

Gender Life Coach

The Purpose

As your Gender Life Coach, I am a guide for your journey of personal discovery. You will:

- Expand your perspectives on gender and be more confident in knowing your own identity.
- Step beyond previously held fears and express yourself appropriately.
- Apply this knowledge to your life and manage the changes successfully.

The Environment

As an established authority, I can advise and deliver ongoing supports with a focus on results. During my coaching sessions, the atmosphere will be:

- Safe, respectful, and sensitive. Also motivational and structured.
- Interactive and flexible to individual needs.
- Based on sound educational practices and relying on up-to-date information.

The Outcomes

Through our coaching sessions, together, we will clarify your goals, and I will support you in achieving that needed breakthrough. You will:

- Approach life with a positive and affirming balance. Renew yourself with an appreciation for inclusivity
- Broaden your views on gender norms, equality, and diversity. Open your mind to innovative ways of thinking.
- Personally and professionally focus on increased sensitivity, self-awareness and improving your relationships with others.

The Costs

During our initial consultation, we will try to understand your objectives. Then my coaching services as required would follow. Costs are:

- One-time consultation fee \$100.00 an hour.
- I also provide a seven-session coaching package at a value of \$500.00.
- Or full-time monthly support, as an advisor and accountability partner, for \$1000.00.

The Contact

Here is what you should do:

- Schedule a personal coaching session.
- Through email: contact@staceypiercey.ca
- Or by phone: 709-276-0891

