

# AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31. B: Strawberry Muffins with Eggs  L: Tuna sandwich, Chips  D: Cheeseburger Dippers, Tomato Slices, Pork rinds					1 B: Bacon, Egg & Cheese Muffin  L: Pack Lunch For ADT  D: Steak bites w/sauteed mushrooms, squash, baked potato	2 B: Pancakes, Eggs, Sausage  L: Grilled Cheese, Fruit  D: Smoked sausage, cabbage
3 B: Pancakes, bacon  L: Ham & Swiss Sandwich, Baked Potato Chips,  D: Veggie Gumbo, cornbread	4 B: Egg Bites, Fruit  L: Pack Lunch For ADT  D: Breakfast for Dinner (omelets, sausage, toast)	5 B: Mini Breakfast Quesadilla  L: Pack Lunch For ADT  D: Chili w/noodles, cornbread	6 B: Egg bites with yogurt  L: Pack Lunch For ADT  D: BLT W/ chips	7 B: Oatmeal, banana  L: Pack Lunch For ADT  D: Shepherd's Pie, mandarins	8 B: Cereal  L: Pack Lunch For ADT  D: Tuna Casserole, fresh fruit	9 B: Biscuit & Gravy Dippers, Eggs  L: Meat/Cheese Rollup, Cottage Cheese, Veggies  D: BBQ Shredded Pork, Brussel Sprouts, Pasta Salad
10 B: Bacon Egg Bites  L: Stir fry & veggies  D: Reuban Casserole, Fruit	11 B: Cheese and Sausage Frittata, Blueberries  L: Pack Lunch For ADT  D: Stuffed Peppers W/Ground beef & Rice	12 B: Cottage Cheese W/Mixed Fruit  L: Pack Lunch For ADT  D: Pizza, Salad	13 B: Yogurt with Granola and Mixed Frozen Berries  L: Pack Lunch For ADT  D: Shrimp & Cheesy Grits	14 B: Bacon & Eggs  L: Pack Lunch For ADT  D: BBQ Chicken Wings, sweet potato fries, corn	15 B: Oatmeal W/Blueberries,  L: Pack Lunch For ADT  D: Cheeseburgers, tater tots	16 B: English Muffin W/ Peanut Butter, Fruit  L: Ham sandwich, fruit cup  D: Pork Chops, Spinach, Carrots
17 B: Meat Lover's Breakfast Cups  L: Turkey Club Sandwich, Fruit  D: loaded nachos, Refried Beans	18 B: Cereal, banana  L: Pack Lunch For ADT  D: Lemon-Pepper Fish Fillets, carrots, Cauliflower	19 B: All-in-one Breakfast Burrito  L: Pack Lunch For ADT  D: Turkey burger, Cole slaw, fruit	20 B: Bacon & Egg Bites  L: Pack Lunch For ADT  D: Loaded Baked Potato	21 B: Strawberry Muffins  L: Pack Lunch For ADT  D: Shrimp Scampi, Steamed Broccoli	22 B: Cheesy Frittata, Fruit  L: Pack Lunch For ADT  D: Smothered Baked Chicken & Spinach, brown rice	23 B: Banana Mug Cake  L: Chicken Salad, Apples, Almonds & Crackers  D: Breakfast for Dinner (Pancakes & and Sausage)
24 B: Ham & Egg Omelet  L: Hot Dog, Corn , Fruit  D: Meatloaf, Mash potato Squash/Zucchini	25 B: Yogurt with Granola and Mixed Frozen Berries  L: Pack Lunch For ADT  D: Baked Spaghetti, Cheesy Garlic Bread	26 B: Sausage Patties, Scrambled Eggs  L: Pack Lunch For ADT  D: Chicken Bacon Ranch Salad, Mandarin Oranges	27 B: Blueberry Pancakes and sausage  L: Pack lunch for ADT  D: Cajun Chicken Breasts, Green Beans, Brown Rice	28 B: Sausage, Egg, Cheese Muffin  L: Pack Lunch For ADT  D: Beef tips W/ Gravy, Green Beans and Red potatoes	29 B: Strawberry Muffins with Greek Yogurt  L: Pack Lunch For ADT  D: Baked fish, beans, veggie	30 B: Cereal, Banana  L: Salad, Fruit  D: Pinto Beans, Corn Bread