

Para District Obedience Dog Club Inc.

Slipcellar

ISSUE 3 - 2014

Celebrating
50 years
1964 - 2014



Anya's Story Pg 10

Jenkins Reserve, end of Saints Road, PO Box 497, 5108

Ph; 8281 7849 Ah; 8251 3274

Office hours: Sunday mornings

www.paradogtraining.com.au /info@paradogtraining.com.au

PARA DISTRICT OBEDIENCE DOG CLUB INCORPORATED

General Club Rules

1. Dogs are not allowed in Clubrooms.
2. Bitches in season are not allowed on Club grounds.
3. Dogs may not be off lead unless permitted by an Instructor.
4. Dogs & handlers must not use equipment without permission.
5. All incidents of dog attacks (provoked or unprovoked) must be reported immediately to the Head Instructor who will act accordingly. The incident must be recorded in the Incident Report book in the Office. An appeal to the decision made by the Head Instructor may be made in writing to the Club Secretary and the incident discussed at the next Committee meeting.
6. Children under 10 must be supervised by an adult at all times on the Club grounds.
7. If your dog fouls on the Club grounds you must clean up the deposit immediately. Poo bags are provided on the grounds. If your dog urinates on a Club building or structure, you rinse it off with water.
8. Smoking is not permitted in class or in Club buildings.
9. No alcoholic drinks are permitted in class or in Club buildings.
10. If you arrive late, do not enter your class. Wait until the instructor indicates that you may join.
11. Members must wear sensible shoes – no thongs or bare feet.
12. Any member not in class may not exercise their dog in the vicinity of classes in progress.
13. Please keep dogs well apart to avoid confrontations.
14. All handlers and dogs participate at their own risk.
15. A current vaccination certificate must be presented upon joining or attending a complimentary class. It must also be presented when renewing an existing membership.
16. Dogs carrying a contagious disease may not attend until they are cleared in writing by a qualified vet.
17. Abusive or foul language is not tolerated on Club grounds.
18. Your membership badge must be worn in class. "I forgot" badges are available from the office.
19. There will be no training for Obedience if the Saturday night forecast for Sunday is 32°C or over for the Elizabeth area.
20. There will be no training for non-trialers in Agility if the Thursday night forecast for Friday is 32°C + for the Elizabeth area. There will be no training for non-trialers in Agility if the Thursday night forecast for Friday is 32°C + for the Elizabeth area.
21. There will be no training for beginners in Flyball if the Sunday night forecast for Monday is 32°C + for the Elizabeth area.
22. Any class may be cancelled due to stormy or inclement weather at the discretion of the Head Instructor (s).
23. Sun protection is encouraged for you and your dog.
24. All injuries must be reported and recorded.
25. Class instructors in consultation with the discipline Head Instructor, reserve the right to send a dog back to a lower class if it is to the advantage of the dog and/or handler.

Contents Page - Issue 3. 2014

2. General Club Rules
3. Contents Page
4. 2014 Committee Members & Executive Team. Class Times & Session Information
5. Presidents Report: Ray Gunter
6. Oscar's Law
7. Problems with puppy factories
8. What is the difference between a registered breeder and a puppy factory ?
9. PDODC demonstration: Mawson Lakes Dogs Day Out.
10. Cover Story: Anya
11. Anya
12. Upcoming Events
14. Agility Class Times
15. Obedience Class Ties & Membership Fees
16. Reports: DWDs & Flyball
17. Horse & Hound Massage & Biztec Digital
18. Gabby's Story
20. Have you drained your dog's excess energy lately???
24. Applying for Titles
25. Obedience Graduations & TOMS
26. Dog Lovers Cruise 2015
27. Dog Clothing and Accessories: Carmel Nottle
28. Paws 4 massage: Rosemary
29. Social Ballroom Dance Class - Friday Nights with Stephen
30. Wayne Window: Repairs and Maintenance
31. Club Sponsor: Bow Wow
32. Club Uniform: contact Linley Nicholson

RAFFLE PRIZES NEEDED

Got any items sitting at home not being used that would be suitable for raffle prizes? Why not donate these items to the club?

Donations are appreciated to help raise money for the club at trials held at your club throughout the year.

Please deposit in the office.

Thank you.

PRESIDENTS REPORT



Most members may not be aware that this year is a mile stone in the history of the club as this year will be the club's 50th anniversary, Committee has been kicking a few ideas around as to how we should celebrate this major event If any member has thoughts on this subject please let me know as all ideas will be given consideration.

As every one will have noticed we are still waiting for our new toilet block and renovations to commence, hopefully when this does take place it will not cause too much inconvenience to our normal club operations.

I appeal to all members old and new if you can help in any way on Sunday mornings please do we badly need more instructors and also people to help in the office or selling collars and leads etc., helping does not mean you forego your own training it could be before or after remember every little bit helps.

