



Jenkins Reserve, end of Saints Road, PO Box 497, 5108 Ph; 8281 7849 Ah; 8251 3274 Office hours: Sunday mornings 9—11am (subject to change) www.paradogtraining.com.au /info@paradogtraining.com.au



PARA DISTRICT OBEDIENCE DOG CLUB INC.

General Club Rules

- 1. Dogs are not allowed in Clubrooms.
- 2. Bitches in season are not allowed on Club grounds.
- 3. Dogs may not be off lead unless permitted by an Instructor.
- 4. Dogs & handlers must not use equipment without permission.
- 5. All incidents of dog attacks (provoked or unprovoked) must be reported immediately to the Head Instructor who will act accordingly. The incident must be recorded in the Incident Report book in the Office. An appeal to the decision made by the Head Instructor may be made in writing to the Club Secretary and the incident discussed at the next Committee meeting.
- 6. Children under 10 must be supervised by an adult at all times on the Club grounds.
- If your dog fouls on the Club grounds you must clean up the deposit immediately. Poo bags are provided on the grounds. If your dog urinates on a Club building or structure, you rinse it off with water.
- 8. Smoking is not permitted in class or in Club buildings.
- 9. No alcoholic drinks are permitted in class or in Club buildings.
- 10. If you arrive late, do not enter your class. Wait until the instructor indicates that you may join.
- 11. Members must wear sensible shoes no thongs or bare feet.

- Any member not in class may not exercise their dog in the vicinity of classes in progress.
- 13. Please keep dogs well apart to avoid confrontations.
- 14. All handlers and dogs participate at their own risk.
- 15. A current vaccination certificate must be presented upon joining or attending a complimentary class. It must also be presented when renewing an existing membership.
- 16. Dogs carrying a contagious disease may not attend until they are cleared in writing by a qualified vet.
- 17. Abusive or foul language is not tolerated on Club grounds.
- 18. Your membership badge must be worn in class. "I forgot" badges are available from the office.
- 19. There will be no training for Obedience if the Saturday night forecast for Sunday is 32°C or over for the Elizabeth area.
- 20. There will be no training for non-trialers in Agility if the Thursday night forecast for Friday is 32°C + for the Elizabeth area. There will be no training for non-trialers in Agility if the Thursday night forecast for Friday is 32°C + for the Elizabeth area.
- 21. There will be no training for beginners in Flyball if the Sunday night forecast for Monday is 32°C + for the Elizabeth area.
- 22. Any class may be cancelled due to stormy or inclement weather at the discretion of the Head Instructor (s).
- 23. Sun protection is encouraged for you and your dog.
- 24. All injuries must be reported and recorded.
- 25. Class instructors in consultation with the discipline Head Instructor, reserve the right to send a dog back to a lower class if it is to the advantage of the dog and/or handler.

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Slipcollar Classifieds & Advertising

25 words or less, single issue = \$2 1/2 page, single issue = \$5 Full page, single issue = \$10 1/2 page, full year = \$30 Full page, full year = \$60All adverts should be emailed to the magazine editor: editor@paradogtraining.com.au

Increase to Agility, Flyball & DWD training

Reminder that the above disciplines are now \$3 per dog and \$1 for each additional dog.



Committee members 2017

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	Michelle OConnor	

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Hi, one & all I must say how kind the weather has been to us on Sunday mornings now that we are into our winter months. We have been so lucky not to have had to cancel any of our training days so far. Although, I must say some mornings have been extra chilly!! Attendances have still been high though throughout all the classes. We have 3 new Aspiring Instructors - Dawn Katherine & Kym, they have been helping in the puppy classes so I hope they are enjoying the experience so far. Instructing is very rewarding, especially when you get to see the results of helping someone out with their problems plus (who wouldn't just love petting all those adoring puppies) For those members who are new to the club, we have Graduations twice a month, Class 1 & 2 is the first Sunday of the month Class 3 & 4 the last Sunday of the month. It is wonderful to see how much hard work is achieved monthly by the dedicated handlers & their dogs, as they graduate to higher classes. For those members who are into trialling their dogs, we are so fortunate to have a trialling ring set up each week, with Fred putting members through the ring, and giving much needed guidelines. An added bonus recently, has been given by Roger Green who has volunteered to help Fred out whenever he can, by putting a second ring up, and also giving his expert advice.

However it would help greatly if members who wish to be given this advantage could please arrive earlier & help to set out the rings and equipment needed. If anyone feels they have a problem with anything, no matter how trivial please come and see me and together we can sort it out. To finish off I would like to share this little story. I received an email from a lady called Heather who said..



"Hello I am really interested in your classes on Sunday mornings. I have two Hovawarts one boy is 12 months old and a girl who is seven months old. They have both been playing me up on walks, pulling really bad and I need to get them both trained, I hope it is ok to start coming on Sundays" Well I had never heard of the breed

"Hoverwarts" and have been training dogs for over 25 years. I didn't like to confess to my ignorance about her dogs and was curious as to what kind of dogs they were. I wrote back giving all the relevant details to join the club etc. I arranged to meet her personally around 9am. Sunday arrived but no Heather came to see me with the said "Hoverwarts" The next day I emailed her to ask if she attended the classes, and enquired as to how she had gone. This was her reply.... "Good morning Jan, well no I didn't come as we were all ready to

leave until I gave my husband the address. He said this is Salisbury Australia..... We are Salisbury England" Needless to say we both had a good laugh. So I never got to see her Hoverwarts after all.

