

Para District Obedience Dog Club Inc.

# Slipcollar



(Lupin, Ivy, and Chino)

JENKINS RESERVE, SALISBURY 5108 (CORNER OF FENDEN ROAD & SAINTS ROAD)

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OFFICE HOURS SUNDAYS 9.00AM TO 11.00AM (SUBJECT TO CHANGE)



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# 2023 PDODC Committee

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**Help is always needed in  
the Canteen and Office!**



# General Club Rules

1. Dogs are not allowed in club rooms.
2. Bitches in season are not allowed on club grounds.
3. Dogs may not be off lead unless permitted by an instructor.
4. Dogs and handlers must not use equipment without permission.
5. All incidents of dog attacks (provoked or unprovoked) must be reported immediately to the head instructor who will act accordingly. The incident must be recorded in the incident report book in the office. An appeal to the decision may be made by the head instructor in writing to the club secretary and the incident discussed at the next committee meeting.
6. Children under 10 must be supervised by an adult at all times on the club grounds.
7. If your dog fouls on the club grounds you must clean up the deposit immediately. Poo bags are provided on the grounds. If your dog urinates on a club building or structure, you rinse it off with water.
8. Smoking is not permitted in class or in club buildings.
9. No alcoholic drinks are permitted in class or in club buildings.
10. If you arrive late, do not enter your class. Wait until the instructor indicates that you may join.
11. Members must wear sensible shoes - no thongs or bare feet.
12. Any member not in class may not exercise their dog in the vicinity of classes in progress.
13. Please keep dogs well apart to avoid confrontations.
14. All handlers and dogs participate at their own risk.

# General Club Rules

15. A current vaccination certificate must be presented upon joining or attending a complimentary class. It must also be presented when renewing an existing membership.
16. Dogs carrying a contagious disease may not attend until they are cleared in writing by a qualified vet.
17. Abusive or foul language is not tolerated on club grounds.
18. Your membership badge must be worn in class. "I forgot" badges are available from the office.
19. There will be no obedience if the Saturday night forecast for Sunday is 32C+ for the Elizabeth area (to be amended).
20. There will be no training for non-trialers in agility if the Thursday night forecast for Friday is 32+ for the Elizabeth area (to be amended).
21. There will be no training for beginners in flyball if the Sunday night forecast for Monday is 32C+ for the Elizabeth area (to be amended).
22. Any class may be cancelled due to stormy or inclement weather at the discretion of the head instructor(s).
23. Sun protection is encouraged for you and your dog.
24. All injuries must be reported and recorded.
25. Class instructors in consultation with the discipline head instructor, reserve the right to send a dog back to a lower class if it is to the advantage of the dog and/or handler.

*A full list of rules is available in the office  
and on our website.*



# President's Report

Hi everyone and a happy belated welcome back to training. It's great we will be seeing the club magazine make a reappearance after such a long absence. Thank you to Mandy for stepping up and taking it on. The magazine is such a great way of getting information out there and it has certainly been missed. As usual, we had a great day at last year's AGM and break-up day with everyone and their furry pals having a great time.

Thank you to last year's committee and welcome to this year's committee. It's a huge ask to be on the committee and a great way to get your input heard. I must thank Val Holland for being the Vice President for the last few years. Her knowledge and input was essential and appreciated in so many ways. Donna has now stepped up to fill those shoes.

All disciplines are doing well with huge numbers of attendance in every discipline we offer. Scent work has taken off like a bomb and at obedience we are often seeing over 50 dogs in puppies/beginners. Wow! When I went through puppies many years ago it was sometimes only five or six dogs in the puppies session.

Last year we had a benefactor who wishes to remain anonymous donate a sizable amount of money to agility to upgrade our equipment. We have purchased new tunnels, wing jumps, dog walk, scramble, seesaw, tunnel sandbags and other smaller items. This amazing donation has allowed us to buy the latest equipment. Our older equipment made by Victor Jordan is still of the highest quality and well maintained and, whilst some will be sold, the remaining equipment will be used in training. As the benefactor wishes to remain anonymous, I will respect their wishes, but thank you so much. Your donation is very much appreciated.