On a more serious note members of the public have at various time come to the club to complain about the state of the Off Leash Dog Parks or incidences that have occurred there in the mistaken belief that we in some way are responsible for them. This is not the case the club has absolutely no say as to how the parks are managed and who can or can't use them, all complaints should be referred to Salisbury Council.

Now on a brighter note Salisbury Council in conjunction with a local Vet plan on doing a micro-chipping day at the club on Sunday 23rd November cost will be \$25 per dog at the same time you can get your dog vaccinated for \$60, not a bad price usually cost me over a \$100.



Oscar's Law

I want
OSCAR'S LAW
ABOLISH PUPPY FACTORIES!

Oscar's law is a campaign that enables everyone to make a stand and tell the Government that "We do not want companion animals factory farmed anymore" and "We no longer want the pet industry to mislead us about what is acceptable for our animals".

You can help fight the killing of healthy, rehomeable pets in Australia's pounds, promote rescue organisations and shelters as the first option to adopting, and change the way Australians gets their pets. Adoption is the intelligent alternative to impulse buying. No puppy factory whether it is 'clean', 'model', 'state of the art' or otherwise is the answer for mans best friend.

Why are there health problems with pups from puppy factories?

Many breeds of dogs have conditions that they are prone to, such as hip dysplasia, chronic skin conditions, overshot jaws and heart murmurs. Good breeders test their breeding dogs for these conditions prior to mating. Puppy factories do not and, as they have no contact with the puppies once they have left the factory, they have no idea what genetic defects they are continuing to breed into these puppies.

Why are pet shop puppies more likely to have behaviour problems?

It has been known by behaviourists for years that the most important time in a puppy's development is between 3 to 12 weeks and puppies isolated during this time (say in a glass box in a pet shop or cage at a factory) are much more likely develop behavioural issues than a well socialised dog. In short - puppy factory puppies miss out on the two things that are known to help shape a good, stable temperament for later life; good breeding and many and varied positive life experiences before the age of seven weeks. As long as they're cute and fluffy, the factory farmer gets his money.

What happens to ex-breeding stock?



Don't buy puppies from pet shops.

Dogs should not be bred every

heat cycle as it is bad for their bodies. Puppy factory bitches are bred every time they come into heat, until there body can no longer produce puppies. Once the dog is no longer useful for breeding it is destroyed and replaced by one of her female pups.

Dogs rescued from puppy factories are often very difficult to re-home. They have known nothing but a cage their entire life and struggle to cope with the outside world. Many of these dogs can not be rehabilitated as pets and will be euthanased. The ones that are saved will need special care their entire lives.

Is Oscar's Law against all dog breeding?

No we are not against dog breeding, we are opposed to factory farming pets. We love dogs and don't want to see the extinction of our wonderful companions by banning all breeding. We believe there are better ways to keep, breed and find your new 'best friend'. Puppy factories inflict cruelty and deprive dogs of their basic needs and there is no justification for factory farming our pets.

We strongly promote adoption as there is nothing more rewarding than saving a life. We do recognise that some people will search for a particular breed and want a puppy, we recommend you do your research when finding an ethical breeder, just because they are registered doesn't mean they are ethical! Check out the RSPCA Smart Puppy Buyers Guide for further information on how to buy a puppy without supporting puppy factories.

Is the RSPCA opposed to puppy factories and the sale of animals in pet shops?

Some State RSPCA are opposed to puppy factories and the sale of animals in shops. Please support the RSPCA campaign to Close Puppy Factories and support them on their Close Puppy Factories Facebook page

What is the difference between a registered breeder and a puppy factory (and how will I know)?

A registered breeder is registered with their State organisation such as Dogs Victoria. However, just because a breeder is registered does not necessarily mean they're ethical. A puppy factory is not registered with any organisation. Many claim to be registered, but they are in fact just a 'registered' business!

An ethical breeder will be happy for you to visit them to meet the parents and the pups at their own premises, in fact most will insist. Puppy factories will not. Even puppy factories who meet the legal requirements of minimum standards of care will not let you see their breeding facilities - they know that you will be horrified.

We encourage you to do your own thorough research before buying a puppy - inspect the breeder's facilities, breeding dogs and puppies yourself. Ask for testimonials of previous buyers and what 'after purchase' follow-up the breeder offers. A breeder will know about their breed, they will be happy to answer your questions and are very likely to have plenty of their own. The RSPCA Victoria have developed the Smart Puppy Buyers Guide to further assist you in ensuring you are not supporting puppy factories.

PDODC Flyball Class Times - Mondays (pm)

6.30pm Set-up and Dog assessment

6.45pm. Beginners

7.30pm Intermediate / Triallers

Weather rule - If the temperature for Monday is forecast on Sunday evening for 32 degrees or higher, there will be no training.

If stormy or inclement weather, training may also be called off.