Happy Training Jan Cooper.





Animal care ... when you're not there

Pet Sitting, Dog Walking & Pet Transportation



Pet Sitting

Kare4petz Adelaide will be there for your animals when you are unable to be there. Having your pets cared for in their own environment reduces stress and helps to keep your animals happy. Packages are tailored to suit your needs and ensure that your pets have a relaxing time and you come home to happy animals.



Dog Walking

Dogs need exercise to stay healthy and a walk during the day will help to reduce boredom and increase the dog's mental stimulation. All walking is done on lead and the duration is as agreed.



Pet Transportation

Pet transportation is available. This service is suitable for people that have a need to get their animals to a vet, the airport or another location. Dogs must be on lead or in a crate and cats must be in a carry cage. Bookings must be confirmed at least one week prior to the required pick up date.

Kristina Smith M: 0421 960 108 SE: kris@kare4petz.com.au www.kare4petz.com.au www.facebook.com/kare4petz/

CLASS TIMES AND SESSION INFORMATION

Whether you aspire to gain titles in dog sports or just want to train for fun and to have an obedient dog that is a good member of the community, PDODC offers its members choices, advice and support.

Obedience Class Times: Sunday Mornings

8.30am.Utility

9.30am. Puppies/First Timers, & Class 5

10.20am. Class 6

10.20am. First Timers (New Members) Information Session

10.30am Learners & Class 2

11.15am Class 4

11.20am Class 3

11.25am Class 1

OFFICE OPENING HOURS

Sunday 9.00am - 11.00am (Subject to change) Rally Obedience Sunday Morning 9:15am

ITEMS FOR SALE AT PDODC SHOP

All items vary in price and can be purchased on Sunday mornings during office opening hours. Tug Toys, Dumbbells, Liver Treat Bags, Slip Collars, Martingales, Clickers, leads and collars in different sizes and colours.

RAFFLE PRIZES NEEDED

Got any items sitting at home not being used that would be suitable for raffle prizes? Why not donate these items to the club? Donations are appreciated to help raise money for the club at trials held at your club throughout the year. Please deposit in the office.

Membership Fees 2017 New membership pay an additional joining fee of \$5

Junior (10-17yrs) \$35 Single \$55 Double/Family \$65 Single Pensioner \$45 Double Pensioner \$55 (Full Pension Card) required

Agility, Flyball and Dances with Dogs classes have an additional cost of \$3 per lesson and \$1 for each additional dog, to cover lighting and up keep of equipment. Membership fees cover a year of training from February to November.

Obedience Graduations: For Your Information

Grades 1 & 2 are graduated on the first Sunday of the month Grades3 & 4 are graduated on the last Sunday of the month *However,* this may not be possible every month due to HOT weather, long weekends, rain, inclement weather or unforeseen circumstances. So there will be exceptions made if and when, there needs/ has

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President's Report

Hi everyone. Recently we had the sad passing of Hilda Lomas, one of our very early members and friend to many in the dog trialling world. We were going to make this issue in memory of Hilda, but more than that I would like to make this issue a dedication to Hilda, her husband, Len, and all of the past members who helped make this club what it is today.

For those new to the club who didn't know Hilda as anything other than the little old lady in the leads and collars shop with the cheeky grin, let me enlighten you a bit.

Hilda and her husband, Len, were very early members of PDODC owning and trialling many different dogs over the years until Hilda's final dog, a Schnauzer called Ryan, who is living out his old age in the Riverland.

My wife and I came to the club about 15 years ago with my Kelpie, Jasper. Hilda was one of the welcoming faces at the club. I originally never planned on trialling or even being that involved with the club, but like Hilda and Len, the club and its members have become our second home and family.

Hilda soon discovered that we only lived around the corner from her so we were often to become her ride to the club and to trials all over Adelaide, along with Fred Lumsden and Chrissy Dalla Valle.

When going to trials or club, we had to ring her phone, let it ring twice and then she knew we were on our way around. Hilda would always be out the front with her bag and, of course, Ryan, who would bark as we pulled up.

Hilda was always interested in what we were up to, how our training was going and how we were doing in trials. Hilda also kept all the records for the club from trials and would always ask for a marked catalogue to be given to her. You would always see her stewarding at all of our trials and at many other clubs. She was a wealth of knowledge about the trialling world.

Hilda's Schnauzer, Ryan, was run by Victor Jordan, one of our long-time agility instructors, at agility comps and training. Ryan could be a stubborn bugger and often frustrated Victor by memorising a course at training and then running it the same way even when Victor wanted to do a different course. On numerous occasions early on he would go into a tunnel and not come out, causing us to close the tunnel up to get him out. In between runs he would sit next to Hilda on his mat patiently waiting for his next go. He was the apple of her eye and she was overjoyed when he got his Agility Champion 300 title.

