

11th Annual Jeff Shiff Run the Res

September 19th, 2021

Fostoria, Ohio

5K and 10K Run/Walk and Kids Fun Run

All proceeds to benefit Fostoria Community Cancer Center

Parking will be available at Fostoria Water Park and City Park

(Event Parking Signs)

Registration will be at the shelter house at the City Park

12:00 to 1:45 p.m.: Registration and Packet Pick-Up

1:00 p.m.: Kids Fun Run

2:00 p.m.: 10K and 5K

**** Competitive Chip Timing will be used !!****

Kid's Fun Run: 400 Yards: Ages 3 to 9

(All participants will receive a ribbon)

\$10.00 Pre-Registered *(shirt guaranteed)*

\$15.00 Register Day of Race

(shirt not guaranteed)

Entry Information

Pre-Registration before September 5, 2021

5K and 10K: \$25.00 Pre-Registered with soft cotton t-shirt *(shirt guaranteed)*

\$30.00 Register Day of Race
(shirt not guaranteed)

For complete information, questions and to sign up

online visit:

runtheres.org

Contact us at: info@runtheres.org

Start Times:

Official Entry Form for Run the Res *(Please complete all fields)*

Name: _____
(First) (Last)

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age *(on day of race)*: _____ Gender: M or F

Email: _____

Shirt Size:

Adult Soft T-shirt: S M L XL (XXL XXXL please add \$3.00)

Child's T-shirt: S M L XL

Race you are participating in:

Kids Fun Run

10K

5K

****We will not send shirt or refund money to participants that register and then decide not to participate****

Wavier: In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, and assigns waive and release any and all claims for damages including consequential, I may have against the City of Fostoria, he sponsors, the race committee, race officials, and their representatives, successors and assigns for any and all injuries suffered by me or my child athlete at this race. I certify that the athlete has trained sufficiently to participate in this race. I also give permission for the free use of my name and picture in any broadcast, telecast, website or print media account of this event.

Signature

Date

Signature of guardian if participant is under 18

Date

Send Entry and Make Checks Payable:

Susie Shiff: C/O Fifth Third Bank

220 Perry Street, Fostoria, Ohio 44830