PDODC Rally Obedience Demonstration -

Mawson Lakes Dogs Day Out: Sunday September 21st

On what was a warmish day in September, dogs and their owners descended in their hundreds on the Denison Centre in Mawson Lakes for the annual Dogs Day Out Event. A small group of PDODC members were there to offer those attending a demonstration of Rally Obedience and also run some 'come and try Rally O' sessions. The club was represented by dogs and handlers with all levels of experience from novice dogs that are yet to trial through to dogs with their Rally Excellent title.

In what was a very stimulating and challenging environment all dogs and handlers did extremely well and did an excellent job representing the club. Only one dog was ever distracted enough to actually make a run for it while working off lead although he only went as far as the big bag of liver treats that had been left open at the fence by the people running the agility demonstration in the ring next door. The crowd was generally impressed with the level of skill and control demonstrated and a few members of the public even gave it a try. There were also a number of enquiries about obedience training in general as well as agility training.

Thank you to Mary, Lou and Linda for giving up their Sunday to be part of the demonstration and also to Brea, Jaye, Dazzy, Ashwyn, Gypsy and Bunji for doing such a good job at impressing the audience.

Carmel

PDODC members and their dogs who participated in the Rally Obedience demonstration (photo left)



Back row from left: Jaye, Mary, Brea, Carmel, Lou, Dazzy, Linda and Ashwyn; From row from left: Gypsy and Bunji



Anya's Cover Story

My name is Anya (even if some people like to call me Onions) and I am a 3 year old Golden Retriever cross Brittany.

Mum says I am a very special dog. I have a busy training schedule like most performance dogs; Flyball on Mondays, Agility at Gawler on Wednesdays, Obedience and Dancing at Gawler on Fridays and Obedience

at PDODC on Sundays.

All this training is starting to pay off as I have recently been awarded a few passes and some titles. This translates to roast chicken for me. I like agility the best especially when Mum gets excited cause I concentrate through my weave poles.

What makes me extra special and my life different from other dogs is that I am also an assistance dog. This means that I have to take my mum to the shops, attend boring meetings and go out to dinners where no one seems to drop any food.



I like my job because I get to be out and about with my Mum but sometimes I find it hard when I can't be cuddled by everyone or pinch meat from the butcher.

I also love going to the beach, jetty jumping, running around on the farm, and playing fetch with my friends at the oval.

Oh and shoes. I absolutely love shoes. Shoes are to be carried around or presented to people at all hours (day and night) and must always be cuddled at nap times.



PDODC Instructors

Para District Obedience Dog Club instructors are volunteers willing to give up their Friday nights (Agility) Monday nights (Flyball) and Sunday mornings (Obedience) to help you train your dog. Many owners trial their dogs in one or more disciplines. They volunteer for the love of all dogs and are willing to share their knowledge to help people enjoy the rewards of dog ownership and have fun with their dog.

Here we introduce the PDODC volunteers who are available if you need help or advice. Just talk to them at the club or contact a committee member.

A club the size of PDODC is always looking for volunteers. And the club is a community of people who share their skills to benefit its members. So, if you would like to aspire to be an instructor, see one of the head instructors. You are guaranteed a rewarding experience helping others with their dogs and it can help your own training.

Upcoming Events



11th October – What's On ?

- ALL BREEDS DOG SHOW or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, Port Elliot Showgrounds (9.00am)
- All Breeds Agility Trial, Pimpala Primary School, Vanstone Avenue, Morphett Vale (9.00am)

12th October – What's On ?

ALL BREEDS OBEDIENCE TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Obedience Trial, Quick Road, Mitchell Park (9.00am)

18th October – What's On ?

HOUND CLUB DOG SHOW or CHIHUAHUA SHOW or STAFFORDSHIRE BULL TERRIER SHOW or ROTTWEILER SHOW or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All dog shows will be at David Roche Park, Cromwell Road, Kilburn (9.00am)
- All Breeds Agility Trial, Vincent Road, Smithfield Plains (9.00am)

19th October – What's On ?

TOY DOG SHOW or WHIPPET & GREYHOUND SHOW or STAFFORDSHIRE BULL TERRIER SHOW or SCHNAUZER SHOW or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All dog shows will be at David Roche Park, Cromwell Road, Kilburn (9.00am)
- All Breeds Agility Trial, Elliot Goodger Memorial Park, Willaston (10.00am)

24th October – What's On ?

ALL BREEDS DOG SHOW – **PUBLIC MOST WELCOME**

- All Breeds Dog show, Len Lewis Park, Pick Avenue, Mount Gambier (10.00am)



25th October – What's On ?

ALL BREEDS DOG SHOW or ALL BREEDS OBEDIENCE TRIAL or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog show, Len Lewis Park, Pick Avenue, Mount Gambier (8.00am)
- All Breeds Obedience & Agility Trials, Hastings Cunningham Reserve, Mount Gambier

26th October – What's On ?

