

# Written Goals

## Your Success Measuring Tool

### Your Healthy Body Challenge Goal

#### Examples:

I am taking the Healthy Body Challenge. My goal is to...

- Protect myself from sickness and disease so I can live a longer, healthier, happier life
- Lose 15 pounds in the next 30 days
- Lower my score in Category 2 of the *90 Day Health Evaluation*

**Write your Healthy Body Challenge goal here.**

---

---

---

### Your Youngevity Financial Goals

- I understand and possess the 5 Master Keys To Success. (Found on the EasyAs.Biz web site)**

I will achieve the rank of \_\_\_\_\_ by \_\_\_\_\_.

I can realistically see myself receiving a YGY commission check of \_\_\_\_\_ per month.

I believe I will achieve this goal by \_\_\_\_\_.

I will dedicate at least \_\_\_\_\_ hours each week toward achieving this goal.

I will share the 90 For Life message (the *Pathway to Freedom* Video) with at least \_\_\_\_\_ people per \_\_\_\_\_.

I will consistently work my action plan for a minimum of \_\_\_\_\_.

### My Biggest Reason WHY

What is your preeminent purpose? What drives you? Why do you want to achieve these goals? Dig deep and be specific.

My Accountability Partner/Coach is \_\_\_\_\_. If I should begin to waiver in my desire, my belief, my commitment, my action plan, or my consistency, I want my Coach to hold me accountable for achieving my goals.

- I will attend the next YGY National Convention.**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please share a copy with your Accountability Partner/Coach.