Hilda had a mischievous smile and sense of humour and always wanted a kiss when we did well. One event is very clear in my mind. My wife and I had gone to training in separate cars. I had gone to training straight from work. My wife, Michelle, picked Hilda up and I said I would take her home after triallers class later. My ute was having a bit of an alternator issue and on the way home it died. I phoned Wayne Window, also a member, who was behind me in his van to give me a hand, him being a mechanic. We managed to get my car going again, but decided it would be safer for him to drop Hilda off home.

Now Wayne had a VW campervan and Hilda couldn't quite get in as it was higher than normal, so we worked together, Wayne pulling her from inside, me with handfuls of Hilda's butt cheeks lifting her up, all the time with Hilda giggling away. Anyone driving past would have thought we were abducting a little old lady from the roadside. I think she thoroughly enjoyed it.

I do the BBQs at the club and we would pick Hilda up on the way to the club and as soon as she was settled and before I had even got the BBQs out she would say 'I'll have an egg and bacon sandwich and coffee when you're ready'. Often, I hadn't even started to unlock the club, but she always got the first one off the BBQ. It's funny to see her corner vacant.

After my dog Jasper passed I got my new puppy, Loki. She was one of the first to meet him. She was so pleased for me.

Hilda went into Gleneagles nursing home a couple of years back, but still came to the club often, usually with Fred. Her health was starting to fail, but she always made an effort to talk to everyone. It was only two weeks before she passed that she sat under her veranda and watched training. She looked very tired and it was a shock when I learnt of her passing shortly after. So, there you are, now you know why the veranda has Hilda's name on it and Len's plaque is in the canteen. You see, for many of us the club is family. It may not be blood, but it is every bit as important and the people that make up the club become firm friends for life.

Thanks for the memories, Hilda.

Julian Stokes

60.00

Your presence we will miss, Your memory we will treasure, Loving you always, Forgetting you never.

> Hilda's family would like to thank you for being a part of her life and the kindness you have shown at this difficult time.



In Loving Memory of

Hilda Lomas

24.7.1928 ~ 28.5.2017

Loving wife of Len (deceased)

Dearly loved Mum of John (deceased) and Kathryn

> Mother-in-law of Lyn and Trevor

Much loved Nannie of Gary, Kerry, Mark, Keagan, Bonnie, Max and Jack



Hilda Lomas

Remembering Hilda Lomas

I joined the club in 1986 with my first dog, a staffy called "Shiloh". My first day there I met Hilda, Denis the then president and instructor and Josie the secretary (Denis's wife). Hilda owned two shelties Bracken and Jessica. She was always there come rain or shine, happily running the shop with Joyce who sold the leads and collars, when Joyce passed away Win Stokes stepped in, with Hilda firmly still running the shop, she remained the shop person up until a few years ago. She still came every Sunday and sat with Peter who currently runs the shop today.

Hilda had never learnt to drive but that didn't stop her going to trials and all of our social events, of which there were many back then. When I be-



came an instructor and trialler, she was always there to offer advice and support. There was always someone to ferry her around to trials and of course the club. When meeting Hilda you were always greeted with a smile, she was always helpful and loved to pat everyone's dogs.

At her funeral there were some lovely words said in honour of her life. There were some funny memories and the gallery had plenty of laughs

throughout the service. My fondest memory was when we went to Alice Springs with Mary and Dennis Perry in 1994 for an Agility trial. Because it was such a long way Hilda would ask "Are we there yet" every 10kms.



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So that saying stuck with us on all our trips away, of which there were many. Our favourite trip was to Whyalla, a definite favourite for Hilda, she really use to enjoy the Buz of the whole weekend. I can't tell you why we use to enjoy Whyalla so much or what happened while we were away = I can



tell you however that what happened in Whyalla = Stays in Whyalla.

So Cheers to you Hilda, we miss your smiley face at the club. It was a pleasure to know you and I'm sure many others feel the same way too.

Regards Sharon Page.

I first met Hilda over 20 years ago when I joined Para, at that time she was the registrar for the club as well as running the shop. She always had a wide knowledge of the trialling world both in Obedience and Agility, and was interested in who was competing in what disciplines, she was always delighted with competitor's results, especially so if they were from Para too. I used to pick her up on a Sunday morning, to bring her to club, she was always ready and waiting at the gate, with Ryan her little schnauzer by her side. It was always a very informative ride, as she would impart all the relevant information on what happened in Agility on Friday night, especially about Ryan who Victor used to run for her. When I eventually started trialling myself, she was as much delighted in my successes as I was myself. In later years, even though her health deteriorated, she would still call me over to where she sat outside, under the veranda, for a bit of a chat, ask me about my dog and perhaps show me something she had made at craft class. It was a privilege to have known Hilda. She is sorely míssed. Jan Cooper

Hilda Lomas Prepared by Fred Lumsden

Hilda was a very special lady who was a life member of our club and she will be sadly missed by all Club Members at Para District Obedience Dog Club.

My earliest recollection of Para District Obedience Dog Club was competing against them in the Balmead Shield completion way back in the early 1970s. At that time, I was a member of the German Shepherd Dog Club of SA, and relations between clubs was a bit more cordial than today.

I was very much a novice in the dog world at the time, but you became aware that names of Hilda and Len Lomas, Jen and Austin Bird, Josie and Dennis Upton, Mary Penny and Jim Turner were all prominent in the early days of Para Districts. They Were all friends together and gave the club a sense of purpose and stability.

