

WE ARE AN OFFICIAL
LOCATION FOR

DANCE@
DAVINGJ



CELEBRATING 25YRS
IN WINSTON HILLS

INFORMATION
PACK

2024



TIMETABLE



WEDNESDAYS

9:30AM-10AM - READY SET MOVE

10AM-11:15AM - READY SET DANCE & ACRO

THURSDAYS

3:45PM-5PM - READY SET DANCE & ACRO

FRIDAYS

3:45PM-4:30PM - READY SET DANCE

SATURDAYS

8:45AM-10AM - READY SET DANCE LEVEL 1 & BALLET

10AM-11:15AM READY SET ACRO & READY SET DANCE LEVEL 2



TERM DATES

The calendar for dancing follows the
NSW Public school calendar.

LEVELS
LEVEL 1 - AGES 2-3YRS
LEVEL 2 - AGES 4-6YRS

DAVIN GRIFFITHS-JONES
PERFORMING ARTS
7 REBECCA PDE WINSTON HILLS
PH: 0452147561





FAQ'S



Can I watch my child's classes?

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

Are your teacher's qualified?

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts. READY SET DANCE teachers are required to gain their accreditation from READY SET DANCE head office before delivering the program.

Do we need to purchase uniform and shoes?

Students must wear the READY SET DANCE uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official READY SET DANCE uniform at reception which we are sure you will love.

What is Performance Day?

Performance day is where parents get to view their child dance as an audience in a professional setting. It's a chance for your child to begin their first step to working on their performance skills.

If we miss a class can it be made up on another day of the week?

You may swap days during Terms 1, 2 and 3 if you miss a class (as long as the make up class is not full). In term 4, each class works on a different routine for the end-of-year concert, and it is too confusing for students to be swapping days. We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

How can I experience READY SET DANCE at home?

You can catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.



COORDINATION

The carefully sequenced and playful program develops physical **COORDINATION**, the **COORDINATION** of the senses, the coordination of mental processes and language and the **COORDINATION** of social connections.



CONFIDENCE

Regular and sustained participation in **READY SET DANCE** classes helps children to develop their **CONFIDENCE** as they try new things, practice and consolidate existing skills and experience success and mastery.



CREATIVITY

Children are encouraged to use their **IMAGINATIONS**, to think divergently and to explore their own **CREATIVE** responses to the invitations within dance, music and drama.





OUR PROGRAMS



READY SET DANCE is a one hour combo class of JAZZ, TAP, HIP HOP, SINGING and MUSIC. Designed for both boys and girls, the program focuses on teaching the fundamentals of dance while developing confidence, coordination and creativity in a professional and safe environment.

JAZZ - Develop muscle strength, control and balance and achieve coordination milestones like skipping before going to school.

HIP HOP - Bust out some ice cold moves just like FREEZE to our original hip hop tracks.

MUSIC - Develop the musical ear, dynamics and tempo while having fun with instruments and the parachute.

SINGING - Sing like TWIRL and build confidence singing on the microphone.

TAP - Learn the fundamentals of tap in a playful and creative way splashing in puddles and shuffling like a penguin.

All these ingredients together create a super hour of fun!



READY SET BALLET is 30 minute magical ballet experience for 2- 5 year olds where they learn the fundamentals of classical ballet.

MUSIC - Engage in specifically designed music that captures the beauty of classical ballet

CURRICULUM - Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

MIME - Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

THEMED DANCES - Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

PROPS - Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.

**CONFIDENCE,
COORDINATION
AND
CREATIVITY.**



STRETCH, STRENGTH AND SKILLS.

Ready Set Acro is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development. The program is developed with original music with lyric cues and focuses on three key components: Stretch, Strength, and Skills.

Led by FLEXY, the Giraffe, the STRETCH component incorporates age-appropriate exercises to enhance flexibility and mobility, through movements like splits and backbends. The STRENGTH aspect, guided by BRIDGIE, the Elephant, builds physical strength and control through fun and safe exercises that help little dancers perform moves with power. FLIPPY, the Penguin, leads the skills portion, developing a range of acrobatic movements, from basic poses and balances, to more complex hand stands and cartwheels whilst always working at an appropriate level for their skill and experience.

The guided training and structured approach allows instructors to successfully conduct a dynamic and engaging preschool acrobatics class that not only promotes holistic developmental milestones but teaches a range of exciting AcroDance Skills.



READY SET MOVE is a creative movement and music class for toddlers from walking to 3 years of age, and their grown up. The class consists of 3 sections - ENGAGE, EXPLORE AND EXPRESS.

The ENGAGE section is a playful exploration of music, nursery rhymes, lap play and parachute fun.

The EXPLORE section is set up as a circuit around the room with obstacles like stepping stones, tunnels and sensory activities designed to encourage investigation and build coordination skills.

The EXPRESS section of the class involves free dance movement which develops creativity with instruments, feathers and bubbles.

Participating in READY SET MOVE with the support of a grown up can make a significant contribution to play, development and learning. So come and bounce like a bunny, be slow like a sloth and create memories with your special little mover.



FEES & UNIFORMS

PRICES

READY SET DANCE & ACRO	1hr15min	\$25
READY SET DANCE & BALLET	1hr15min	\$25
READY SET DANCE	45min	\$19.90
Enrolment Fee		\$30

Please Note: All prices are inclusive of GST and classes are invoiced by the Term

UNIFORM

A nominal \$10 costume fee will be added to your term fees, contributing to the enchanting dance costume you'll wear for our year-end dance celebration. Please note that this fee is mandatory for all participants, whether or not you choose to perform. The costume hire fee typically amounts to under \$40, ensuring an affordable and magical experience for everyone involved.

All READY SET DANCE and READY SET BALLET students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be ordered at reception.



TUTU FRILL DRESS



CROSS OVER



T SHIRT



JACKET



BALLET TULLE SKIRT



STOCKINGS



HAIR ACCESSORIES



SOCKS