ALL BREEDS DOG SHOW or ALL BREEDS SANCTION SHOW or ALL BREEDS OBEDIENCE TRIAL or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog show, Len Lewis Park, Pick Avenue, Mount Gambier (8.00am)
- All Breeds Sanction Dog show, Callington Showgrounds (10.00am)
- All Breeds Obedience & Agility Trials, Hastings Cunningham Reserve, Mount Gambier

1st November – What's On ?

ALL BREEDS DOG SHOW or RALLY OBEDIENCE TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, Princes Park, Gawler (9.00am)
- All Breeds Rally Obedience, David Roche Park, Cromwell Road, Kilburn (9.00am)

2nd November – What's On ?

RALLY OBEDIENCE TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Rally Obedience, David Roche Park, Cromwell Road, Kilburn (9.00am)

7th November – What's On ?

ALL BREEDS DOG SHOW – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, Soccer Grounds, Park Terrace, Millicent (1.00pm)



8th November – What's On ?

ALL BREEDS DOG SHOW or ALL BREEDS AGILITY TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, Soccer Grounds, Park Terrace, Millicent (8.30am)
- All Breeds Agility Trial, Clubgrounds, Cnr Wheatsheaf & States Road, Morphett Vale (6.00pm)

9th November – What's On ?

ALL BREEDS DOG SHOW – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, Soccer Grounds, Park Terrace, Millicent (8.00am)

15th November – What's On ?

ALL BREEDS DOG SHOW or ALL BREEDS OBEDIENCE TRIAL – **PUBLIC MOST WELCOME**

- All Breeds Dog Show, David Roche Park, Cromwell Road, Kilburn (8.30am)
- All Breeds Obedience Trial, Beaumont Road, South Parklands, Adelaide (6.00pm)

16th November – What's On ?

ALL BREEDS DOG SHOW – **PUBLIC MOST WELCOME**

All Breeds Dog Show, David Roche Park, Cromwell Road, Kilburn (9.00am)

PDODC Agility Class Times Fridays (pm)

6:30pm Set-up

7:00pm-7:45pm New Dogs, Puppies and Non Triallers

7:30pm Set-up Triallers

8:00pm-9:00pm Triallers

If the estimated Friday maximum temperature for Elizabeth on channel 9 news, Thursday Night, is over 32 or higher, there will be no training.

CLASS TIMES AND SESSION INFORMATION

Whether you aspire to gain titles in dog sports or just want to train for fun and to have an obedient dog that is a good member of the community, PDODC offers its members choices, advice and support.

Obedience Class Times: Sunday Mornings

8.30am. Utility

9.30am. Puppies/First Timers, & Class 5

10.20am. Class 6

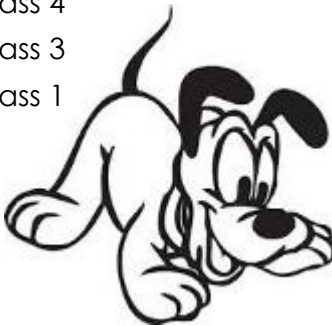
10.20am. First Timers (New Members)
Information Session

10.30am Learners & Class 2

11.15am Class 4

11.20am Class 3

11.25am Class 1



Membership Fees 2013

New membership pay an additional joining fee of \$5

Junior (10-17yrs) \$35

Single \$55

Double/Family \$65

Single Pensioner \$45

Double Pensioner \$55 (Full Pension Card) required

Agility, Flyball and Dances with Dogs classes have an additional cost of \$2 per lesson and \$1 for each additional dog, to cover lighting and up keep of equipment. Membership fees cover a year of training from February to November.

Dances with Dogs at Para District Obedience Dog Club.

As you may already know the Monday night sessions have not been well attended of late and so for the rest of the year they will not be held. The new DWD's club is holding various training sessions in the day (which also suits the people attending who don't work during the day)

As for the coming year 2015 I will not be Head Instructor for DWD's. Thanks must go to Sandra Kramer for in 2014 came to keep me company, to be a buddy when opening up the club in the dark, even though nobody else came.

The competition recently held on 31st August was a credit to all the Para people that helped on the day and beforehand. The people that stewarded, judged and ran the canteen deserve a pat on the back for a job well done.

I'm not sure if we are holding a competition in 2015 as the numbers were so low this year, we will see how the other clubs fair and not make a decision till early in 2015.

Flyball Report

We have been busy getting ready and competing in the Royal Show with four teams over two divisions. All teams ran well, and I would like to extend a thank you to Catherine Stroop, the Royal Show and Keilor for the two teams that came over to race. It was a great but busy day.

No time to rest with Dovers 2nd comp coming up early November and our Christmas romp early December.

