



# TATTOO AFTERCARE

**Congratulations, you have just received a new tattoo from Mountain Coast Ink!**

In order for your new tattoo to heal in the best possible manner, we recommend you follow **ONLY** these instructions.

1. **Leave the bandage alone until you are home.** The protective layer of skin has been removed and the tattooed area is an open wound.
2. After 2-3 hours, **wash your hands thoroughly**, then remove the bandage gently. **Wash your tattoo with warm water and fragrance-free antibacterial soap.** Do not re-bandage afterward.
3. **Three times a day for the next 3 days**, apply a thin layer of Aquaphor, Bactrim, or Tattoo Lovers Care Salve. Do not use more than a slight film or your skin will not be able to breathe and heal properly. **After 3 days, change to a non-scented lotion** like Lubriderm or Eucerin until the skin returns to its pre-tattoo condition.
4. **Stay out of sunlight** and tanning booths until the tattoo is healed (7-10 days). If you do have to go in the sunlight, try to keep it covered or **use sunscreen** with at least SPF25 to protect it. Extreme sun and exposure over the years can and will fade your tattoo.
5. **Do not soak the tattoo** in a tub, sauna, jacuzzi or go swimming while your tattoo is healing (7-10 days). Showers are fine.
6. **Use clean bed linens and bath towels** throughout the tattoo healing process (7-10 days).
7. **Consult your physician** if you are having an adverse reaction to the tattoo during the healing process (i.e. allergic reaction, swelling, infection, illness or disease).

## CONTACT US WITH ANY QUESTIONS!

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