# President's Report

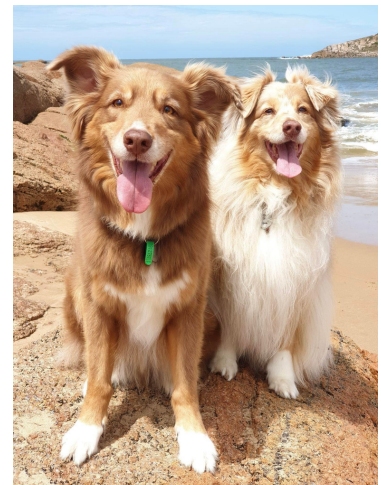
We have Jack working in the canteen but he may be working some Sundays so we would always love some extra help. At this stage, we are doing toasties on Sundays. An offer of help in the canteen is always appreciated.

Our competitions have been incredibly well run and organised and we have received positive feedback. With so many people to thank, it's hard to thank everyone separately, but if you've helped, even in the smallest way, thank you. With an amazing group of workers, everything goes smoothly.

A great article called 'Too much exercise IS a thing' about dog training and behaviour was recently shared on Facebook. It is very interesting and very pertinent now that there are so many disciplines to train and trial in, really thought provoking, so we have included it in this magazine. Check it out.

That's about all from me. I hope to see you around the club.

*Julian Stokes  
Club President*



# Obedience Report

Hi everyone, to members old and new.

If you are new to the club, and you have just joined our obedience classes this year welcome. There is nothing more satisfying than to see a well mannered and obedient dog. However reaching that goal requires commitment from both dog and handler.

Here at Para we have a team of excellent instructors who have a wealth of knowledge and experience, who can teach you how to train your dog properly and achieve that result. Practice, Perseverance and Patience are the three things you have to remember to be successful. There is no set time for you and your dog to reach the different levels of obedience, as some dogs learn quicker than others in a class situation. The most important thing is to enjoy the challenges that each class requires and work together as a team.

Our intake this year has been phenomenal with well over 50 puppies joining the club. I will just explain for new members how our obedience classes are run. After you have been in puppies for a few weeks and have learnt the basics about loose lead heeling – hand signals and food rewards etc. You then go on to Learners class to perfect some of the things you have been taught. From there you will graduate to higher classes, as you and your dog become better. 1 - 2 - 3 - 4 and eventually class 5 which is also a trialling class should you go on to do competitive obedience.

We have graduations twice a month. Class 1 & 2 is the first Sunday of the month. Class 3 & 4 is the last Sunday of the month. Again I reiterate, some dogs and handlers may need extra weeks in a certain class to perfect the exercises needed to graduate. I urge you to speak to your instructor after class finishes to get advice on achieving that goal.



# Obedience Report

We are all volunteers giving our time and knowledge that makes the club as successful as it is. On that note I am happy to announce that I have five new willing people who have decided to join our team and become aspiring instructors. Welcome to Noni - Amelie - Bee! I hope you will be patient with them whilst they are learning what is required in their training.

Any problems that arise please come and talk to me personally. I am always available for a chat.

Happy Training.  
Jan Cooper  
Head Obedience Instructor



# Flyball Report

Welcome to Flyball for 2023.

For those who have never heard of Flyball before, Flyball is like a fetch on steroids. Two teams of four dogs race against each other in relay style over a set of four jumps, retrieve a ball by triggering a box and return over the jumps. The fastest team to complete their run correctly wins. Flyball is super fun for dogs and handlers.

The dogs get run, jump, fetch, eat treats, bark and be a bit crazy. If your dog loves to fetch a ball and you enjoy being part of a team come and have a go.

