

VI

Instructions

The only reason for giving this questionnaire is to help staff better understand your situation. So please be honest and cooperative. Your records may be checked to verify the information provided.

The statements in this booklet are numbered. Read each statement carefully and mark your answers accurately.

Complete the information at the top of your answer sheet. Do not make any marks on this booklet.

When you understand these instructions you may begin.

Section 1

Answer the following statements **True** or **False**. If a statement is True put an **X** under T for True. If a statement is False put an **X** under F for False on your answer sheet.

1. There are times when I am very unhappy.
2. I am looking forward to an active and happy future.
3. I am not getting the enjoyment out of life that I would like.
4. I am concerned about my drinking.
5. It bothers me when I am overlooked or ignored by people I know.
6. I can honestly say I am satisfied with myself.
7. I feel better than I have in a long time.
8. I show my frustrations and anger quickly.
9. There are times when I worry about what people think or say about me.
10. I try to stay active each day.
11. I have a lot of physical pain.

12. There are times when I worry about taking care of my family.
13. I feel good about myself and my life situation.
14. There have been times when I have been jealous or resentful of people I know.
15. I feel as if I am alone and do not fit in anymore.
16. I have never been influenced by a friend to do something I knew was wrong.
17. I have been told that I am uncooperative.
18. There are times when I get very discouraged.
19. When I wake-up I usually look forward to each day.
20. I am not happy with my life.
21. Most people bother or annoy me.
22. I do not always tell the whole truth when asked about my personal life.
23. I enjoy my family, work and life.
24. I have a drinking (beer, wine or liquor) problem.
25. Two or more of the following apply to me (answer True or False on your answer sheet):
 - a. Irritable, touchy or tense
 - b. Disruptive or uncooperative
 - c. Sensitive, feelings easily hurt
 - d. Confrontative or argumentative
 - e. Resistant, resentful or defiant
26. There are times when I get frustrated and really angry.
27. I honestly can say that I accept my life as it is.
28. I am concerned about my use of drugs like pot, cocaine, crack or heroin.
29. When angry I shout and swear a lot.
30. I have done things when angry or mad that I regret.
31. I am more positive about my life than I have been in a long time.
32. There are times when I think about suicide a lot.
33. There are times when I worry about what will happen to me.

34. Two or more of the following apply to me (answer True or False on your answer sheet):
- Courageous and fearless
 - Confident and hopeful
 - Dependable and reliable
 - Enthusiastic and optimistic
 - Self-confident and positive
35. I have a drug (pot, cocaine, crack or heroin) problem.
36. I get upset when others criticize me.
37. I feel as if no one cares about me anymore.
38. There are times when I daydream about happiness and better times.
39. I often feel that nothing matters anymore.
40. Within the last two years I have had a blackout or memory loss from drinking too much.
41. Most of the time I am in pain and hurt.
42. I have done some things that were wrong and I was not caught.
43. I am determined to overcome my problems and have a good life.
44. I have used drugs like pot, cocaine, crack or heroin more than I should.
45. There are times when I am concerned that others may not approve of me.
46. I often worry about my suffering and pain.
47. I lose my temper quickly.
48. I have been embarrassed and worried about mistakes I have made.
49. I have wished I could go back in time and do some things over – but differently.
50. My family is a comfort and pleasure to me.
51. I often think about revenge and how I can get even.
52. I worry about being happy in the future.

53. At times I feel as if I cannot go on living.
54. There are times when I am really down, depressed and discouraged.
55. I have faith in myself.
56. I am often angry and hostile.
57. There are times when I get angry and upset at myself.
58. I am confident things will be better for me in the future.
59. There are times when I am concerned that others may think badly of me.
60. My drinking is more than just a little or mild problem.
61. My use of drugs has threatened my happiness and success in life.
62. I do not have a support group.

Section 2

Rate each statement by selecting the answer that is accurate for you. Put an **X** on your answer sheet under the number that you select for your answer. Use the following rating scale.

- | | |
|------------------|-------------------------|
| 1. Rare or Never | 3. Often |
| 2. Sometimes | 4. Very Often or Always |

Answer each statement as it applies to you **now**.

63. Positive Attitude/Outlook
64. Dissatisfied with Life
65. Good Sense of Humor/Laugh
66. Anxious/Worried/Fearful
67. Satisfied with Self/Like Self
68. Depressed/Discouraged
69. Sickness/Illness/Suffering
70. Agreeable/Friendly/Cooperative
71. Angry/Hostile/Resentful
72. Enthusiastic/Involved in Life

Section 2, continued

- | | |
|------------------------------------|-------------------------------------|
| 73. Directly Deal with Problems | 84. Nervous/Unable To Relax |
| 74. Physical/Mental Pain | 85. Trust My Own Judgment |
| 75. Tension/Stress/Pressure | 86. Useless/Worthless/No Good |
| 76. Insomnia/Trouble Sleeping | 87. Patient/Tolerant/Understanding |
| 77. Able to Handle Life's Problems | 88. Weak/Dependent/Unfit |
| 78. Positive/Confident/Determined | 89. Suffering: Physical/Mental |
| 79. Fatigued/Tired | 90. Marital/Family Problems |
| 80. Emotionally Upset/Crying | 91. Difficulty with Others/Conflict |
| 81. Lonely/Unhappy/Alone | 92. Manipulative/Lying |
| 82. Self-Reliant/Independent | 93. Hopeless/Helpless |
| 83. Pain/Hurt/Discomfort | 94. Desperate/Lost All Hope |
| | 95. Positive/Worthy/Hopeful |

Section 3

Each of the following items consists of a pair of opposite terms that you are to rate yourself on. Rate yourself as you are **now**. For example, rate yourself on **Careful** and **Careless**.

