**Krista E. Moreno, M.A. Registered Marriage &**

**Family Therapist Intern**

4770 SW 39th Avenue

Fort Lauderdale, FL 33312

*Phone:* 970-449-2845

*Email:* krista.moreno7@gmail.com

***Licenses & Affiliations***

AAMFT Pre-Clinical Fellow*October 2019*

FL Registered Marriage & Family Therapist Intern #3238*November 2019*

Collaborative Family Healthcare Association Student Member*November 2019*

Phi Kappa Phi Honor Society Member*January 2020*

Delta Kappa Omicron Honor Society Member*March 2020*

***Education***

**Nova Southeastern University** August 2018 - Present

Ph.D. Family Therapy *3.95 GPA*

Family Systems Healthcare Concentration

Estimated Graduation: Summer 2022

**Liberty University** September 2017 - May 2018

*Graduate with High Distinction 4.0 GPA*

M.A. Human Services Counseling, Marriage & Family

Graduation: May 2018

**Columbia International University** January 2015 - April 2017

M.A. Counseling *3.9 GPA*

Graduation: Transferred Schools

**University of Miami** August 2004 - December 2007

B.A. Psychology *3.0 GPA*

Graduation: December 2007

***Experience***

**Brief Therapy Institute**

Doctoral Internship (January 2019 – present)

Nova Southeastern University, Fort Lauderdale, FL

• Provision of evidence-based and systemic therapy to couples, families, and individuals

• Supervision and peer consultation

• Attendance to ethical, legal, and diversity issues

• Diverse caseload

• Utilization of two-way mirror for immediate case reflections & feedback

• Development and management of treatment plans, case notes, and client-requested documentation

**Winzai Amadi Counseling**

Behavioral Specialist (October 2017 – May 2018)

Duncan, SC

* Designed and implemented group therapy for children ages five through thirteen
* Facilitated Solution Focused and Cognitive Behavior Therapy to youth, families, and adult clients diagnosed with various mental health disorders
* Utilized mindfulness techniques
* Worked with families experiencing high conflict and socioeconomic hardships
* Assisted clients in strength building, emotional regulation, coping skills, self-esteem, assertiveness, communication, grief processing, and relationship building
* Developed, updated, and managed progress notes and treatment plans
* Engaged in supervision and case conferences with the supervisor and lead therapist

**Winzai Amadi Counseling**

Master’s Level Internship(January 2017 – April 2017)

Duncan, SC

* Observed and assisted in group therapy for children ages five through thirteen
* Provided co-therapy to children and families diagnosed with various mental health disorders
* Utilized mindfulness techniques
* Worked with families experiencing high conflict and socioeconomic hardships
* Researched therapeutic treatment options and techniques
* Wrote progress notes, observed intake sessions, and reviewed client files and treatment plans
* Participated in group and individual supervision
* Engaged in case conferences and staff meetings with associated therapists

**Columbia International University PEP Program**

Master’s Level Internship(January 2017 – April 2017)

Columbia, SC

* Counseled students with academic as well as personal issues
* Utilized Solution-Focused Brief Therapies and mindfulness practices
* Performed initial intake and mental status exam
* Developed and updated client records, treatment plans, and completed progress notes
* Utilized ORS and SRS for client assessment between sessions and feedback
* Set and tracked client-determined goals
* Psychoeducation on anxiety management, healthy boundaries, and communication skills
* Participated in group and individual supervision

**Visions of Greatness**

Family Support Specialist(July 2015 – January 2016)

Greenville, SC

* Counseled families experiencing high conflict and socioeconomic hardships
* Provided psychoeducation on coping and communication skills as well as crisis management
* Connected families to support networks
* Completed incidence reports and daily service notes

**United States Air Force**

Unit Training Manager (June 2012 – August 2014)

Holloman Air Force Base, NM

* As an E-4 held position of Squadron Unit Training Manager reserved for ranks E-6 and above
* In-briefed newly stationed personnel and added them to the squadron systems
* Supervised over 100 personnel in training
* Briefed the Squadron Commander on the status of each trainee’s progress monthly
* Managed over 3,000 Unit ancillary training events
* Monthly data compilation and tracking
* Managed training materials and testing dates
* Monitored time-sensitive completion of trainee’s required knowledge items
* Organized and conducted quarterly training meetings with appointed training monitors
* Conducted inspections on each sections’ training program
* Ensured each sections training compliance with Air Force standards and regulations

**United States Air Force**

Air Traffic Control Apprentice(December 2010 – June 2012)

