

6 SIMPLE QUESTIONS FOR SELF REFLECTION ON SELF-ADVOCACY

01

What do I know about my child that no one else knows?



02

What are my biggest fears about advocating for my child?



03

What would I want my child's teacher to understand about them?



04

What is one small step I could take this week to better advocate for my child?



05

Who can I reach out to for support and/or advice?



06

What is working well in my child's current situation that I should acknowledge?



ACE Resources
ADVOCATE, CONSULT, EMPOWER