

Safeguarding children

Safe Sleep Policy

Policy statement for Springwood Preschool and Nursery LTD for sites Busy Bee Preschool- Denmead and Springwood Preschool- Copnor.

Our policy requires that senior management discuss our Safe Sleep Policy with a child's parent/carer before admission – it is included in our enrolment pack. Parents/carers must sign a statement that they have received a copy of the policy, understand, and agree with our procedures and understand as a pack away setting, we do not provide cots for babies, we provide travel cots on request and pushchairs.

Aim of this policy

Springwood Nursery and Pre-school LTD will ensure children are kept safe when sleeping onsite. We will ensure when a child falls asleep at the setting, measures are put in place to monitor the child, check on the child whilst sleeping, keeping them safe. The aim of this policy is to assist staff to take proactive steps to lower the risk of Sudden Infant Death Syndrome (SIDS). All staff working in our setting are required to receive training on this policy during their induction and training regarding Sudden Infant Death Syndrome.

How is this policy implemented?

When introducing or sharing this policy with our parents/carers the following will be discussed:

- on entry we will ask about the child's sleep routine at home and sleeping position;
- tell parents/carers that "Back to Sleep" is recommended by the Foundation of Sudden Infant Death Syndrome (FSIDS);
- inform parents/carers that even though most children will be fine, there is a higher risk of SIDS when an infant is placed to sleep on their stomach or side; advising parents to put children to sleep on their backs.
- some children have medical conditions that require stomach sleeping. If the parent/carer insists that their child be placed on his/her stomach or side to sleep, they will be asked to provide a note from the child's doctor that specifies the sleeping position;
- if parents/carers have further questions about SIDS and infant sleeping position, they will be given the telephone number for the FSIDS and the national Back to Sleep campaign.
- staff will keep a note of when a child sleeps using our sleep log, and using a timer, ie. duration, confirming checks have been carried out, additional comments and recording that the parent has been informed.

Our procedure for safe sleep policy:

- all key persons will receive training on our Safe Sleep Policy and SIDS risk reduction.
- children will always be placed on their backs to sleep unless there is a signed sleep position medical waiver on file. Staff will be informed accordingly if this is the case.
- travel cots and pushchairs will be provided for children who sleep, these will be regularly checked and cleaned to ensure the mattress or pushchair has not split, and are not dirty
 - Bedding will be clean, and each child will have their own set of blankets/sheets, which will be washed weekly.
- FSIDS recommends that babies are placed on their backs to sleep, but when they can easily turn over from the back to stomach, they can be allowed to adopt whatever position they prefer.
- visual supervision is always required. At least every 10 minutes the staff will visually check on the child; looking for the rise and fall of the chest and if the sleep position has changed. We will be especially alert to monitoring a sleeping child during the first weeks he/she is in our care.
- no smoking is permitted on the premises and staff who smoke will ensure that their clothes and breathe do not smell of smoke when caring for children within the setting.
- all parents/carers of children cared for in this setting will receive a copy of our Safe Sleep policy before admission and sign a statement to agree for their child to sleep in a push chair or travel cot.

Sudden Infant Death Syndrome (SIDS) SIDS is the unexpected death of a seemingly healthy baby/child for whom no cause of death can be determined based on an autopsy, an investigation or the place where the baby/child died and a review of the baby's/child's medical history. In the belief that proactive steps can be taken to lower the risk of SIDS in childcare settings and that parents/carers and childcare professionals can work together to keep children safer while they sleep.