### Memory Jogger (Create your Database)

<table>
<thead>
<tr>
<th>Name</th>
<th>Tel#</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>32.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>33.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>34.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>35.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Business
- Succeeded in Network Marketing
- Entrepreneurial minded
- Didn't get what they wanted in Network Marketing
- Ex bosses
- Insurance Salespeople
- Local business owners
- Business/Money motivated
- Saved Business Cards
- Sell Avon or Mary Kay
- Who wants more money?
- Owns their own business
- Belongs to Chamber of Commerce

### Community
- Bank tellers
- Car salespeople
- Chamber of Commerce members
- Dentists you know
- Do fund raisers
- Do volunteer work
- Doctors you know
- Grocery checkers
- In the military
- Members of Church
- Mortgage people
- People at the fitness club
- Pizza delivery drivers
- Real Estate agents
- Restaurant servers
- The mail person(s)
- Travel agents
- Wealthy people you know
- Work on cars
- Your accountant
- Your barber / hairstylist
- Your children's teachers
- Your electrician
- Your neighbors
- Lives near you

### Friends
- Friends from a vacation
- Friends from college
- Friends of parents or in-laws
- From your high school
- Old friends you've lost touch with
- Old roommates
- Parents of your children's friends
- People your friends know
- Watch TV often
- Your personal mentor

### Family
- Extended Family
- Married children's spouse's family
- Mother & Father
- Your family members

### General
- Baby Boomers
- Buy bottled water
- Buy supplements
- Concerned aging
- Ex-girlfriends or boyfriends
- Fast food workers
- Has a lot of friends
- Health conscious people
- Help and support you
- Into politics
- Into sports
- Into Technology
- Into wellness
- Needs an extra $500/month
- On your holiday card list
- Overweight people
- People who call your home
- People you enjoy being around
- People you met at a party
- Reads self-help books
- Retired people you know
- The life of the party
- The person who does your nails
- Unhappy at their job
- Want to go on a vacation
- Enjoys helping people
- Someone you respect
- Likes to buy things
- Social networkers
- Has children in college
- Has health issues
- Needs/wants a new car
- Has been successful in life
- Health conscious
- Wants a promotion
- Works multiple jobs
- Exercises regularly
- Lost their job
- Who do you turn to for help
- Likes team sports
- At risk of losing their home

### School
- College Friends
- Former Teachers
- People in the PTO
- People with children in college

### Work
- Co-workers you associate with
- Co-workers you don’t know
- Out of work
- People who are retired
- Works part-time jobs
- Will retire soon
- Work for the government
- Work long hours
- Work night shift