Dogs need to be 12mths of age to start training and have a good recall. We train on Monday nights at 6.30pm. Come and see us! We have about 14 beginner dogs training at the moment which is really exciting for the future of Flyball at Para. All the dogs have been making steady progress this year. Well done handlers on all your hard work, the results are showing. Keep it up!

Flyball will have 3 more competitions this year. The dates are:

- Saturday 12th August – Dover Gardens
- Saturday 2nd September – Royal Adelaide Show
- Saturday 28th October – Prospect Spring Fair

Everyone is welcome to come and watch the action packed racing. If you would like to learn more about Flyball please feel free to come and have a chat with me at training.



Cheers,  
Rebecca Knapp  
Head Flyball Instructor



# Agility Report

Agility is great for all breeds of dogs and is a fantastic way to get a bond between you and your dog and make you a team.

Agility training is on Friday nights at 6.30pm. We take first timers the first training Friday of the month. Your dog needs to be at least 6 months old and have some basic obedience.

Introducing our instructing team:

Check-in: Sharon

Puppies: Jess, Jess, Danielle and Karen

Intermediates: Rose & Danni

Pre-triallers: Victor & Linda

Trialers: Victor & Linda

Julian & Michelle assist when needed

Para has a trial on the 3rd August, if you want to see what it's all about there's nothing is better than seeing it for yourself so come down and have a look. If you can't make this, then come down on a Friday evening to have a look.

Chrissy Dalla Valle  
Head Agility Instructor



# Scent Work Report

Well after only starting as a discipline at PDODC in April 2022, 12 months later Scent Work has grown significantly with over 50 teams completing beginners courses and just over 20 members currently trialling in the sport. Weekly training on a Thursday night continues to grow in numbers with each beginners course keeping Nicole and I as the only two instructors very busy. To help prepare members for trials and also to assist with training opportunities for a number of Scent Work Trainee judges, PDODC has also run a number of mock trials which have been very well attending. These are likely to continue to be offered while trials in SA are still few and far between and then will begin to be phased out to only being occasional offerings.

The end of April has also just seen PDODC hold its first ever ANKC Scent Work trials. To provide as much opportunity for our members as possible a total of three trials were run. The first was the first night trial in SA on Thursday April 20th and offered the Novice Interior, Novice Exterior and Advanced Container elements. The second was on Saturday April 22nd and offered Excellent Interior, Novice Containers and Advanced Exterior in the morning, then Advanced Interior, Excellent Containers and Advanced Containers in the afternoon. Finally on the Sunday April 23rd Advanced Exterior and Advanced Vehicles was offered. Not only were these the first scent work trials held by PDODC but they were also the first in the state to offer elements at the Excellent level of competition. Over 100 competitors entered the trials across the three days which were all themed "Gone Fishing". It isn't typically for scent work trials to be themed but it can add that extra little bit of interest and fun for the competitors.

A huge thank you to Bow Wow (<https://www.bowwowtreats.com.au>) who provided prizes for 1st, 2nd and 3rd place for all three trials. Also thank you to Spot On Fishing Tackle and Outdoors (<https://www.spotonfishing.com.au/>) who provided a generous supply of containers that were used in the container searches across the weekend.

# Scent Work Report

Thank you also to Therapeutics (<https://www.therapeutics.com.au>) who provided a voucher for the Dory Award at each trial. Last but not least thank you to Rachael Fagan who was the SACA rep and all the members who stepped up and helped on the various days. Running a Scent Work trial is a huge logistical undertaking that is quite different from any other ANKC discipline and no one complained and just got done what needed to be done to help make the trials a huge success. Well done to all our members that got qualifications and titles across the trials. All your hard work and training is paying off so keep it up!