Lackland Air Force Base, TX

Keesler Air Force Base, MS

Holloman Air Force Base, NM

* Learned basic airmen skills and knowledge
* Received training as radar and tower air traffic control
* Achieved 100 percent on CTO test for ATC
* Ensured safe airfield operations of military and civilian aircraft and vehicles
* Confirmed and relayed active use of radios within the controlled movement area
* Provided directions to aircraft and vehicles and ensured regulation compliance
* Passed flight information to consequent positions and ensured timely receipt
* Passed important time-sensitive weather information to aircraft involved
* Conducted Air Traffic Control (ATC) publications review
* Flight recognized as the Headquarters/Air Combat Command ATC Complex of the Year for 2011
* Awarded competitive early promotion as Senior Airman Below the Zone
* As an E-3 held an E-5 instructor position for Air Traffic Control apprentices

**Larimer Center for Mental Health**

Specialized Foster Care Provider(April 2010 – December 2010)

Loveland, CO

* Counseled at-risk youth in a specialized foster care environment
* Provided psychoeducation on life skills and coping methods
* Organized recreational activities to build relationships and trust
* Provided respite and relief for specialized foster parents
* Transported and accompanied youth and families at court hearings and therapy appointments upon request
* Discussed assessed behavioral issues and appropriate counteractions with the therapeutic team

**Griffith Centers for Children**

Youth Treatment Counselor(December 2009 – April 2010)

Larkspur/Colorado Springs, CO

* Residential youth treatment counselor for at-risk youth
* Therapeutic crises management
* Supervised and executed accountability and skills development groups
* Organized and provided youth with recreational trust and relationship building activities
* Ensured the safety of residents
* Medication administration

***Skills, Strengths, & Trainings***

*Leadership Management Supervision Organization Positive Worldview*

*Instruction Respectful Reflective Growth-oriented Compassionate*

**Worked with:** at-risk youth **Experience in:** Microsoft Office

social workers Sharepoint

family courts SPSS

treatment teams PCOMS

children & families

high conflict families

families with socioeconomic hardships

couples

veterans & families

students

grief and loss in older adults

**Trained in:** Systems Theory Bowen Family Systems Therapy

Biopsychosocial Spiritual Model Narrative Therapy

Solution-Focused Brief Therapy Family Systems Healthcare

professional & legal ethics grief and loss

group therapy quantitative research

integrating spirituality & counseling human growth & development

statistics and program evaluation substance abuse

DSM IV’s multiaxial system DSM 5

Mini Mental Status Exam Biopsychosocial assessment

Young’s Schemas Adult Loss Inventory

Group Design Proposals Genograms

Highland’s Ability Battery

gender orientation & human sexuality

couples, premarital, & marital counseling

counseling children, adolescents, & their families

multicultural counseling, diversity, & psychosocial issues

psychopathology, diagnostics, & assessments

***Certificates***

Telehealth Counseling Nova Southeastern University *2020*

Basic Life Support (BLS) Red Cross *2020*

CITI Program Training Nova Southeastern University *2020*

Children’s Functional Assessment Rating Scale (CFARS) FL Dept of Children and Families *2019*

Functional Assessment Rating Scale (FARS) FL Dept of Children and Families *2019*

HIPAA Training Nova Southeastern University *2019*

Relational Suicide Assessment Nova Southeastern University *2018*

360 Degrees of Leadership Training John C. Maxwell *2014*

Self-Aide Buddy Care U.S. Air Force *2014*

Developing the Leader Within You Training John C. Maxwell *2013*

Sexual Assault Prevention and Response Training U.S. Air Force *2014*

Bystander Intervention Training U.S. Air Force *2012*

Resilience Familiarization Training U.S. Air Force *2013*

Suicide Prevention Training U.S. Air Force *2014*

Therapeutic Crisis Intervention Training Griffith Centers for Children *2010*

Qualified Medication Administration Personnel Training Griffith Centers for Children *2010*

***Presentations***

**21st Canadian Collaborative Mental Health Care Conference** *Postponed* Below the Surface: The Experience of Contested Chronic Illnesses and the Effectiveness of Collaborative Work with Medical Family Therapy

**The Family Room Wellness Associates** *January 2020*

The “Invisible” Illnesses: Experiences in Grief

***Research Interests***

Resiliency and the Biopsychosocial Spiritual Model

Contested Chronic Illnesses and Medical Family Therapy

Disenfranchised grief and ambiguous loss

Mindfulness and resiliency

Relational systems and group works’ effect on resiliency

Posttraumatic Growth

***REFERENCES AVAILABLE UPON REQUEST***