

Nutritional Information
O.B. MACARONI COMPANY

ALL TRADITIONAL PASTA PRODUCTS

Nutrition Facts

Serving Size: 2 oz (56g) Dry

Amount per Serving

Calories 210 **Calories From Fat** 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg** **0%**

Total Carbohydrate 42g **14%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 7g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 10%

Thiamin 30% Riboflavin 10%

Niacin 15% Folate 25%

*Percent daily values are base on a 2,000 calorie diet.
 Your daily values may be higher or lower depending on
 your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbohydrate 4 Protein 4

DECLARATION BY O.B. MACARONI OF INGREDIENTS

Durum Wheat Semolina Flour, Niacin, Ferrous Sulfate,
 Thiamin Mononitrate, Riboflavin, and Folic Acid.

ALLERGEN STATEMENT: WHEAT PRODUCT - MAY CONTAIN TRACES OF EGG

Nutritional Information
O.B. MACARONI COMPANY

ALL TRI COLOR PRODUCTS

Nutrition Facts

Serving Size: 2 oz (56g) Dry

Amount per Serving

Calories 210

Calories From Fat 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg** **0%**

Total Carbohydrate 42g **14%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 7g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 10%

Thiamin 30%

Riboflavin 10%

Niacin 15%

Folate 25%

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Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbohydrate 4 Protein 4

DECLARATION BY O.B. MACARONI OF INGREDIENTS

Durum Wheat Semolina Flour, Dried Tomato, Dehydrated Spinach, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, & Folic Acid.

ALLERGEN STATEMENT: WHEAT PRODUCT - MAY CONTAIN TRACES OF EGG

Nutritional Information
O.B. MACARONI COMPANY

ALL EGG NOODLES

Nutrition Facts

Serving Size: 2 oz (56g) Dry

Amount per Serving

Calories 219 **Calories From Fat** 23

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 8mg** **1%**

Total Carbohydrate 40g **13%**

Dietary Fiber 2g **8%**

Sugars 1.1g

Protein 8g

Vitamin A 8% Vitamin C 0%

Calcium 2% Iron 13%

Thiamin 30% Riboflavin 10%

Niacin 15% Folate 30%

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Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbohydrate 4 Protein 4

DECLARATION BY O.B. MACARONI OF INGREDIENTS

Durum Wheat Semolina Flour, Whole Eggs, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, & Folic Acid.

ALLERGEN STATEMENT: CONTAINS WHEAT AND EGG

Nutritional Information
O.B. MACARONI COMPANY

ALL 51% WHOLE GRAIN PRODUCTS

Nutrition Facts			
Serving Size: 2 oz (56g) Dry			
Amount per Serving			
Calories 200	Calories From Fat 15		
			% Daily Value*
Total Fat 1.5g			2%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 0mg**			0%
Total Carbohydrate 42g			14%
Dietary Fiber 6g			24%
Sugars 2g			
Protein 7g			
Vitamin A 0%			Vitamin C 0%
Calcium 0%			Iron 8%
*Percent daily values are base on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
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Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate 4	Protein 4

DECLARATION BY O.B. MACARONI OF INGREDIENTS

Whole Wheat Durum Flour, Semolina, Durum Wheat Flour, Oat Fiber

ALLERGEN STATEMENT: WHEAT PRODUCT - MAY CONTAIN TRACES OF EGG

Nutritional Information
O.B. MACARONI COMPANY

ALL WHOLE WHEAT PRODUCTS

Nutrition Facts							
Serving Size: 2 oz (56g) Dry							
Amount per Serving							
Calories 180	Calories From Fat 10						
% Daily Value*							
Total Fat 1g			2%				
Saturated Fat 0g			0%				
Trans Fat 0g							
Cholesterol 0mg			0%				
Sodium 0mg**			0%				
Total Carbohydrate 41g			14%				
Dietary Fiber 6g			24%				
Sugars 2g							
Protein 7g							
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; padding: 0 10px;">Vitamin A 0%</td> <td style="width: 50%; padding: 0 10px;">Vitamin C 0%</td> </tr> <tr> <td style="padding: 0 10px;">Calcium 0%</td> <td style="padding: 0 10px;">Iron 10%</td> </tr> </table>				Vitamin A 0%	Vitamin C 0%	Calcium 0%	Iron 10%
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Total Carbohydrate		300mg	375mg				
Dietary Fiber		25g	30g				
Calories per gram:							
Fat	9	Carbohydrate	4				
		Protein	4				

DECLARATION BY O.B. MACARONI OF INGREDIENTS

WHOLE DURUM WHEAT FLOUR, NIACIN, IRON, (FERROUS SULFATE) FOLIC ACID, THIAMINE MONONTRATE, ROBINFLAVIN.

ALLERGEN STATEMENT: WHEAT PRODUCT - MAY CONTAIN TRACES OF EGG