12th Annual Jeff Shiff Run the Res
September 18th, 2022
Fostoria, Ohio
5K and 10K Run/Walk and Kids Fun Run
All proceeds to benefit Fostoria Community Cancer Center

Parking will be available at Fostoria Water Park and City Park
(Event Parking Signs)
Registration will be at the shelter house at the City Park

Entry Information
Pre-Registration before September 5th, 2022
5K and 10K: $30.00 Pre-Registered with soft cotton t-shirt *(shirt guaranteed)*

$35.00 Register Day of Race
(shirt not guaranteed)

For complete information, questions and to sign up online visit:
runtheres.org
Contact us at: info@runtheres.org

Start Times:
9:00 to 10:45 p.m.: Registration and Packet Pick-Up
10:00 a.m.: Kids Fun Run
11:00 a.m.: 10K and 5K
**** Competitive Chip Timing will be used !!****

Kid's Fun Run: *400 Yards: Ages 3 to 9*
(All participants will receive a ribbon)
$15.00 Pre-Registered *(shirt guaranteed)*
$20.00 Register Day of Race
(shirt not guaranteed)

Official Entry Form for Run the Res
(Please complete all fields)

Name: _____
(*First*) (*Last*)
Address: _____
City: _____ **State**: _____ **Zip**: _____
Phone: _____ **Age** *(on day of race)*: _____ **Gender**: **M** or **F**
Email: _____

Shirt Size: Adult Soft T-shirt: S ☐ M ☐ L ☐ XL☐ (XXL☐ XXXL☐ please add $3.00)
Child's T-shirt: S ☐ M ☐ L ☐ XL☐

Race you are participating in:
☐ Kids Fun Run ☐ 10K ☐ 5K

We will not send shirt or refund money to participants that register and then decide not to participate

Wavier: In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, and assigns waive and release any and all claims for damages including consequential, I may have against the City of Fostoria, the sponsors, the race committee, race officials, and their representatives, successors and assigns for any and all injuries suffered by me or my child athlete at this race. I certify that the athlete has trained sufficiently to participate in this race. I also give permission for the free use of my name and picture in any broadcast, telecast, website or print media account of this event.

_____ _____
Signature Date

_____ _____
Signature of guardian if participant is under 18 Date

Send Entry and Make Checks Payable:
Susie Shiff: C/O Fifth Third Bank | 220 Perry Street, Fostoria, Ohio 44830