Arugula Salad with Lemon Dressing



This salad sounds simple, but the flavors meld together perfectly, making it a go-to recipe.

*Source: Everyday Food, January/February 2005*

15 mins15 mins4

TOTAL TIMEPREPSERVINGS

INGREDIENTS

* juice of 1 lemon
* 2 tablespoons olive oil
* 1/4 teaspoon ground pepper
* 1 pound (2 to 3 bunches) arugula
* 2 ounces Parmesan cheese

DIRECTIONS

1. 1. In a small jar or bowl, combine lemon zest and juice with olive oil, coarse salt, and ground pepper; shake or whisk to combine.
2. 2. Wash arugula and remove stems; place leaves in a large bowl. With a vegetable peeler, shave Parmesan cheese over arugula; toss with dressing. Garnish with more grated zest, if desired.