On top of the three trials the PDODC also facilitated two training workshops run by Jo Bates. Jo is a Scent Work judge and trainer from Victoria who made the trip west to judge at the trials. While she was here we made sure to put her to work to gain as much knowledge from her as we could. The first workshop was ‘Becoming an Excellent Team’ and was aimed at helping handlers train for some of the higher classes in Scent Work held on Friday April 21st at Dogs SA. The second workshop was “Guiding Others to Excellence” on Tuesday April 25th at the Club grounds. This workshop was targeted at Affiliate Club Instructors training others at Club level but was also attended by a number of handlers from the Club and Club member. Both workshops were very well attended and the feedback was extremely positive. A small number of members also jumped on the opportunity to have private training sessions with Jo before the exemption for private trainers for scent work expires. I am sure all those that had any interaction with while she was here will agree that scent work in SA benefited greatly from her enthusiasm and willingness to share.



# Scent Work Report

The Club will be holding another couple of Scent Work trials in July so planning is underway for those. Another couple of beginners courses are also likely to be scheduled later in the year so keep an eye out for details on the Facebook page for those. If you are interested in finding out more what scent work is all about or to see if it is something that you might like to try with your dog just pop down to training on a Thursday night and have a look (no dogs please, just people).

Carmel Nottle  
Head Scent Work Instructor



Novice Exterior Search



Advance Exterior Search



Advance Container Search



Advance Vehicle Search

# Obedience Graduations

Congratulations to all of the PAWSOME pups and handlers who have graduated so far this year!

## February

### Class 3 to 4

Steve & Pip  
Robyn & Cashy  
Cathy & Ike  
Kim & Lucy  
Christine & Winnie  
Laura and Auri

### Class 4 to 5

Roger & Ryker  
Liz & Alfie

### Teams of the Month!



Laura & Auri  
(Class 1 to 2)



Liz & Alfie  
(Class 2 to 3)

# Obedience Graduations

## March

### Class 1 to 2

Christine & Sid  
Judy & Mia  
Debbie & Martha  
Courtney & Luna  
Agnes & Jessie  
Ashton & Theodore  
Karen & Scarlett

### Class 2 to 3

Joni & Chips  
Jess & Lotti  
Chrissy & Baci

### Class 3 to 4

Lindsay & Willow  
Kirsty & Chino  
Lauren & Max  
Hester & Hugo  
Damian & Finn

### Class 4 to 5

Kath & Murray  
Mandy & Ivy  
Christine & Winnie  
Sanja & Bailey  
Cathy & Ike  
Laura & Auri  
Tony & Jax

### Teams of the Month!



Karen & Scarlett  
(Class 1 to 2)



Jess & Lotti, Chrissy & Baci  
(Class 2 to 3)



Damian & Finn  
(Class 3 to 4)



Tony & Jax  
(Class 4 to 5)



# Obedience Graduations

## April

### Class 1 to 2

Liz & Flossy  
Jasmine & Rocco

### Class 2 to 3

Ashton & Theo  
Scott & Archie  
Sarah & Charli  
Agnes & Jesse

### Teams of the Month!



Jasmine & Rocco  
(Class 1 to 2)



Agnes & Jesse  
(Class 2 to 3)

# Obedience Graduations

## May

### Teams of the Month!

#### Class 1 to 2

Mark & Fonzie  
Rachel & Arthur  
Matt & Willow



Matt & Willow  
(Class 1 to 2)



Liz & Flossie  
(Class 2 to 3)

#### Class 2 to 3

Debbie & Martha  
Judy & Mia  
Steve & Tux  
Courtney & Luna  
Liz & Flossie



Michael & Milo  
(Class 3 to 4)



Damian & Finn  
(Class 4 to 5)

#### Class 4 to 5

Damian & Finn

# Obedience Graduations

## June

### Class 1 to 2

Matt & Rudie  
Shirley & Pebbles  
Jodie & Teddy

### Class 2 to 3

Peddy & Dolly  
Mark & Fonzie  
Sandie & Copper  
Emily & Phoenix  
Belindia & Cea  
Amanda & Iggy  
Noni & Saber

### Teams of the Month!



Jodie & Teddy  
(Class 1 to 2)



Noni & Saber  
(Class 2 to 3)

# Too Much Exercise IS A Thing!

Yesterday I saw a video from a well-known trainer on social media that discussed how there is no such thing as “too much exercise” for dogs. This discussion was accompanied by b-roll of dogs fetching balls in a variety of places.

