



Annual E-Newsletter

Volume 01 | Issue: Education | UNER FEDERATION | 2019-20

What's New!

SPELL PROGRAMME: One-year Integrated Studies Programme designed to achieve Sustainable Development Goals and assist UNICEF in protecting the rights of the children. It is a program presented in interdisciplinary fashion for our learners to understand society through multiple learning styles and cultivate in them the skill of self-advocacy.

Admission Notification: August'2022

SELF ADVOCACY Workshop: Short-term Hands -On intensive workshop offered to Schools/Universities/Corporates to help their students, teachers and employees develop skills that will help them open the door to transformational conversations, build self-confidence & self-respect, make decision and enable career opportunities.

For more details: [UF Workshop Guide](#)

Inside This Issue

PG.2. TALK: 'Identity and Battle of Ideas' (Discovering self through popular Narratives) A joint conversation to revive the lives, living and Learning

PG. 3. Repairing Family Problems: A series of workshops for the welfare of the families

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PG.5. Virtual Educational Lecture on 'Identity and Identification'

Identity and Battle of Ideas

(Discovering the 'Self' through Popular Narratives)

To revive, educational experiences of the learners, a join-in conversation was organized by UNER FEDERATION in the year 2019 in the Indian Social Institute, Lodhi Road, Delhi. The event began with a slam poetry session by Mrs. Poonam Sharma (Principal, Tanvi Play School) and the introduction of keynote speakers: Adv. Mani Karan Sharma and Educationist Megha Chhabra. In a sequence of their expertise, speakers shared their ideas and disseminated valuable knowledge on the topic with the attendees from different states of the country.

Speaker: Megha Chhabra, Educationist

Formerly, Ms. Chhabra discussed the importance of self-reflection. She referred to Freud, Erikson, Meenakshi Thapar to bring forward the concept of Identity and Unconscious Mechanism. Ms. Chhabra also talked about Individual autonomy, and by using references from Mahabharata, stated that to have an Identity that is stable, consistent, and reliable, one needs to analyze three broad aspects of actions:

- ☐ Acceptance
- ☐ Rejection
- ☐ Formation

*"You become a leader
because of your virtues;
and a follower because
of your values"*



Talk: Identity and Battle of Ideas, ISI, Lodhi Colony

Speaker: Adv. Mani Karan Sharma

Hereafter, Adv. Mani Karan Sharma drew the attention of attendees to Maslow's hierarchy of needs; and discussed how important it is to understand one's needs and priorities. For Adv. Sharma, identity formation depends majorly on four steps. He stated that even though Identity is a result of many external influences, one can begin to shape it by adopting the most important and first of choosing the field or profession which one wishes to carry on for their entire life. To make this an initial step, one needs to understand their virtues, values, preferences, priorities; and not what others expect from them.





Workshop on Repairing Family Problems

All families are different, and conflicts in family life impact all of its members. It can be a place of refuge and security for some. But for others, it can be a source of pain and disappointment, stress and strains – and such pressures can boil over, hindering the growth and development of the individuals in that family. This hindrance can be because of a variety of reasons, including:



Legal Perspective
(Discussion around Duty and Rights)



Educational Perspective
(Learning by Doing activities)



Psychological Perspective
(Understanding Individual Psyche)



Sociological Perspective (Understanding Family as a social institution)

- Clashes and disagreements over ways of doing things
- Jealousy or fighting between brothers and sisters
- Parents arguing
- Stresses due to unemployment, money or housing problems.
- Divorce or separation
- Domestic violence
- Cultural or generational differences
- Abuse or neglect

To understand such unsettled, upsetting and unfixed issues and get the possible solution for them- occupational therapist, numerology expert, social worker, psychologist, counselor, and students from different universities attended the workshop and became part of interactive sessions.



Discussion on Human Development and Family Empowerment

UNER FEDERATION
invites you to pitch in a live conversation
with



Ms. Megha Chhabra
(Educationist and Advisor, NIEPA)
Founder and Faculty, UF

on

Ms. Preeti Yadav
Assistant Professor
HDFE Dept. Bharti College, DU

Human Development and Family Empowerment




“

Family interactions are the most proximal means of influence for the children. Nowadays, the use of mobile during family time has increased distress among children as parents talk less, respond slowly, and overact when being interrupted. This behavior has developed a sense of abandonment among children. Such a pattern in the families has increased the level of insecurity and family conflicts.

”

Families take many forms. A single definition of family or parent is potentially damaging and devaluing to those who fall outside the defined parameters. One's image of family or parent influences one's ability to interact with a family in an empowering manner. To discuss the assumptions about family, how it hinders the development of humans in that unit, and to know possible interventions: Ms. Preeti Yadav (Assistant Professor, DU) and Mrs. Aastha Goel (Occupational Therapist) shared the podium with our founder and faculty, Ms. Megha Chhabra, to discuss the concerned topic.

UNER FEDERATION
invites you to join our experts




MS. MEGHA CHHABRA
Educationist and Faculty, UF

MRS. AASTHA GOEL
Occupational Therapist, Prayaas



in a discussion
on

POSITIVE PARENTING





UNER
FEDERATION

Hysterical History and Identity Formation


(2 DAY PBL WORKSHOP AND LECTURE)

FACILITATOR : MS. MEGHA CHHABRA
HEAD, E&I UNIT (UF)

ADVISOR , NIEPA

**SAT & SUNDAY,
OCT 10 & 11
3:00 - 4: 00 PM**

Workshop Fee : Free
Registration Fee : INR 100/- Only

www.Unerfederation.com  uf.centers@gmail.com

Virtual Educational Lecture & Workshop on Identity and Identification

A two-day Problem-based learning workshop and lecture on 'Identity and Identification' was curated by the Founder and Faculty of UNER Federation, Ms. Megha Chhabra, who holds expertise in educational renovation and innovation. To develop a clear understanding of Identity and its formation, Ms. Chhabra delivered a lecture and organized the workshop for University Professors, School Teachers, Students, and Parents.

With each idea and illustrations, she made the participants think about the following points:



Sex, Gender, Gender Roles, Gender Identification




Family Patterns, Processes and Interaction





Education, Recognition, Social Identification





Professionalism, Professional Identity or Identification



Megha Chhabra is presenting



Saloni Singhania and 23 more



35



3:31 PM



You




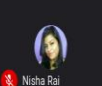

Megha Chhabra



manshi Chourasia



GERAMA NADAV



Mani karam Sharma


Monsoon Rupam


Nisha Rai


Star Thimesh


Sanjit Debnath


Manisha





“Right time has no
strategic framework.
Rather, the time
when you try and
succeed, it becomes
right. ”



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