Cheers

Mary



Prices for Dogs

- \$25... 20 mins
- \$30... 30 mins

Prices for Horses

- \$35...20 mins back pad only
- \$40...20 mins back pad plus hand unit
- \$45...30 mins back pad only
- \$50...30 mins back pad plus hand unit



Discount applies for 2 or more treated on the same day at the same location

Travel fees may apply

Buy 4 get 1 free

Find Horse 'n' Hound Massage SA on Facebook

Contact Loukia 0403276857

A banner for Biztek Digital. The logo features the text 'Biztek Digital' in a stylized font with a blue lightning bolt graphic. To the right, contact information is listed: '1224 Northeast Road, St Agnes SA 5097', 'Ph: 08 8264 1011', and 'E: sales@Biztekdigital.com.au'. The background is orange with binary code (0s and 1s) and a laptop keyboard.

- We service and repair computers and laptops,
 - We offer online computer assistance by remote control,
 - We can provide domain names and website hosting,
 - Website design and maintenance using various packages,
 - Get your ADSL connections through TPG,
- and utilise data salvage using Payam Data Recovery in their 'clean room' in Adelaide.
- Further details for all these options available on our website.



Cover Story by Danni

I was hunting for my next German Coolie and finding a breeder is very hard. I did find one with Renae and her husband Trent. Linda and I went off and had a look at all of these puppies, actually 17 gorgeous, fluffy and an assortment of colours. Well Linda and I both came home with a puppy one was happy and the other was angry. They both looked like book ends.



As a puppy Gabby was great learnt things very quickly. Taught her back leg awareness, ready for our career in both obedience and agility. Tricks like hand stands, picking up coins and putting in a bottle. At 9 months of age we ended up in our first trial in CCD and won that with a score of 99. That was the start of her career. By the end of the year we had our CCD and CD titles The Royal Adelaide Show we won the CD class and the State Champion we won the novice class. The SACA Awards that year we won SACA Top CCD and CD What a great start to Gabby's trialling career.

2009 we got our CDX and UD title and by the time 2010 came around we got that elusive Obedience Champion 2009 we also won the SACA Award for Top CDX and runner up UD.2010 we won the Top UDX award. Over the years we have won numerous State Champion in Open and Utility and UDX and Royal Shows. We have since worked on going for our Obedience Grand Champion which means I needed to pass another 5 qualification with a score of 185 or more and at Dover Gardens Obedience Trial held in May we finally cracked our last pass. Gabby had become the first dog in the state having this title and the first in Australia to have an Obedience Grand Champion and Agility Champion. It was very fitting as my older Coolie Xena was the first dog in Australia to have the Obedience Champion and the Agility Champion title. It was a very emotional time as I had just lost Xena 5 days before and I didn't want to go to the trial but I am glad I did.

When Gabby was just over 2 we started our agility career flying through our titles gaining our ADM in June 2010. We also won numerous classes in both State and Royal Shows and SACA Awards. We have competed at National level competing against all of Australia and New Zealand. What a buzz that was. We had represented SA twice. Our first attempt was in Western Australia and we got in three finals and that was in our first year of trialling 2010. JDM, JDO and ADO and we got a second in JDO. Our next attempt was in Sydney Nationals that was a gruelling 5 days of competition walking courses at 8 in the morning and not finishing till 11.30 at night but we finally managed a win becoming the 2012 National Master Gambler Champion beating some of the top dogs of Australia. What a buzz that was.



We tried our hand in Rally gaining our Novice, Advance and Excellent titles and we are now working our way to gaining our RAE title we have two passes only another 8 to go.

We have also tried our hand in dancing well Gabby is great pity about the owner but we had a bash and got our Dancing with Dog Starters Freestyle Do have to try and put another routine together and get back into the ring lol

So overall my best mate has lots of lovely letters both in front and end won numerous awards in SACA, State Championships and Adelaide Royal Shows. What an awesome dog Gabby is this is her official name:

OGrCh AgCh Gabrielle ADM JDM ADO JDO GDM SDM SPDM RE DWDSF

PS we also have been on Today Tonight and on channel 7 weather program so adding a TV star in her resume

Have you drained your dog's excess energy lately???

While most people attend obedience training with their dogs thinking it is the best way to get their excitable and high energy dog to focus, most don't realise that in many cases you are often fighting an uphill battle unless you can drain some of your dog's excess energy. For a lot of high energy dogs taking them for a daily walk is recommended and then also taking them for a walk right before training is recommended to drain some of their energy.



In reality though for most of these dogs a walk isn't even going to dent their energy levels, even if it is a 60 minute walk and a 35 minute walk around the block daily certainly won't be enough to keep their energy levels in check. That's fine you say, I run with my dog. Well unfortunately even running with your dog may actually not be enough unless you have quite a small sized dog or are running a marathon with them every day and here is why.