I recollect Para Districts hosting a football match between them and the Shepherd Club on their old training grounds on the Happy Homes Reserve. The whole club facilities at that time consisted of a small toilet block – nothing else!

One of Paras cheer squad on the day was Hilda. The Shepherd Club won the match because they managed to ring in some spectators. Needless-to-some, forty years after the match, Hilda would still remind me that the German Shepherd Club only won because they cheated and I could only agree.

Back then, we were all much younger and care-free and there used

As I moved deeper into trialling and judging in Obedience trials, you always associated Hilda as being a person who was involved in Stewarding at Para Trials or competing with the gaggle of other club members – all supporting each other. She was regularly involved in the ritual of feeding the Judges at lunch-time, and I seem to remember friendly banter about only being fed because she had passed earlier in the day.

I have a vague mental picture of Hilda trailing with a Golden Labrador (no idea of the dog's name). the rumours around at that time were that Hilda had 2 or 3 more Labs. In her backyard.

Later I seem to recollect her competing with a Sheltie, named 'Bracken', in some of the more advanced classes.

I did not know her too well at that time but she was a pleasant person who was always respectful, but someone who could be a little bit mischievous.

Sadly, her husband, Len, who has been the Club's Head Instructor for a number of years, passed away in the early 1980's. Hilda always expressed her appreciation to the Para District Obedience Club for the support her group of friends have her in coping with her loss and their encouragement to get back on with life.

I joined Para Districts around about 18years ago, principally to train my own dog.

Hilda was the first person at the club to welcome me - unlike a few other clubs members who were a bit stand-offish and suspicious as to why I wanted to join. She was intensely loyal to her club. This was highlighted when I stewarded with her on a very cold day and I wore my warm training jacket from the other club I attended, Hilda let me know she was less than impressed, mumbling away. I found out just how much, when she tipped the water in the basin on the judges table over my head as we were tidying up at the end of the trial. I think I responded by calling her a rotten old 'biddy'-although I night have called her the correct name for a female dog. These are the things you do with special friends.

Hilda was also the club registrar and as such, she used to work out which club members were eligible for club trophies. To do this, she would get trialling club members, me included, to request marked catalogues from the clubs conducting the trials. Unfortunately, Hilda would forget to tell you that she had already rung the clubs herself and you would get a frosty reception from the Trial Secretary who was working flat out. Bad language occasionally resulted.

I started driving Hilda to the club from her home at Milne Road in Para Hills some years ago. Typically, Hilda would be sitting on her disabled stroller out the front of her house with 'Ryan', hr miniature Schnauzer, patiently waiting for me to arrive, no matter what the weather.

She loved being at the club and enjoyed interacting with the old and new members, alike. She probably preferred her old spot under the veranda rather than in the new shop because she could meet people more easily. I had to suggest to her that the club didn't want her to catch her death of cold, because the old spot used to be freezing. Who was doing well; who wasn't. We could solve all these problems on the way to and from the Club.

I can't say that I was available for car duties every week-end as I was trialling myself at that time. I believe, Hilda co-opted Julian and Michelle Stokes as 'back-ups' on trialling weekends.

Around that time, Hilda started entering the Mighty 'Ryan' into Agility trials with Victor Jordan as his handler. I can't find adequate words to describe the enjoyment Hilda got from his winning performances and Victor's involvement. We would have a run-down on Ryan's latest efforts and how well they had done each trip

It would be unfair to suggest that Hilda was just a meek and placid lady. She could get fired up, particularly when she found out at the AGM that I didn't like the idea of the club handing out life memberships. She pointed out that she liked being a life member. To her credit, she listened to what I had to say and nodded head. I was never quite certain whether it was acknowledgement that I was right or whether she couldn't find the ladylike words to express her disgust.

Sadly, Hilda's health began to fail and after a spell in hospital she had to leave her house and moved into Residential Care in Gleneagles Nursing Home on Grand Junction Road at Highbury. The whole thing was facilitated by Kathy and John, her children. I think that Hilda preferred to be blissfully aware of all the effort that was involved.

Arrangements were made or Ryan to retire to Tracey Wasgind's property at Berri where he had the company of other dogs and was well looked after. This is what happens when you go out a winner!! Hilda was really grateful to Tracey and mentioned them often. This time was really important to me, on a very personal level, as my wife, Liz, had been suffering from significant memory loss issues for a number of years and my role of carer was becoming increasingly demanding.

The car trips to the dog club invariably started with Hilda enquiring as to how Liz was going? By the time we got there I had been able to unload to Hilda all the experiences of the week. Hilda just listened with understanding and sympathetic ear and provided quiet insights as to how she managed.

When Liz eventually went into Residential Care at Resthaven Nursing Homes at Paradise, a few months ago, the conversations seemed to be more about comparisons between Resthaven and Gleneagles but she was still interested.

Over recent months, you could observe a change gradually setting in with Hilda being greatly unsettled by her son, John's unexpected death. Hilda was concerned as to how John's wife, Lyn, would cope.

A couple of months ago, things started to change for Hilda and you became aware that she was having difficulty coping with the routing in the nursing home; some of her conversations became a bit disjointed; others started and just drifted off; she would ring up on Fridays and Saturdays to enquire why we hadn't arrived to pick her up to go to club.