	Very <u>Often</u>	<u>Often</u>	Can't <u>Decide</u>	<u>Often</u>	Very <u>Often</u>	
Careful	1_____	2_____	3_____	4_____	5_____	Careless

Before rating yourself, compare the opposite terms you are rating yourself on. If you are very often careful you would put an X under **1**, if often careful put your X under **2** and if you can't decide between careful and careless put an X under **3**. Similarly, if you are often careless you would put an X under **4**, and if you are very often careless you would put an X under **5**. **Mark your answers on your answer sheet. Mark only one X for each item or pair of opposite terms.**

	Very <u>Often</u>	<u>Often</u>	Can't <u>Decide</u>	<u>Often</u>	Very <u>Often</u>	
96. Accepting	1_____	2_____	3_____	4_____	5_____	Rejecting
97. Caring	1_____	2_____	3_____	4_____	5_____	Indifferent
98. Unsuccessful	1_____	2_____	3_____	4_____	5_____	Successful
99. Intelligent	1_____	2_____	3_____	4_____	5_____	Dull
100. Uncertain	1_____	2_____	3_____	4_____	5_____	Confident
101. Responsible	1_____	2_____	3_____	4_____	5_____	Irresponsible
102. Unhappy	1_____	2_____	3_____	4_____	5_____	Happy
103. Strong	1_____	2_____	3_____	4_____	5_____	Weak
104. Rejected	1_____	2_____	3_____	4_____	5_____	Accepted
105. Boring	1_____	2_____	3_____	4_____	5_____	Interesting
106. Loved	1_____	2_____	3_____	4_____	5_____	Unloved
107. Insecure	1_____	2_____	3_____	4_____	5_____	Secure

Section 3, continued,

Mark your answers on your answer sheet. Rate yourself as you are **now**.

	<u>Very Often</u>	<u>Often</u>	<u>Can't Decide</u>	<u>Often</u>	<u>Very Often</u>	
108. Positive	1_____	2_____	3_____	4_____	5_____	Negative
109. Unreliable	1_____	2_____	3_____	4_____	5_____	Reliable
110. Dissatisfied	1_____	2_____	3_____	4_____	5_____	Satisfied
111. Liked	1_____	2_____	3_____	4_____	5_____	Disliked
112. Stable	1_____	2_____	3_____	4_____	5_____	Unstable
113. Withdrawn	1_____	2_____	3_____	4_____	5_____	Outgoing
114. Critical	1_____	2_____	3_____	4_____	5_____	Approving
115. Hostile	1_____	2_____	3_____	4_____	5_____	Friendly
116. Worthy	1_____	2_____	3_____	4_____	5_____	Worthless
117. Hopeful	1_____	2_____	3_____	4_____	5_____	Hopeless
118. Cooperative	1_____	2_____	3_____	4_____	5_____	Resistant
119. Unwanted	1_____	2_____	3_____	4_____	5_____	Wanted

Section 4

The statements in this section describe you or your situation. Select the answer that is accurate for you. Put an **X** under the number (1, 2, 3 or 4) on your answer sheet that you select for your answer.

120. How would you describe your **drinking**?
1. Serious problem
2. Moderate problem
3. Mild problem
4. No problem
121. How many times were you in **alcohol treatment**?
1. Once
2. Two or three times
3. Four or more times
4. None
122. How would you describe your **drug** (pot, cocaine, crack, LSD or heroin) use?
1. Serious problem
2. Moderate problem
3. Mild problem
4. No problem
123. How many times have you been in **drug treatment** programs?
1. Once
2. Two or three times
3. Four or more times
4. None
124. Recovering means you had an alcohol or drug problem in the past, but now you don't drink or use drugs. I am a **recovering**:
1. Alcoholic (beer, wine or liquor)
2. Drug abuser (pot, crack, cocaine or heroin)
3. Both 1 and 2
4. None of the above
125. Choose the answer that is **accurate** for you:
1. I attend Alcoholics Anonymous (AA) meetings for help with my drinking.
2. I attend Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings for help with my drug problem.
3. Both 1 and 2
4. None of the above
126. During the **last six months**, I have been:
1. Suicidal (dangerous to myself)
2. Homicidal (dangerous to others)
3. Both 1 and 2 (suicidal & homicidal)
4. None of the above
127. How would you describe your **present** situation?
I have serious:
1. Family problems
2. Marital or relationship problems
3. Both 1 and 2 (family and relationship problems)
4. None of the above

VI

First Name: _____ Last Name: _____ Middle Initial: _____

Last Four Digits of Your Social Security Number: _____ Date of Birth: _____

Age: _____ Sex: _____ Marital Status: _____

Ethnicity (Race): _____ Education (Highest Grade): _____

The information provided on this VI answer sheet is true, correct and complete. I hereby agree to answer all statements truthfully.

