SHIR BENSUSAN, MS – FAMILY AND COUPLE THERAPIST

P: 954-849-5188 E: <u>shirnissan@icloud.com</u> SUNNY ISLES BEACH, FL 33160



EDUCATION

Nova Southeastern University

Master in Marriage and Family Therapy (2018-2021)

- Trained for relational suicide assessment for teens and adults
- Special training with diversity and cultural issues
- Trained in group psychotherapy

Hebrew University of Jerusalem, Israel

B.Sc., Nutrition - (2008-2010)

SPECIAL SKILLS

- Fluent in Hebrew and English, speaking proficiency in Spanish
- Veteran of Israeli Defense Forces Inspector of Air Force command room (2005 2007)

PROFESSIONAL TRAINING

- Substance abuse and trauma treatment experience
- Trained and experienced in solution focused brief therapy
- Facilitator of Collaborative Divorce Pro Bono Veterans Project

CLINICAL EXPERIENCE

The Family Network, Inc., Private Practice

Veterans Collaborative Divorce Facilitator – (August 2019 – Current)

- Assisting veterans and their spouses in a transition to divorce, settling their disputes without resort to litigation, and establishing an atmosphere of neutrality
- Supporting the emotional, communication, and parenting components of the divorce
- Developing and writing parenting plans and agendas for team meetings with the partners, attorneys, and financial professional

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Broward Outreach Center, Homeless Shelter

Behavioral Therapist Intern – (January 2021 – May 2021)

- Providing therapy services, trauma care and homeless prevention to families and individuals
- Conducting crisis intervention, assessment, and individual therapy for at risk children and teens
- Maintaining documentation and treatment plans including biopsychosocial evaluations
- Assessing and diagnosing conditions according to DSM-5

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Promise Program, Broward County School District

Counselor - Pine Ridge Alternative Center – (July 2020 – January 2021)

- Providing supportive counseling and parent education to parents; making recommendations to teachers and guidance counselors
- Intervening in situations involving past trauma, present suicidality, substance abuse, and violent behavior
- Writing extensive follow up recommendations and providing case management, including referrals to outside agencies
- The Promise Program has reduced recidivism from 50 percent to 8 percent in our target population

Brief Therapy Institute, Nova Southeastern University

Intern Family Therapist – (Jan 2019- Apr 2019 & May 2020- Jul 2020)

- Facilitated group therapy through E-therapy
- Observed and conceptualized individual and group therapy cases online
- Provided individual, couple, and family therapy in situations involving diagnoses of Parental Alienation Syndrome, Social Anxiety Disorder, Borderline Personality Disorder

Holistic Recovery Centers, Miami FL

Intake Coordinator - (February 2016 - January 2017)

- Performing intake assessment, ensuring that the intake and support services meet contract requirements
- Facilitating a motivational and welcoming environment and assisting clients with insurance coordination of benefits

PRIOR WORK EXPERIENCE

Costa Hollywood Condo Resort, Hollywood FL

Client Relation Manager – (Jan 2017-Apr 2019)

Ritz Carlton Hotel, Bal Harbour, FL

Guest Relation Coordinator – (Mar 2012-Mar 2014)

Hilton Tel Aviv, Tel Aviv, Israel

Guest Relation and Hilton Honors Supervisor - (Apr 2007-Sep 2011)

Recommendations will be provided upon request