



# TAI CHI KUNG FU FAN FORM

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## 太极功夫扇简谱

### **Part 1**

1. Salute
2. Diagonal flying
3. White crane spreads its wings
4. Attack the beehive
5. Spin and dive into the ocean
6. Golden rooster stands on one leg
7. Turn body and strike the mountain
8. Cat chases a butterfly
9. Admiring cherry blossoms from horseback

### **Part 2**

10. Part the wild horse's mane
11. The swallow flies high
12. Attack the beehive
13. Tiger pounces on its prey
14. Mantis catches a cicada
15. Wild horse turns its head
16. Sparrow hawk spins in the air
17. Admiring cherry blossoms from horseback

### **Part 3**

18. Push the mountain
19. Dragon looks at its tail
20. Urge the horse to gallop
21. Toss the lasso
22. Embrace the moon
23. Strike against the wind
24. Sweeping sleeves and chop
25. The general raises the flag
26. Close the door

### **Part 4**

- 27 Part the wild horse's mane
- 28 The swallow flies high
- 29 Attack the beehive
- 30 Tiger pounces on its prey
- 31 Mantis catches a cicada
- 32 Wild horse turns its head
- 33 Sparrow hawk spins in the air
- 34 Admiring cherry blossoms from horseback

### **Part 5**

- 35 Double elbow strike
- 36 Firecracker explodes
- 37 Turn with empty step
- 38 Double foot stomp
- 39 Dragon fights tiger (kick and strike)
- 40 Fair lady opens fan
- 41 Goddess scatters flowers
- 42 General raises flag
- 43 Walk fan 6 steps (BaGua walking)

### **Part 6**

- 44 Hold the Big Dipper
- 45 Grasp the sparrow's tail
- 46 Ward off
- 47 Hide fan behind back
- 48 Brush knee
- 49 Snake creeps down
- 50 Pull bow to shoot tiger
- 51 White crane spreads its wings
- 52 Close