services.

Step 1 – Review of Program Participation and Parent/Coach Activity Level

Step 1 is a review of the program's participation rate trends and parent/coach activity level.

- Has there been a declining participation rate?

Yes _____ No _____

If so, what have been the numbers for the previous 4 years?

- How active are the parents and coaches at meetings?

- Are parents and coaches able to assist concussion protocol tests during games?

- What are the program's goals and primary concerns for H2H to address?

For H2H Staff:

Participation Score: _____

Participation Notes: _____

Step 2 – Assess Current Helmet Inventory

Step 2 is an assessment of the current helmet inventory, including quantity, inventory age/reconditioning date, brand/model of the helmets, and annual football equipment budget.

Annual Equipment Budget for Helmets \$ _____

Total Number of Helmets _____

Brand(s)/Model(s)	Date Last Reconditioned
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Additional Equipment Needs/Requests:

Step 3 – Review Program’s Need for Concussion Protocol

Step 3 is a review of the program’s need for an upgraded concussion protocol.

- On a scale of 1 to 10, what is your concern level for concussions? _____
- How are concussions currently treated and documented?

- How many documented concussions did you have last year? _____

Notes:

- What type of literature do you have available for concerned parents?
