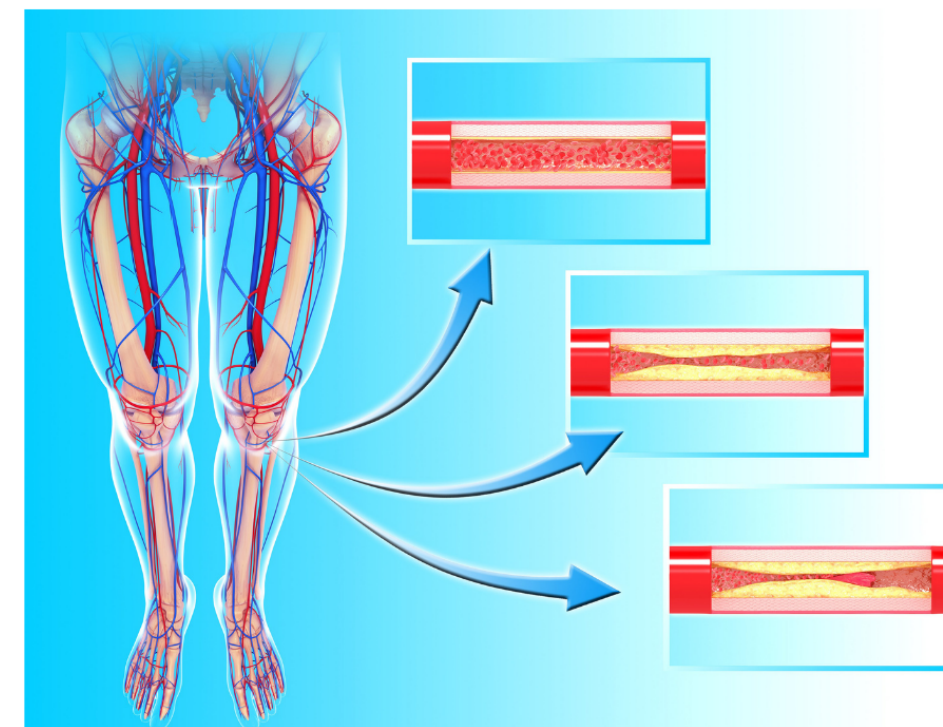


## What is PAD? Peripheral Arterial Disease

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Peripheral Arterial Disease- also known as PAD- is a common disease that affects 1 in every 20 Americans over the age of 50. It occurs when cholesterol and other fats circulating in the blood collect in the walls of the arteries. This build-up called plaque narrows or blocks your arteries reducing the flow of blood to your legs and feet.



## Symptoms of PAD

- Cramping in legs, hips or buttocks when walking
- Pain, numbness or tingling in legs or feet at rest
- Sores or wounds on toes, feet, or legs
- Color changes of the feet including paleness or blueness
- Poor nail growth

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## How we can help

- Diagnose PAD using non invasive testing
- Treat blockages in the arteries supplying blood to the legs and feet when necessary
- Help prevent amputations
- Provide the highest quality, safe and patient-centered care

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## Ankle-Brachial Index (ABI) Testing

The ankle-brachial index test is a quick, non invasive way to check for Peripheral Arterial Disease (PAD). The ABI test compares the blood pressure measured at your ankle with the blood pressure measured at your arm. A low ankle-brachial index number can indicate narrowing or blockage of the arteries in your legs.