When I found out that Hilda passed away peacefully at the Gleneagles Nursing Home, after a brief visit to hospital, I was Having been asked to write something of my memories of Hilda Lomas I find it hard to reflect on 32 years of knowing her and trying to give and impression of how valuable she was to this club and the people who knew her. My first thought was of her trotting round the training ground with a pile of magazines and a sheltie in tow. When it rained she had plastic bags to keep them dry so the readers didn't get soggy copies. Little did I know that she would hand the job to me in the coming years and was a huge help and guide when I took over the role of magazine editor. When I asked who she was I was told that she had been an original member with her husband who had recently passed away and that the club house was named in his honour. When the verandah was built a number of years later we named it after her so the building is a family affair.

When I took on the job of Assistant Secretary it was Hilda along with the late Josie Upton who taught me all about membership badges, trial fees, grumpy Sunday mornings in the freezing cold and warned me about the ladies regularly blocking up on trial days. She was forever helpful and when my children were born was the first one with a card and gift when I returned to the club.

Even when I took a break from the club in the nineties she would still ring and ask how I was doing and I remember her trotting about at Tea Tree Plaza in a big pink smock with a bow on it.



Once I asked her what she was doing and she told me that she volunteered in the childrens ward at the Modbury Hospital and had come across to get some streamers to play a game with them and stickers for prizes. Hilda was forever thoughtful and kind to those who knew her and had the most marvellous sense of humour, often coming out with some funny sharp remark which made me laugh. When I jokingly

remarked that when she passed we would have her stuffed and propped in the corner as the club mascot she replied, "Well put a smile on my face and a cup of tea in my hand, black, one sugar !"

Hilda taught me what commitment to a club really meant and to enjoy what life gave you even when the chips were down. I will miss you tucked away in the corner of the shop out of the cold and the call, " Val? Tea, black one sugar please ?".

Val Holland



Agility Report

On the 8th & 9th July the Agility State Championships were held at Munno Para Obedience Dog Club. Para District was again well represented over the

Masters Strategic Pairs

Linda (run by Victor) & Ashwyn	2 nd
Karen & Kaisias	7^{th}
Excellent Strategic Pairs	
Rachael & Narla	1 st
Karen & Sparki	3 rd
Rose & Rex + Tina & Elke	5 th
Karen & Isabeau	7 th
Master Gamblers	
Danni & Gabby	2 nd
Excellent Gamblers	
Rachael & Narla	3 rd
Excellent Snooker	
Rachael & Narla	2 nd
Novice Snooker	
Rose & Rex	6 th

Saturday afternoon was the first heat for Jumping & Agility. Everyone that had a qualifying score made it into the finals. The qualifying results of Para members for Saturday were: (column to the right)

weekend. On the Saturday morning, Games were held and as it was only 1 heat – those that placed 1st became the 2017 State Champion.

Left are the qualifying results from Para members

Congratulations to Rachael & Narla on becoming the 2017 Excellent Strategic Pairs State Champion.

Master Agility 300	
Tina & Elke	1 st
Excellent Agility 300	
Rose & Summer	1 st
Novice Agility 300	
Tina & Hetty	1 st
Master Jumping 300	
Rose & Rex	2 nd
Excellent Jumping 300	
Tammy & Archi	1 st
Master Agility 600	
Karen & Isabeau	2 nd
Master Agility 500	
Danni & Gabby	2 nd
Rachael & Narla	5 th
Master Jumping 500	
Rachael & Narla	9 th

Sunday morning saw the second heat for Jumping & Agility. Again those that had a qualifying score made it into the finals. The qualifying results for Para Member for Sunday morning were:

Novice Agility 300			
Tammy & Archi	1 st		
Excellent Agility 500			
Sandra & Penny	2 nd		
Novice Jumping 500			
Sandra & Penny	4 th		
Excellent Jumping 500			
Chrissy & Jess	3 rd		
Master Jumping 500			
Danni & Gabby	1 st		
Rachael & Narla	4 th		

Saturday & Sunday also saw the running of the Open Agility & Jumping. This was only 1 heat so the winners were the State Champions. The qualifying results for Para members were:

Open Agility	
Danni & Gabby	1 st
Open Jumping	
Danni & Gabby	2 nd
Linda (run by Victor) & Ashwyn	3 rd
Rachael & Narla	5 th

Congratulations to Danni & Gabby on becoming the 2017 Open Agility State Champion.

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The finals were held on Sunday afternoon. The qualifying results for Para members were:

Novice Agility 300		
Tina & Hetty	1 st	Congratulations to Tina & Hetty on becom
Master Agility 500		ing the 2017 Novice Agility 300 State Char
Rachael & Narla	2 nd	pion
Excellent Agility 500		Congratulations to Sandra & Penny on be-
• •	2 nd	coming the 2017 Novice Jumping 500 Stat
Sandra & Penny	2	Champion
Novice Jumping 500		
Sandra & Penny	1 st	All Para members should be proud of all
		their achievements not only over this wee

end, but at all trials and training. We have many up and coming members that hopefully wish to trial (not that they have to). It's great to see dogs & owners having a great time together.