I don't usually get involved in trainer arguments but I need to say something about this.

There ABSOLUTELY is such a thing as too much high-arousal exercise. And you probably don't want to find out for yourself what happens next.

Activities that tend to \*physically\* wear dogs out the fastest are also the ones that create the highest excitement levels. Fetching balls. Playing frisbee. Racing around at the dog park. Chasing water from the garden hose. Running next to a bike.

All of these are physical exercise, but they also create intense arousal states. And if you put your dog into high-arousal states repeatedly you better know how to train around this, too.

I have a lot of students who fell into this trap. They got a high-energy dog (a GSD, a herding breed mix of some sort, a retriever etc.). They figured out that the fastest way to make the dog physically really tired (the tongue-hanging-to-the-floor-kind-of-tired) was by playing chuck-it for half an hour. Or by taking the dog to the dog park every day for a wild romp. The dog started to crave these arousal states (as programmed in their DNA).

But at the same time, no impulse control training happened. So now we have a dog who knows the fun of adrenaline and who seeks it, without having been taught to listen and regulate when in a state of high excitement.

# Too Much Exercise IS A Thing!

This dog will start to show other problems. They might get frustrated to the point of redirecting when they cannot access fun immediately. They might be vocalizing or unable to settle and then I get messages that say “My dog just cannot be normal in public”.

If your dog gets to enjoy a high-arousal activity every time they leave the house, they will start to expect (and eventually demand) a high-arousal activity every time.

And this is not fun.

Your dog needs a balance of high-arousal and low-arousal activities. Furthermore, the more high-arousal activities your dog has, the more you have to balance these with impulse control training. It's not fair to make our dogs crazy without teaching them the skills to un-crazy ;) . “Exercise” can have four quadrants:

- Low-arousal, not physically demanding (sniff walks)
- Low-arousal, physically demanding (hiking)
- High-arousal, not physically demanding (excited waiting while another dog works)
- High-arousal, physically demanding (fetching)

Make sure you are aware which type of exercise you are providing for your dog, and try to reach a balance that works for your dog.

If you are unhappy with your dog's arousal level or impulse control in daily life, look at whether this is amplified by the type of exercise you are providing.

Source:

‘SpiritDog Training’ Facebook page

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# Class Times

## Obedience - Sunday Mornings

8.30am: Utility & Rally O.

9.30am: First timers (new members), Puppies (P1 & P2), Class 5.

10.20am: Class 6.

10.20am: First timers (new members) information session (approx. 30 minutes). Please stay after Puppies class if this is your first time at our club.

10.30am: Learners & Class 2.

11.15am: Class 4 & Tricks.

11.20am: Class 3.

11.25: Class 1.

## Flyball - Monday Nights

6.30pm: Set up and first timers.

6.45pm to 7.30pm: Non-triallers.

7.45pm to 8.30pm: Triallers.

## Scent Work - Thursday Nights

6.30pm: Pre-triallers.

7.15pm: Triallers.

\*Please note, these classes are for those who have completed an assessment to demonstrate their dog is able to alert to odour. Beginner courses are run frequently. Please check our Facebook page for upcoming courses.

## Agility - Friday Nights

6.30pm: Beginners and new dogs.

8.00pm - 9.00pm: Triallers.

## Other Important Information

- If the estimated maximum temperature for Elizabeth is 32 degrees or higher on the preceding night's Channel 9 news, there will be no training (to be amended).
- There will be no training on a long weekend (where the Friday or Monday is a public holiday).

### Obedience Graduations

Grades 1 & 2 graduations are held on the first Sunday of the month.

Grade 3 & 4 graduations are held on the last Sunday of the month.





# First Timer Information

## Obedience

First timer obedience classes are run at 9.30am every Sunday morning.

