



### **SELF-ADVOCACY**

Self-Advocacy Workshop is a one-week offline workshop offered to Schools/Universities twice - monthly to provide modern knowledge of the entrepreneurial sector in an interdisciplinary fashion. The main agenda of this workshop is to develop strategic skills among Students, Teachers, Parents, Employees to help them open the door to various critical life skills such as legal literacy, financial literacy, digital literacy, and build self-confidence, self-respect to make decisions and enable career opportunities.

Furthermore, SAC is curated to provide a holistic environment to the participants, where they not just learn about development of entrepreneurial capacity by performing hands-on activities, but also understand authentic happiness and fabricate positive emotion for themselves and others around them.



(An Experiential Educational Hub)

# WORKSHOP GUIDE

**Short Term Hands-On Intensive Training** 





## **ABOUT US**

UNER FEDERATION is a multifaceted autonomous experiential education hub where alternative and remedial education like Self Advocacy Workshop, Leadership Workshop, SPELL Program, Enhancing Confidence and Credibility Workshop, and others that involve life-changing strategies and activities are offered.

#### **UF's CORE STRATEGIES**

- Integrated Studies
- Social and Emotional Learning
- Project Based Learning
- Comprehensive Practice
- > Skill Based training under Professionals

When you say 'Yes' to others, make sure you are not saying 'No' to yourself.

#### Workshop Fee: Single Participant Fee -3500 (INR)

Batch Size (School/University)	Concessionary Fee
2-5 Participants	4,500 (INR)
6-10 Participants	7,200 (INR)
11-20 Participants	12,500 (INR)
20-40 Participants	15,500 (INR)

#### **Training Code: Basic Level**

SAC -001 Understanding Self and Society (CBL)1
SAC -002 Importance of Self Advocacy & Type (TBL)2
SAC -003 Rights, Duties and Responsibilities (PBL)3
SAC -004 Territory, Target and Techniques (ABL)4
SAC -005 Communication & Project-work (T-BL)5
SAC -006 Specialized Training in Specific Field

#### **Related Information**

**Workshop Director:** Ms. Megha Chhabra **Education:** 

- Master in Education, Ambedkar University
- Bachelor in Sociology, Delhi University
- UN Course on International Frameworks for Gender Equality (Award: UN Women Badge)

#### **Lectures/Workshops/Seminars/Invites:**

- I. Self-Advocacy Workshop for University Students (Delhi, UP, Bhopal, Bihar)
- II. Guest Speaker for Panel Discussion on 'Women Rights, Human Rights' organized by Bharti College, DU
- III. Online Lecture on Identity and Identification for University Professors, teachers, Students and Educators
- IV. Guest Speaker for Career Counselling and Awareness Program regarding HDFE organized by Bharti College, Delhi University
- V. Discussant for a leading discussion on 'Techniques to Enhance Confidence and Credibility' organized by CCRT, Delhi
- VI. SPELL Program Director, UF (Supervised 100+ School & University Students)

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### Workshop Goals

- •Education is a dynamic process. It continuously evolves itself, reflecting the needs and aspirations of learners. The present pandemic time has influenced all to be Self-reliant and Entrepreneurial. Also, it has affected leadership and creativity in all walks of life. For this reason, Self Advocacy education becomes an essential skill to learn.
- This workshop aims to provide an overall knowledge of strategic skills required to be a Self-reliant leader with the hope of being counted as their first step to becoming an entrepreneur or a successful businessman/businesswoman.

### Learning Objectives

To develop entrepreneurial and leadership mindset

To enable individual learners to generate self confidence, appreciate the dynamic changes in life and adapt manageable approach

To acquaint learners about Goal Setting, Transformational conversational techniques for Entreprenuerial ggrowth arand individual development

To promote Self-Advocacy as a strategic educational skill to improve quality of life, skills of creation, credibilty in communication and management of entrepreneurial pursuits.

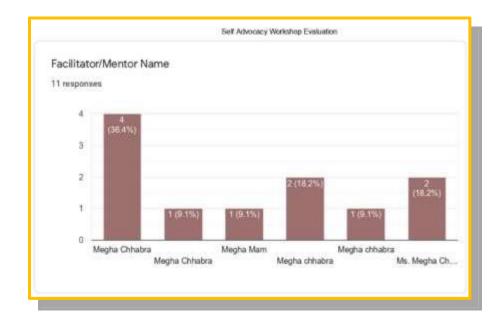
### Learning Outcomes

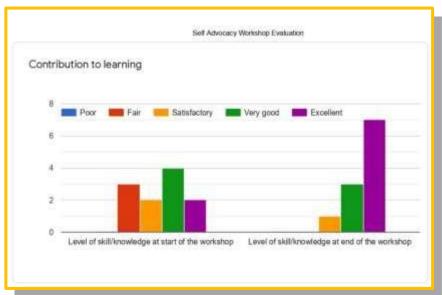
- Understand the role of Self Advocacy, skill in Entrepreneurial Education
- 2) Learn about Leadership lid and Leadership Capacity
  - 3) Identify and assess their qualities and competencies

 4) Understand Self Advocacy as important skill for managing complexities in family, workplace and other social groups

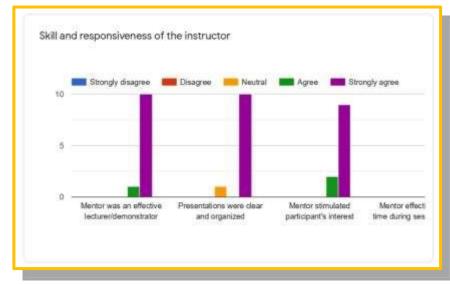
### **INSIGHTFUL STORIES**













I liked painting the perception in which everyone gave their perception on what they saw in that picture so that their thought was seen .



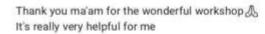
Workshop for a small group was valuable as everyone got Equal attention.



This workshop was very interactive. We have know ourselves through the activity, which I liked very much .I liked each and every activity of this worshop ...



What would you like say about your mentor?
11 responses



She is change my perception to view life



Definitely

I believe this should be made compulsory in every institution and organisation.



Activities conducted were so precise

FANTASTIC WORKSHOP MEGHA MAM! This workshop has been very inspiring and I am really feeling delighted to have been able to be a part of this and try to continue with wave approach on society with the positive thought... I learned a lot during this workshop ... It's been interesting, good venue and presented really well. Thank you sooo much mam for conduct this workshop...

Megha is one genuine mentor. She exemplified that knowledge needs no age to prove itself. The way she took the workshop was really insightful. She has a unique way of mentoring and teaching.

I wish to meet you in person Megha Ma'am. If you can do magic from afar then I am sure you people in close contact with you must have got much of your magic. I request you to kindly take such workshops frequently. We all need such workshops.



### **Contact & Schedule**

**Contact Details:**  +91 9953198595

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