# Education

Ph.D. Marriage and Family Therapy

 *Nova Southeastern University, Fall 2018 - Present*

M.S. Counseling Psychology

 *Lynn University, 2014-2016*

B.S. Psychology, Minor in Cognitive Science

 *University of Central Florida, 2001-2005*

# Professional Experience

|  |  |  |
| --- | --- | --- |
| * Student Intern, Catholic Hospice at Holy Cross Hospital, Ft. Lauderdale, FL
	+ Medical Family therapy with patients and families admitted to the Inpatient Care Unit.
	+ Grief and bereavement counseling with families of patients on the unit.
	+ Provide support to medical staff during difficult cases or in response to other form of stressor.
* Adaptive Connection Consultants, Ft. Lauderdale, FL
	+ Co-Founder, Therapist, and Editor.
	+ Therapy services, Clinical Trainings, Workshops.
* Staff Therapist, SunServe Youth, Ft. Lauderdale, FL
* Individual and family therapy with LGBTQ youth.
* Assessment and diagnosis of gender dysphoria, writing WPATH letters for HRT.
* Co-facilitation of Different Drummer Family Support Group, for gender nonconforming children ages 3-11 and their parents.
* Student Intern, SunServe, Wilton Manors, FL
* Individual therapy with LGBTQ community.
* Assessment and diagnosis of gender dysphoria, writing WPATH letters for HRT and SRS.
* Co-facilitation of SOFFA support group, for significant others, family, friends, and allies of transgender individuals.
 |  | June 2021 – May 2022November 2018 - PresentJan 2017 – Dec 2018Sept 2015 – January 2017 |
| * Brain Trainer, LearningRx, Boca Raton, FL
* Provided cognitive training with adolescent students.
* Recurrent assessment of skills to monitor improvement.
 |  | November 2011 – July 2013 |
| * Intake Coordinator, The Renfrew Center, Coconut Creek, FL
* Facilitated patient admission to Residential, PHP, IOP, and OP levels of care.
* Explanation of insurance coverage and negotiating financial contracts with families.
* Co-facilitated and coordinated transition to electronic medical records.
 |  | December 2006 – July 2009 |

# Presentations

|  |  |  |
| --- | --- | --- |
| * LGBTQIA+ Competent Clinical Care, Center for Child Counseling of Palm Beach County
* Covid 19: The Impact on Our Mental Health, United Way Behavioral Health Conference Virtual Edition
* Burnout Recognition, Prevention, and Compassion Fatigue, Center for Child Counseling of Palm Beach County
* Clinical Care with LGBTQ Youth and Families, Center for Child Counseling of Palm Beach County
* Gender Equality, Leon County Title 1 Schools Conference: Impact the Outcome
* Caring for Gender Non-Conforming and Transgender Youth, 2018 Broward County Children’s Behavioral Health Resource Fair
* Caring for Gender Non-Conforming and Transgender Youth, Southern Comfort Transgender Medical Care Conference
* Effective Clinical Care: Therapist Perspective on Working with Transgender Youth, United Way Behavioral Health Conference
* ChildNet LGBT Presentation, New Case Manager Training
 |  |  January 2022June 2021December 2019October 2019June 2019October 2018September 2018May 2018March 2017 |
|  |  |  |

# Professional Development

|  |  |  |
| --- | --- | --- |
| * Nova Southeastern University’s Relational Suicide Assessment Training
* EMDR Level 2 Training, Humanitarian Assistance Programs
* Pediatric First Aid, CPR, and AED certification
* EMDR Level 1 Training, Humanitarian Assistance Programs
* International Committee of Adlerian Summer Schools and Institutes (ICASSI)
* FAU’s Cognitive Behavioral Therapist Training
* Neurobiology of Trauma and Grief
* Ethics and Boundaries, Children’s Services Council
* Motivational Interviewing Skills, Children’s Services Council
 |  | November 2019December 2018September 2018September 2018Summer 2018May 2018May 2018April 2018February 2018 |
| * Trauma Focused CBT Training, National Youth Advocate Program
 |  | June 2017 |
| * Broward County Suicide Prevention Training
 |  | March 2017 |
| * Broward County School Board New Clinician Training
 |  | March 2017 |
| * Florida Institute for Group Supervision
 |  | 2016-2017 |
| * International Committee of Adlerian Summer Schools and Institutes (ICASSI)
* Hypnosis Certification Training (50 hours), Omni Hypnosis Training Center, Fort Lauderdale, FL
 |  | Summer 2016 January 2015 |

# Affiliations/Memberships

|  |  |  |
| --- | --- | --- |
| * American Association for Marriage and Family Therapy
* National Alliance on Mental Illness
 |  | 2018 - present2018 - present |
| * American Counseling Association
 |  | 2015 - present |
|  |  |  |

# Interests

Specific trauma and disaster relief training with the goal of registry with the American Red Cross and the ACA as a disaster relief mental health volunteer.

Animal assisted therapy and Equine therapy.

# Experience

eCR system competent.

Proficient in all Microsoft Office applications.

Trained and proficient in WPATH guidelines and standards.

Writing of grant proposal and receipt of grant from Broward County, FL.

Editing services include Ph.D. dissertations, academic writing, and professional writing.