(I do apologies for any incorrect spelling of dog's names)

Chrissy – Head Agility Instructor

PDODC Agility Class Times Fridays (pm)				
6:30pm Set-up				
7:00pm-7:45pm New Dogs, Puppies and Non Triallers				
7:30pm Set-up Triallers				
8:00pm-9:00pm Triallers				
If the estimated Friday maximum temperature for Elizabeth on channel 9				
news, Thursday Night, is over 32 or higher, there will be no training.				
There will be no training on a long weekend where the Friday or Monday is				
a public holiday.				

A letter of appreciation

Thank you Marguerite for your letter of kind words. Its always nice for committee to read a letter of gratitude to our selfless volunteers who regularly donate their time to help others.

I have been draining my dogs at this club since 2005, and eutently draining dog 3. These are trainers and volunteers Rere that have been here since dhen and Shey unselfishly give their longer. time and knowledge week after week, year after year. I would like to succeedy extend my thanks and gratchide for everythe that these volunteers do where would we be without them! I also want to command dhe dulo on the initiative of the yellow bandana - it really works! whoever thought of it should get 10/10. yours sincerely marguente Brittain. 12/6/17.

Exercising Older Dogs

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http://www.seniortailwaggers.com/exercising-older-dogs.html

Exercising older dogs is an important part of their daily care, but it can be difficult to know how much is enough - or too much.

All about exercising older dogs

As dogs age they naturally become less active and energetic, and there are lots of reasons for this....

Weight gain, arthritis, anxiety, even something seemingly unrelated to the ability to move (such as failing eyesight) can make Fido reluctant to get out and about in the way that he used to.

But a body that doesn't move isn't healthy, and immobility increases the risks of all sorts of conditions including heart problems, joint issues such as arthritis, obesity and more.

Regular, gentle and appropriate daily exercise helps keep an older dogs joints, ligaments and muscles strong and supple, improve blood flow, reduce pain

and/or inflammation, boost his mood and improve his overall quality of life.

Wow, who knew exercising old dogs had so many benefits?

Well, now YOU know so let's take a look at how you can exercise your senior dog in a way that's safe and beneficial.

The Humble, But Effective, Daily Walk

For humans of all ages, walking is considered to be one of the very best exercise options.... and this holds true for dogs too. Always check with your veterinarian before embarking on a new, or increased, exercise with your old dog. I've loved you all my life. Please don't throw me away because l'm old.

Keep me beside you until I'm ready to leave this body behind.



Most dogs are used to walking regularly, but if your golden oldie has been sedentary for some time, talk to your vet before adding even a daily walk to Fido's schedule. The vast majority of dogs love to walk. They like to sniff everything, greet everyone, wander here and there and generally enjoy the great outdoors. Most senior dogs will still enjoy, and benefit from, a daily walk.

But rather than a full-out hike or even a brisk walk, your older dogs' outings need to be taken at a slower pace, and you'll need to give more thought to where, and when, you take your daily 'constitutional'.

Here are some thoughts to help you plan your older dogs exercise routine....

Pay attention to the temperature outside - Senior dogs can have more difficulty regulating their temperature than younger dogs do. If it's hot outside this can put extra strain on an older heart and your golden oldie will tire more quickly. If it's cold, he'll likely feel the chill more than he used to and a nice warm sweater or jacket can help keep old bones warm and comfortable. Boots are good in wet, snowy or icy weather too.

Make sure the walking surface is suitable.

This might sound strange, but it's important. Older dogs may have mobility issues or joint problems which make them a little less steady on their feet than they used to be. Walking on firm, level ground which has reasonable traction (asphalt, concrete, level grass, gravel etc.) is easier for them than any slick or uneven surface. Avoid parks or open grassy areas which have hills, ditches or pot-holes/ gopher holes. Any of these could cause your older dog to damage cartilage, tendons or even break bones. Also stay away from slick floors such as those in stores, malls or painted/treated concrete which can be very slippery. There are socks and boots which can help your senior dog keep traction on slick surfaces and if Fido will wear these it opens up more possibilities - but there's nothing to fend off the dangers of uneven ground.

Keep to familiar routes

With age many of a dog's senses deteriorate and lots of older dogs have reduced eyesight, hearing or smell. This can make them anxious in new surroundings, so seniors generally feel more relaxed and happy on routes that are familiar to them. Senior dogs suffering from Old Dog Syndrome can get easily confused or frightened and continuity and familiarity helps them too.

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Follow his signals & use common sense

You'll probably find that your senior dog will let you know what he can do, and what he can't. What he wants to do and what he doesn't. If he walks comfortably for half a block and then starts to lag, turn around and head home. If he wants to stop every two minutes, let him do so. If he seems happier to walk in the morning rather than the evening, give him that opportunity. Most of the time your dogs' body will give him the right advice. With one important exception... when he feels the need to keep up with YOU!

To your senior dog you're his whole life, and he will do anything he possibly can to stay by your side and make you happy. If you walk more quickly than is comfortable for him he'll still try to match your pace.

When you keep going, well past the point where his body is tired and stressed... he'll keep going too. If you decide to walk at noon when it's 90F outside, he'll go with you - same applies if it's 6am on a winter morning and 20F outside.