Client Signature

Date

Section 1

Put an **X** under **T** for **True** or under **F** for **False**.

	T	F		T	F		T	F		T	F
1.	_____	_____	16.	_____	_____	31.	_____	_____	47.	_____	_____
2.	_____	_____	17.	_____	_____	32.	_____	_____	48.	_____	_____
3.	_____	_____	18.	_____	_____	33.	_____	_____	49.	_____	_____
4.	_____	_____	19.	_____	_____	34.	_____	_____	50.	_____	_____
5.	_____	_____	20.	_____	_____	35.	_____	_____	51.	_____	_____
6.	_____	_____	21.	_____	_____	36.	_____	_____	52.	_____	_____
7.	_____	_____	22.	_____	_____	37.	_____	_____	53.	_____	_____
8.	_____	_____	23.	_____	_____	38.	_____	_____	54.	_____	_____
9.	_____	_____	24.	_____	_____	39.	_____	_____	55.	_____	_____
10.	_____	_____	25.	_____	_____	40.	_____	_____	56.	_____	_____
11.	_____	_____	26.	_____	_____	41.	_____	_____	57.	_____	_____
12.	_____	_____	27.	_____	_____	42.	_____	_____	58.	_____	_____
13.	_____	_____	28.	_____	_____	43.	_____	_____	59.	_____	_____
14.	_____	_____	29.	_____	_____	44.	_____	_____	60.	_____	_____
15.	_____	_____	30.	_____	_____	45.	_____	_____	61.	_____	_____
						46.	_____	_____	62.	_____	_____

Section 2

Select the number (1, 2, 3 or 4) that describes you best.

	1	2	3	4		1	2	3	4
63.	_____	_____	_____	_____	67.	_____	_____	_____	_____
64.	_____	_____	_____	_____	68.	_____	_____	_____	_____
65.	_____	_____	_____	_____	69.	_____	_____	_____	_____
66.	_____	_____	_____	_____	70.	_____	_____	_____	_____

Section 2, continued

	1	2	3	4		1	2	3	4
71.	_____	_____	_____	_____	83.	_____	_____	_____	_____
72.	_____	_____	_____	_____	84.	_____	_____	_____	_____
73.	_____	_____	_____	_____	85.	_____	_____	_____	_____
74.	_____	_____	_____	_____	86.	_____	_____	_____	_____
75.	_____	_____	_____	_____	87.	_____	_____	_____	_____
76.	_____	_____	_____	_____	88.	_____	_____	_____	_____
77.	_____	_____	_____	_____	89.	_____	_____	_____	_____
78.	_____	_____	_____	_____	90.	_____	_____	_____	_____
79.	_____	_____	_____	_____	91.	_____	_____	_____	_____
80.	_____	_____	_____	_____	92.	_____	_____	_____	_____
81.	_____	_____	_____	_____	93.	_____	_____	_____	_____
82.	_____	_____	_____	_____	94.	_____	_____	_____	_____
					95.	_____	_____	_____	_____

Section 3

Put an X under the number that is accurate for you.

	1	2	3	4	5		1	2	3	4	5
96.	_____	_____	_____	_____	_____	108.	_____	_____	_____	_____	_____
97.	_____	_____	_____	_____	_____	109.	_____	_____	_____	_____	_____
98.	_____	_____	_____	_____	_____	110.	_____	_____	_____	_____	_____
99.	_____	_____	_____	_____	_____	111.	_____	_____	_____	_____	_____
100.	_____	_____	_____	_____	_____	112.	_____	_____	_____	_____	_____
101.	_____	_____	_____	_____	_____	113.	_____	_____	_____	_____	_____
102.	_____	_____	_____	_____	_____	114.	_____	_____	_____	_____	_____
103.	_____	_____	_____	_____	_____	115.	_____	_____	_____	_____	_____
104.	_____	_____	_____	_____	_____	116.	_____	_____	_____	_____	_____
105.	_____	_____	_____	_____	_____	117.	_____	_____	_____	_____	_____
106.	_____	_____	_____	_____	_____	118.	_____	_____	_____	_____	_____
107.	_____	_____	_____	_____	_____	119.	_____	_____	_____	_____	_____

Section 4

Put an X under the number (1, 2, 3 or 4) on your answer sheet that you select for your answer.

	1	2	3	4		1	2	3	4
120.	_____	_____	_____	_____	124.	_____	_____	_____	_____
121.	_____	_____	_____	_____	125.	_____	_____	_____	_____
122.	_____	_____	_____	_____	126.	_____	_____	_____	_____
123.	_____	_____	_____	_____	127.	_____	_____	_____	_____