Most healthy people can walk at around 5 – 7km per hour and can maintain these speeds well for long distances (2 hours plus). A highly trained marathon runner can run at a pace of around 19km per hour although your person with average to good fitness

is more likely to be in the range of 8 – 12km per hour. If you are a recreational runner you are likely to run at the 8 – 10 km per hour mark with the distance you can last depending on how much running you actually do. Pretty impressive until you consider a medium sized dog such as a kelpie, border collie, aussie shepherd or husky would probably consider



12km per hour as a leisurely jog and if they were high energy could probably sit at that pace for a good hour before you started to dent their excess energy. By excess energy here I mean that energy that builds up daily every time they don't actually get enough exercise. If they were to select their running pace they would probably sit more around the 14 – 16km per hour mark and again could stay at this pace for a good 30 minutes or more without thinking much of it. For some of these dogs running speeds of 25km per hour are not unheard of and they can still maintain these speeds for 10 – 15 minutes. Your larger dogs such as german shepherds, larger labradors or aussie shepherd and malamutes are have a similar pace and while they often don't actually run faster at their top speeds, their stride length means that holding a pace of 14 – 16km per hour for 30 – 60 minutes isn't a problem at all.

Bike riding

I am not talking about the dog here but if you have access to one consider using a bike. It doesn't take a much practice as you might think to get the hang of it and if you are worried about riding and holding the lead you can buy attachments for your bike that you can attach the lead to. A bike allows you to be able to maintain a pace that is much more suited to your dog's natural



running speed without requiring the same level of fitness if you were trying to run with them. As the dog can set the pace it can allow you to drain both their energy and their excitement levels. This is also something that the whole family can often do together. As the dog is moving at a much faster pace it also requires more of their concentration to keep balanced so they are often less likely to be distracted as they have to keep their focus forward. It is illegal to ride with you dog on the road however as long as you are following all other cycling rules (helmets, lights, bell etc) and are on a dual purpose path (not a normal footpath) or trail you are not likely to have any problems if you keep your dog on their lead.

Once you really start keeping your dog's excess energy in check you will find that dealing with just their normal energy levels becomes much more manageable. It will also make a very big difference to their ability to focus at training and also their general behaviour at home. While most people think that doing any of these activities will only increase their dog's fitness and therefore give them more energy this isn't the case. This is about excess energy levels that build up because your dogs basic exercise needs aren't satisfied. For really young dogs that are still growing you do need to be careful with distances that they run but shorter runs on a softer surface such as grass are safe in moderation. Younger dogs normally don't have the same stamina as older dogs so shorter activities at a pace they select are normally sufficient. Similarly with older dogs consider their joint and overall health when selecting the distances you cover and use your dog's natural energy levels as a guide to how much exercise they need. Overall a little effort on your behalf will make for a very happy and very content dog.

So next time you are in class and wrestling with your hyperactive and excitable dog ask yourself if you have really done enough to satisfy their exercise requirements. For a high energy dog really letting them burn off their energy needs to happen 2 or 3 times a week if you are to actually keep their excess energy in check. Once a week would be better than nothing if it is before training, but in reality it is much better to keep on top of their excess energy on a regular basis than just trying to drain it all once a week. Besides, wouldn't it be nice to have a calmer more content dog 7 days a week rather than just one. If you don't have 4 hours spare before class to take them on a long walk or you aren't a seriously fast runner then there are a couple of options that you may like to consider for your dog.

Treadmill training

If you have access to a treadmill then consider treadmill training your dog. The few hours that you spend training your dog on the treadmill will pay off in the long run. Once they are trained you can put them on it before you bring them to class. As the dog has to focus on the task it drains them both mentally and physically so they don't need to be on the treadmill as long as they would if you had taken them for a walk. You will be surprised at how much some dogs actually enjoy this particularly if your dog is an excited/anxious dog. It is not uncommon for treadmill trained dogs to actually go and stand on the treadmill and whine or bark for it to be turned on because of how much more relaxed and content they feel after exercise.



Swimming

If you live near the beach or have a pool get them to going swimming. Swimming uses a lot more active muscle mass and therefore requires a lot more energy for your dog to maintain. It is

also a very natural action for a dog and the water can often have a calming effect on them. This is particularly useful for people with younger high energy dogs that are worried about joint damage from a lot of running or if you have a dog that is older, injured, or overweight.



Reminder from the Registrar for P.D.O.D.C. After applying for the title at Dogs SA.



Please give your qualification cards or (copies preferred) of your qualification cards to the Registrar for recording ASAP. Please put the place, for example: 1st/2nd 3rd that you gained on as well, this year many have been handed in with no placing recorded and that makes it even harder to record the points gained in each discipline.

It is always hard work to round them all up. If you don't hand them to me, you need to leave them in the office with a note on them saying what they are for and who to give them back too. You will only receive a trophy for the EOY if you put PDODC down as your first club, you will receive a badge however if you list PDODC as your second club on your entry form for all disciplines. Games qualifications only receive a badge.