Other Ways To Exercise Older Dogs

Walking is a low-impact and aerobic exercise which is suitable for most older dogs, but there are also other options too. It's not a good idea to start a totally new 'sport' or exercise regime for an elderly dog, but if there is something that he's always enjoyed then you don't need to give it up just because he's older. However you may need to alter the way that you play it with him.

Fetch, Frisbee & Tug-of-War

If your golden oldie has always enjoyed a game of 'fetch' or 'frisbee', he may well still be able to have some fun with his favorite sport as long as you're careful. Fidos' old legs and hips won't support him the way they used to, and jumping to catch a ball or frisbee is not a good idea. You can still throw them for him though, just make sure that the trajectory is low enough that he can catch whatever you throw without leaping off the ground. Also, keep games short and stop as soon as you notice your dogs' energy levels flagging, he slows down, pants heavily etc. Make sure that there is plenty of shade where you play and always offer lots of fresh water to keep him from getting dehydrated. Again, be sure that the area where you play is level and has good footing for your dog. No potholes, hills or ditches please.

Obedience Graduations

Class 1-2

Shona & Harvey TOM

Kay & KD Troy & Buddy Audrey & Lucy Caren & Sydney Chris & Riva Alison & Bindi TOM Lauren & Storm Trevor & Ellee Jasmine & Rocco Emily & Dexta

Kristina & Charlie Diana & Lucy Colin & Sandy Myriam & Charlie



Helen & Ryka TOM

Class 2—3

Nicole & Sam TOM Caren & Sydney Lana & Ollie Audrey & Lucy Lauren & Storm







Graduation and TOM certificates are available if requested by the handler. Please see Val if you would like one. Shona & Harvey TOM Kim & Zeus TOM



<u>Class 3—4</u>

Andrew& Splash TOM

Felicity & Goldilocks Karen & Jasper Brett &Shelby Val & Bella Lyn & Stryker Roger & Lhoki TOM





<u>Class 4—5</u>

Jess & Itty Bitty TOM Julian & Loki Nicole & Sydnee Kathryn & Jango Lynne & Kaycee



Congratulations to all graduates and TOM's (Team Of

Rally Obedience Trial Report

On Saturday August 5th our club held it's third Double Rally Obedience Trial. The weather forecast included cold temperatures with possible hail, rain, wind and maybe even some thunderstorms. Thankfully, we only ended up with the cold and the wind with there being 131 entries across the two trials.

Overall the day ran very smoothly and thanks to Nicole Elkins, Sandy Steele, Michelle O'Connor, Rebecca O'Connor, Gillian Smith and Sharon Page who were stewards for the day. Thanks also to Rae Hedger who was the SACA rep. While I can't really take credit I am glad that you stayed dry for the day. A huge thank you as well to Jason Hillier and Jess Huser for manning the BBQ and Val Holland the canteen, and also Chrissy Dalla Valle, Lucy Stapledon and Alex Stapledon who helped with the office and a num-

ber of other odd jobs throughout the day and to Roy who helped with setting up the rings. Putting on a trial is a big job and every little bit of help makes the day run so much smoother so thank you to anyone else that chipped in and



helped with setting up and packing up throughout the day. Your help is greatly appreciated. A very big thank you as well to Bow Wow Gourmet Dog Treats who sponsored all the prizes for the day.

PDODC was very well represented on the day with a number of dogs gaining passes and titles. Sorry if I have missed anyone or got anything wrong and apologies too as I do not know all the dogs call names, but here are the Para results:

	Handler	Dog	Class	Result
	Jenny Ellis	Jess	Master	91 (7 th)
	Jenny Ellis	Jess	Master	91 (7 th)
AM	Peggy Stewart	Byron	Master	87 (9 th)
Trial	Roy Ellis	Tilly	Excellent A	89 (6 th)
	Carmel Nottle	Banjo	Excellent A	90 (4 th)
	Carmel Nottle	Gypsy	Excellent B	80 (2 nd)
	Lorrain Watts	Holly	Excellent B	80 (3 rd)
	Carmel Nottle	Gypsy	Advanced B	89 (2 nd)
	Mary Perry	Waverney Louis Vuitton	Advanced A	90 (5 th)
	Sandra Kramer	Penny	Advanced A (Title)	94 (2 nd)
	Kim Leyland	Bear	Advanced A (Title)	81 (7 th)
	Helen Hinkley	Honeyvale Brodie	Novice	92 (1 st)
РМ	Helen Hinkley	Jazmynn	Novice	86 (4 th)
Trial				

Handler	Dog	Class	Result
Jenny Ellis	Jess	Master	85 (9 th)
Peggy Stewart	Byron	Master	90 (7 th)
Carmel Nottle	Bunji	Excellent A	87 (5 th)
Carmel Nottle	Gypsy	Advanced B	80 (2 nd)
Helen Hinkley	Helendale Darcy	Advanced A	82 (3 rd)
Helen Hinkley	Honeyvale Brodie	Novice	82 (5 th)
Helen Hinkley	Jazmynn	Novice	93 (1 st)

tIn the afternoon ourh)Para team also tookout the Bow Wowh)Team Award so con-adgratulations to thehandlers and dogsfrom that team.



Bow Wow Team Award Winners: Mary Perry, Helen Hinkley, Roy (Jenny) Ellis and Peggy Stewart. This is awarded to the dog and handlers from each of the 4 classes from the same club with the highest overall combine scores.



