Peripartum Cardiomyopathy - The Silent Killer

Pregnancy should be a beautiful experience; That’s where we come in!

Did you know that Peripartum Cardiomyopathy (PPCM) has a death rate right up there with Cancer!...that’s pretty bad. What’s worse is most birth professionals we’ve encountered are unaware of PPCM. What’s even worse than that is because of this, a new mom dies every 3 minutes of PPCM, globally. Don’t be a statistic, follow the simple 1 2 3 below. Childbirth is serious, but should be glorious, for all.

1
DIAGNOSE
Unhealthy weight gain and preeclampsia are signs of PPCM. Get Tested Properly.

2
TREAT
There is a cure; the answer is not suffering and possible mortality. Be your own advocate.

3
MONITOR
Pregnancy is stressful on your heart, keep tabs on it with an EKG or Echo, or both.

Get Checked Out
Request a full BNP test at your next appointment.

Donations Make BIG Differences
The truth is WE can’t survive without your monetary support.

YOU Know Your Body Best
Be your own advocate & use common sense.

PPCM FUND
PPCM Awareness Day Is EVERYDAY