

# Child Profile Template: Beyond the Diagnosis

*A comprehensive guide to seeing your child as a whole person*

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## Part 1: The Whole Child

### Basic Information

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Date Completed: \_\_\_\_\_ Completed by: \_\_\_\_\_

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## Part 2: Personality & Character

### Core Personality Traits

*Check all that apply and add details:*

- ☐ **Curious** - What are they most curious about? \_\_\_\_\_
- ☐ **Determined** - When do you see their persistence? \_\_\_\_\_
- ☐ **Gentle** - How do they show kindness? \_\_\_\_\_
- ☐ **Funny** - What makes them laugh? \_\_\_\_\_
- ☐ **Adventurous** - What new things do they enjoy trying? \_\_\_\_\_
- ☐ **Cautious** - When are they thoughtfully careful? \_\_\_\_\_
- ☐ **Creative** - How do they express creativity? \_\_\_\_\_
- ☐ **Social** - How do they connect with others? \_\_\_\_\_
- ☐ **Independent** - Where do they prefer to do things their way? \_\_\_\_\_
- ☐ **Empathetic** - How do they show care for others? \_\_\_\_\_

## Unique Characteristics

Three words that best describe my child: \_\_\_\_\_

If my child were a character in a story, they would be: \_\_\_\_\_

The thing that makes my child most "them" is: \_\_\_\_\_

\_\_\_\_\_

## Part 3: Interests & Passions

### Current Favorites

Favorite activities: \_\_\_\_\_

Favorite topics to talk about or learn about: \_\_\_\_\_

Favorite people to spend time with: \_\_\_\_\_

Favorite places to go: \_\_\_\_\_

Favorite sensory experiences (textures, sounds, movements): \_\_\_\_\_

### Deep Interests

Something my child could talk about for hours: \_\_\_\_\_

An activity my child loses track of time doing: \_\_\_\_\_

A topic my child knows more about than most adults: \_\_\_\_\_

\_\_\_\_\_

## Part 4: Communication & Connection

### How They Communicate Best

- ☐ Verbal language
- ☐ Body language/gestures
- ☐ Pictures/visual supports
- ☐ Technology/AAC devices
- ☐ Art/creative expression
- ☐ Music/rhythm
- ☐ Written words
- ☐ Other: \_\_\_\_\_

### Communication Strengths

My child is especially good at communicating when: \_\_\_\_\_

Others understand my child best when: \_\_\_\_\_

My child shows understanding by: \_\_\_\_\_

### Social Connection Style

My child connects with others by: \_\_\_\_\_

They prefer: ☐ One-on-one time ☐ Small groups ☐ Large groups ☐ Varies by situation

They show affection through: \_\_\_\_\_

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## Part 5: Learning & Growth Style

### How They Learn Best

- ☐ By watching others
- ☐ By doing/hands-on experience
- ☐ Through repetition and practice
- ☐ With visual supports
- ☐ Through stories and examples
- ☐ With music or rhythm
- ☐ In quiet environments
- ☐ With background noise
- ☐ In short bursts
- ☐ With extended time

### Problem-Solving Approach

When faced with a challenge, my child typically: \_\_\_\_\_

They show frustration by: \_\_\_\_\_

They show pride/satisfaction by: \_\_\_\_\_

They prefer help that is:

- ☐ Direct instruction ☐ Gentle guidance ☐ Independent discovery ☐ Collaborative

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## Part 6: Strengths & Gifts

### Natural Abilities

Things that come easily to my child: \_\_\_\_\_

Skills others often comment on: \_\_\_\_\_

Areas where they exceed typical expectations: \_\_\_\_\_

### Unique Contributions

My child makes our family better by: \_\_\_\_\_

Others are drawn to my child because: \_\_\_\_\_

My child has taught me: \_\_\_\_\_

The world is better because my child: \_\_\_\_\_

### Hidden Strengths

*Often these are things we take for granted or that don't show up on formal assessments*

My child has an unusual ability to: \_\_\_\_\_

Something my child notices that others miss: \_\_\_\_\_

A way my child helps others without being asked: \_\_\_\_\_

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## Part 7: Dreams & Possibilities

### Your Child's Perspective

When I ask my child what they want to be when they grow up, they say:

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My child seems happiest when: \_\_\_\_\_

If my child could do anything for a day, they would: \_\_\_\_\_

### Future Possibilities

I could see my child succeeding at: \_\_\_\_\_

Jobs/roles that would fit my child's personality: \_\_\_\_\_

Ways my child might contribute to their community: \_\_\_\_\_

### Supporting Their Dreams

To help my child reach their potential, they would benefit from: \_\_\_\_\_

People who could be good mentors for my child: \_\_\_\_\_

Experiences that would help my child grow: \_\_\_\_\_

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## Part 8: Daily Life & Environment

### Optimal Conditions

My child is at their best when: \_\_\_\_\_

Environments where my child thrives: \_\_\_\_\_

Times of day when my child is most engaged: \_\_\_\_\_

### Support Needs

My child needs support with: \_\_\_\_\_

My child is independent with: \_\_\_\_\_

Accommodations that help my child succeed: \_\_\_\_\_

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## Part 9: Reflection & Action

### Insights Gained

After completing this profile, I'm reminded that my child: \_\_\_\_\_

Something I want to celebrate more: \_\_\_\_\_

An area I want to focus on developing: \_\_\_\_\_

A strength I want to help others see: \_\_\_\_\_

### Next Steps

One way I will use this information this week: \_\_\_\_\_

Someone I want to share these insights with: \_\_\_\_\_

A goal inspired by seeing my child this way: \_\_\_\_\_

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## Part 10: Sharing Your Child's Story

### Elevator Speech Practice

*Create a 30-second description of your child that leads with strengths*

"Let me tell you about [child's name]. They are..."

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### Strength-Based Introduction

*For IEP meetings, new teachers, or support providers*

"To understand [child's name], it's important to know that they..."

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# Part 11: Growth Over Time

## 6-Month Check-In Questions

*Date to review:* \_\_\_\_\_

- What new strengths have emerged?
- How have their interests evolved?
- What growth have I noticed in unexpected areas?
- How has my perspective of my child shifted?

## Annual Reflection

*Date to review:* \_\_\_\_\_

- How has this profile helped guide decisions this year?
- What would I add or change?
- How has my child surprised me?
- What am I most proud of in how I've supported their growth?

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**Remember:** This profile is a living document. Your child is constantly growing and changing. Return to this template regularly to capture new insights and celebrate ongoing development.

**Share & Connect:** Consider sharing insights from this profile with your child's team, family members, and support providers. When others see your child's strengths, they're more likely to build on them.

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*"Every child is gifted; they just unwrap their packages at different times." - This template helps you see all the gifts your child brings to the world, wrapped and unwrapped.*