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Flyball Report

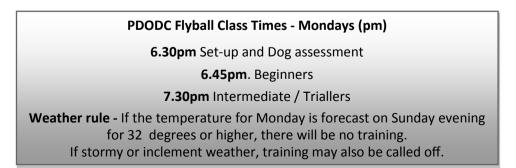
Other than training which has been sporadic at best due to the weather, not a lot has been happening on the Flyball front since my last report. We do however have the Royal Show Competition and a demonstration at the Border Collie World Record Attempt coming up in September, then our next home competition in October followed in November by the last Dover competition of the year. We are also looking at possibility having one or two teams travel to Ballarat in December for their last competition of the year. We also have a few new dogs that will make their first competition ring appearance within those comps which is always exciting not only for the dog and handler but also for the club.

So if you are at the Show on Saturday September 9th why not head on down to the Dairy Cattle Lawn and have a look. Yes, that is correct, you will find us on the Dairy Cattle Lawn and not with the dogs. We are far too noisy and have far too much fun to be with the dogs so they hide us away on the Cattle Lawn which is just fine by us. Alternatively our last home competition for the year will be at the club grounds on Saturday October 7th.

Also remember if your dog is 12 months or older and you want to give Flyball a go come on down to training on a Monday night at 6:30pm. It is preferred that your dog is in Grade 3 Obedience however this isn't a strict requirement as we do still assess your dog to make sure they are focused enough to be able to start training.

Hope to see you at Flyball sometime soon.

Carmel



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Reminder from the Registrar for P.D.O.D.C. After applying for the title at Dogs SA.

If you meet the criteria for title recognition please complete a PDODC Application for Title Recognition Form and provide this along with your qualification cards (copies preferred), ANKC Title certificate (copies preferred) and proof of payment of fees (if required) to the Registrar, Carmel Nottle, for recording ASAP. You will only receive recognition of a title if you put PDODC down as your <u>first</u> club. The application form and criteria for title recognition can be found on the PDODC website and Facebook page, and copies are available in the office. Paperwork can be submitted electronically to <u>carmel.nottle@unisa.edu.au</u> or via the tray in the office.



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- We offer online computer assistance by remote control,
- We can provide domain names and website hosting,
- Website design and maintenance using various packages,
- Get your ADSL connections through TPG,

and utilise data salvage using Payam Data Recovery in their 'clean room' in Adelaide.





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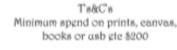


Adelaide Pet Photos

Capturing the fun, love & jou you share with your dog.

Pet portrait photo shoots with professional photographer Janet Coelho at her studio in Mawson Lakes.

SPECIAL for PDODC members Free photo shoot with proof of membership (usually \$125)



Studio photo shoots only

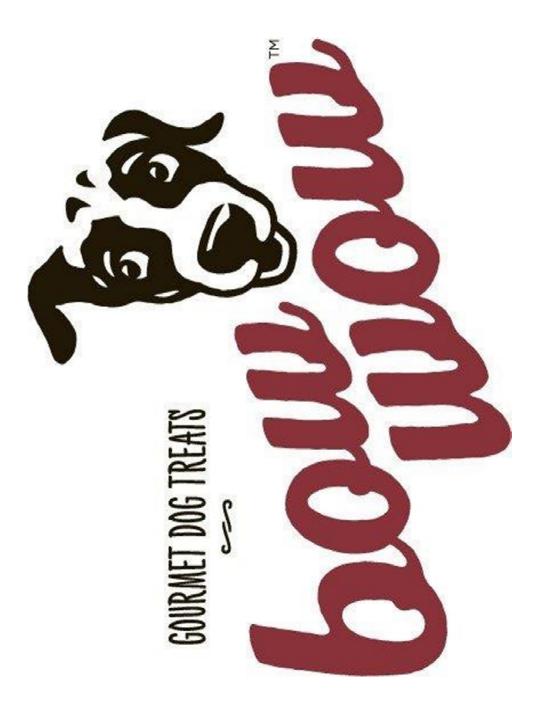
Dogs only, no humans!

Call Janet for more info & detailed print pricing.



www.adelaidepetphotos.com.au

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PARA DISTRICT OBEDIENCE DOG CLUB UNIFORM

Contact person – Linley Nicholson

Embroidered Club Uniforms are available to all members of PDODC. Orders are placed on a monthly basis. If you would like to order club clothing, please use the order form below and hand it in to the office.

Price

Name:			
ltem	Size	Quantity	
Polo Shirt Kids 4 – 14 Ladies 8 – 20 Adults Small – XI			

Kids 4 – 14 Ladies 8 – 20 Adults Small - XL	\$28.00 \$32.00 \$32.00
Spray Jacket Kids 4 – 14 Adults XS – 5XL	\$45.00 \$47.00
Polar Fleece Vest Kids 4 - 14 Ladies 8 – 20 Adults S – 5XL	\$33.00 \$36.00 \$36.00
Polar Fleece Full Zip Kids 4 - 14 Ladies 8 – 20 Adults S – 3XL	\$30.00 \$50.00 \$58.00
Caps & Beanies	\$12
TOTAL	\$

40