Please stay for our information session held at 10.20am if this is your first time at our club, as we explain all the club functions/rules and joining requirements.

## Flyball

First timer flyball classes are held at 6.30pm every Monday night.



## Agility

First timer agility classes are held at 6.30pm on the first Friday of the month only.

## Scent Work

Beginner scent work classes are run in 4 week courses. Please check our Facebook page for more information about when our next beginner course will be run.

## Tricks

To start Tricks class, we generally recommend your dog be in grade 2 obedience. Speak to your instructor if you have any questions before joining.

## Rally Obedience

To start Rally Obedience, we generally recommend your dog be in grade 3 or 4, having a loose lead walk, sit, stand, down, and come on single commands. Speak to your instructor if you have any questions before joining.

## What to Bring/Wear

- Current vaccination certificate (if this is your first time at the club).
- Soft tasty treats or a toy to reward your dog.
- A bum bag to carry your treats and poo bags - no hand bags.
- Suitable footwear to be work - closed in toes, no thongs or slip-ons.
- Correct collar and lead for your dog - no harnesses to be used in classes.
- And of course, your dog!

## **Membership Fees**

Junior (10 to 17 years) \$35

Single \$55

Double/Family \$65

Single Pensioner \$45\*

Double Pensioner \$55\*

\*Full pension card required.

Agility and Flyball classes have an additional cost of \$3 per lesson and \$1 for each additional dog to cover lighting and up keep of equipment. Membership fees cover a year of training from February to November.

New membership pay an additional joining fee of \$5

## **Please Consider Buying From The Club Shop**

We have a large range of toys and equipment for sale. Please see what we have available before heading to the big pet stores – your support of the shop is sincerely appreciated and the money goes back into running our club. All items can be purchased on Sunday mornings during office opening hours. Some of the treasures you'll find are Bow Wow training bites, tug toys, dumb-bells, liver treat bags, slip collars, martingales, clickers, and leads and collars in different sizes and colours.

## **Slipcollar Classifieds & Advertising**

25 words or less, single issue \$2

Half page, single issue \$5

Full page, single issue \$10

All advertisements and enquiries can be emailed to the magazine  
[mandy.merc@hotmail.com](mailto:mandy.merc@hotmail.com)

Please note: PDODC accepts no responsibility for the content of advertisements. All advertisements are accepted in good faith and the liability of advertising content is the responsibility of the advertiser.

## Can You Help Your Club?



**We want you!**

Volunteers are critical to the success of our club – without them we simply cannot provide the highest standard of a supportive, fun, and educational environment. Whether you're brand new to the club or having been attending for a while, please ask yourself how you may be able to help out. This may be something as small as helping in the canteen or office on a Sunday morning for half an hour! Please let any of the instructors know if you're willing to give a hand—any help will always be sincerely appreciated and gratefully accepted.

## A Note From The Editor

Hey there fellow PDODC members!

My name is Mandy, hoo-mum to Ivy. You've probably seen us around the club attending obedience, agility, and flyball classes. If not, I'm sure you've heard Ivy barking her heart out at some point! We've been training at Para for around 2 years now, and I'm excited to be bringing back the Slipcollar. Do you have any feedback or suggestions on what you'd like to see in our newsletters in the future? Perhaps you have a story you'd love to see featured? Please feel free to email me directly at [mandy.merc@hotmail.com](mailto:mandy.merc@hotmail.com) - I'd love to hear from you.



### **Connect With Us!**

Jenkins Reserve, Salisbury (corner of Fenden Road & Saints Road)

PO Box 497, Salisbury SA 5108

Ph: 08 8281 7849 (Sunday training hours)

Ph: 08 8251 3274 (after hours)

[info@paradogtraining.com.au](mailto:info@paradogtraining.com.au)

[www.paradogtraining.com.au](http://www.paradogtraining.com.au)

<https://www.facebook.com/groups/84152252610>

### **Office Hours**

Sundays 9.00am to 11.00am (subject to change).