Please give them to me throughout the year as it is not acceptable to save them all up and give them in all at once. I will record them as soon as I can and return them promptly to you.

Regards Sharon Page:

Registrar for PDODC.



Obedience Graduations

CONGRATULATIONS!

*(in no particular order)
Apologies if there are any graduate names not listed that should be. Every effort will be made to ensure they will appear in the next issue.*



Trevor & Cindy TOM

Keryn & BB TOM

Leanne & Luna

Cathy & Harry

Kevin & Zara

Michelle & Riker

Marianne & Maggie TOM

Jacky & Kingston

Karen & Tessa

Kim & Bear

Adam & Indy

Marianne & Bomber



Obedience Graduations: For Your Information

Grades 1 & 2 are graduated on the first Sunday of the month

Grades 3 & 4 are graduated on the last Sunday of the month

However, this may not be possible every month due to HOT weather, long weekends, rain, inclement weather or unforeseen circumstances. So there will be exceptions made if and when, there needs/ has to be.

Presented by
Activity Dogs

DOG LOVERS CRUISE 2015

Departing Sydney - December 2nd 2015

Experience seminars with a difference as you cruise aboard Royal Caribbean's (USA) "Explorer of the Seas" for 14 nights to New Zealand visiting beautiful places including Bay of Islands, Wellington, Dunedin and cruising through the stunning Dusky, Doubtful and Milford Sounds.

DONT DELAY, SECURE YOUR CABIN TODAY WITH A \$400 DEPOSIT PER PERSON (Full payment due 1st August 2015)

Come cruise with us and meet some of Australia's most respected people in their fields. During 6 days of sailing, they will present informative seminars for your enjoyment and education. Socialise and relax with like minded dog lovers aboard this beautiful ship.

All seminars are conducted in private conference rooms, restricted to Dog Lovers Cruise members only



Dr KAREN HEDBERG (BVSc)
Veterinarian, Dog Judge, Breeder
Author: The Dog Owners Manual
ANRC Chairperson Canine Health & Wellbeing Committee



KAYE MCGHIE (B.Bus)
Nutrition Specialist with Mars Petcare
Lecturer: Companion Animal Nutrition
International Conformation Judge
Breeder & exhibitor
www.advancedpet.com.au, www.the8ight.com



ROBERT HUMPHREYS (BSc)
National & International
Animal Chiropractor



STEVE AUSTIN
Elite International Dog Trainer
Author: Motivating Miracles in Dogs
Specialising in Canines for Conservation
steveaustindogtrainer.com



VICKI AUSTIN
Full Panel Obedience Judge (retired)
Lecturer Canine Behaviour/Training
Taronga Zoo - Free Flight Birds
Puppy Socialisation
vickiaustin.com.au



DAN HUMPHREYS
National & International
Animal Chiropractor



MADISON BROWN
Representative
Animal Physiotherapy Services, Sydney
One of Australia's most esteemed practices



Your Itinerary aboard the Explorer of the Seas

| Date | Destination | Arrive | Depart |
|----------|------------------------------|---------------------|--------|
| 2nd Dec | Sydney, Australia | Boarding per ticket | 19:00h |
| 3rd Dec | Cruising | | |
| 4th Dec | Cruising | | |
| 5th Dec | Bay of Islands NZ (Tropical) | 11:00 | 19:00 |
| 6th Dec | Auckland NZ (Docked) | 07:30 | 18:30 |
| 7th Dec | Tairāngia NZ (Docked) | 07:15 | 15:00 |
| 8th Dec | Cruising | | |
| 9th Dec | Wellington NZ (Docked) | 08:30 | 18:30 |
| 10th Dec | Piston NZ (Docked) | 08:30 | 18:30 |
| 11th Dec | Cruising | | |
| 12th Dec | Dunedin NZ (Docked) | 08:00 | 18:00 |
| 13th Dec | Doubtful Sound NZ (Cruising) | 15:00 | 14:00 |
| 13th Dec | Doubtful Sound NZ (Cruising) | 16:00 | 17:00 |
| 13th Dec | Milford Sound NZ (Cruising) | 21:00 | 22:00 |
| 14th Dec | Cruising | | |
| 15th Dec | Cruising | | |
| 16th Dec | Sydney, Australia | | 08:30 |

Cruise prices start from:

| | |
|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Interior \$2235 pp Twin Share | Price includes 14 nights cruising around NZ with Explorer of the Seas in your own cabin with private facilities, all shipboard main meals (excluding private restaurant) all port/govt. taxes, all Dog Lovers seminars and activities, and most on board entertainment |
| Outside \$2685 pp Twin Share | |
| Balcony \$3165 pp Twin Share | |

Cabins and seminar spaces are limited.

