

THIS IS A - <u>SAMPLE LETTER</u> - WITH POSSIBLE REQUIREMENTS FOR GYM OPENINGS. THESE ARE ONLY PROPOSED REQUIREMENTS AND THE FINAL REQUIREMENTS AND RESTRICTIONS WILL BE MANDATED BY PROVINCIAL AUTHORITIES.

May 12, 2020

Dear Club Members,

It is positive to see Ontario and the rest of Canada slowly opening up again. The challenge of COVID19 is certainly not over but your efforts are slowing the spread. Our response to this disease is an amazing testament to our resilience as a great country!

While we look forward to seeing our members online each day, we miss the great sense of community we have always had at our school.

Our National Association, WAKO Canada, has a major role on the Sport Safety advisory committee with the Ministry of Sport. We are incredibly excited to have been informed by our Association that there are concrete signs that our school will be opening in the very near future. While an exact date has not been confirmed by the Ministry we are being advised on how to prepare for our opening.

We want to assure you that we will be following strict measures to ensure our school will be as safe as possible during the opening phases of sports and recreation.

We know that everyone wants to get back to training – and we want to see everyone again! We will wait for direction from our provincial government for the green light to open our doors. Once that happens we will have new protocols that will take time to adjust too. We hope they will be put into place only for a short time while the Ministry of Health continues to monitor the situation.

Below is a list of the precautions we will be taking once we are allowed to open. Again, these will be part of the initial stage of re-opening our school.

We understand that these requirements seem very constrictive, however we value the health and safety of our members. As soon as we receive further guidance from our Minister you will be advised of any changes into our classes.

The first phase of our club opening will be a 'Enter-Train-Exit' model.



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## **Interim Club Health and Safety Requirements**

- 1. Please only attend classes if you are completely healthy.
- Please come fully changed in your training clothes (The change rooms will be closed for the time being)
- 3. There will be no use of heavy bags, pads or other club equipment (Again, this is a temporary measure)
- 4. There will be no sharing of training equipment or clothes
- 5. Water bottles are to be filled at home and not shared.
- 6. Personal items will not be permitted inside the building (school bags, laptops)
- 6. Upon entering the facility members must sanitize their hands
- 7. There will be no physical contact between members during classes
- 8. There will be no physical contact between members and coaches
- 9. All class members will have to stay 1.5 M (6 feet) apart while training
- 10. Only one bathroom will be open and will be cleaned after each class
- 11. No spectators (except parents/guardians) can wait for members in the building.
- 12. There will be no training allowed outside of specific class times.
- 13. Classes duration will be reduced in time to sanitize the floors/surface areas

We are so excited to see everyone again - even if it is from a safe distance to begin with! While these measures may seem extreme – it is extreme measures that will help combat the spread of COVID19 and finally get our club and country back on track!



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