Book early to avoid disappointment

For more information or to book, visit: activitydogs.com.au

Email: activitydogs@gmail.com or ph: Valerie Bulte - 0407 128232

Disclaimer: The Event Coordinator makes the disclosures contained herein in good faith. Although the Event Coordinator has endeavored to provide complete and accurate details in respect to the cruise the Passenger acknowledges that he/she will participate in the cruise after reading these disclosures to satisfy himself/herself in relation to all aspects of the cruise and the participant in all or any activities/seminars, organized by the Event Coordinator. It takes place during the cruise, and the Event Coordinator accepts no liability for any loss or damage or any responsibility in the event that the cruise does not proceed at that any of the activities/seminars, outlined herein, are varied in any way, or do not proceed.

ADVANCE
ADVANCED PET NUTRITION



SOCIAL BALLROOM DANCE CLASS
EVERY FRIDAY NIGHT
8:00PM TO 9:30PM
\$10

Ever wanted to learn how to Ballroom dance?
Now is your chance!
Come and learn to dance for fun & fitness from
friendly experienced qualified teachers.

Offering a variety of dance styles within a relaxed environment.
No partner required. Beginner to advanced, Everyone is welcome.

NO LOCK IN CONTRACTS!

GETTING MARRIED?

Special Occasion
involving dancing?
We can help you create
your night to remember.
Don't wait to get started!
Take the first step and give us a
call today to schedule your
first lesson!

**PRIVATE
LESSONS AVAILABLE**

Tuesday Nights
7pm- 9pm
POA
Other nights by
arrangement

**FIND US
at**

The Gym Hall
Kings Baptist School
Friendship Crescent
(off Wynn Vale Drive)
WYNN VALE



MODERN - LATIN - NEW VOGUE - ROCK N ROLL - SEQUENCE DANCES - WEDDINGS - MEDALS

SOUTH AUSTRALIAN DANCE FORUM

IF YOU CAN WALK YOU CAN DANCE

CONTACT: Stephen 0417 875 196 after 6pm



DOG CLOTHING AND ACCESSORIES

Range includes showerproof and waterproof coats, light weight fleece coats, warm winter coats, fleece tops, bags, tug toys and tug leads.



Custom made Flyball coats and harness are also available. To order these please speak with Carmel at training.

All items are available for sale on Sundays at Obedience training. Please feel free to try clothing on your dogs for size. Please just ensure that they are dry and relatively clean. ©

If you would like to purchase an item please pay Ben in the canteen.



PAWS 4 MASSAGE

Massage for you canine friend
Relaxation, Remedial and Reiki

If your dog has been injured, showing signs of lameness a massage may be able to assist them.

As with people a relaxing massage can aid wellbeing for your canine friend.

Offering by appointment only
After Hours or Weekends

Phone Rosemary on **0414 252 374**



Wayne Window

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*Need something fixed or fabricated?
Will tackle most jobs.
Good old fashioned service.
Dog friendly!*



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- Cargo Barrier Fabrication (for dogs)
- False floors/storage for utes, wagons & trailers
- Fence Repairs/Dog Proofing
- Welding
- General Maintenance
- Yard/Garden Maintenance
- General Household Repairs
- Odd Jobs



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Gourmet dog treats

NATURALLY DELICIOUS TREATS
FOR YOUR BEST FRIEND

• 100% Natural • Low in salt and fat



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Porkettes Oinkers Pig Ears Pork Bones Roo Rolls Pork Puppy Chews Beef Sticks Beef Rolls and more!

PARA DISTRICT OBEDIENCE DOG CLUB UNIFORM

Contact person – Linley Nicholson

Embroidered Club Uniforms are available to all members of PDODC. Orders are placed on a monthly basis. If you would like to order club clothing, please use the order form below and hand it in to the office.

Name:..... Contact Number

| Item | Size | Quantity | Price |
|----------------------------------------------------------------------------|------|----------|-------------------------------|
| Polo Shirt Kids 4 – 14 Ladies 8 – 20 Adults Small - XL | | | \$28.00 \$32.00 \$32.00 |
| Spray Jacket Kids 4 – 14 Adults XS – 5XL | | | \$45.00 \$47.00 |
| Polar Fleece Vest Kids 4 - 14 Ladies 8 – 20 Adults S – 5XL | | | \$33.00 \$36.00 \$36.00 |
| Polar Fleece Full Zip Kids 4 - 14 Ladies 8 – 20 Adults S – 3XL | | | \$30.00 \$50.00 \$58.00 |
| TOTAL | | | \$ |

ITEMS FOR SALE AT PDODC

All items vary in price and can be purchased on Sunday mornings during office opening hours. Tug Toys, Dumbbells, Liver Treat Bags, Slip Collars, Martingales, Clickers (\$6), leads and collars in different sizes and colours.