

PPCM ♥ FUND

PPCM Awareness Day Is EVERYDAY



Peripartum Cardiomyopathy (PPCM) - The Silent Killer

Pregnancy Should Be A Beautiful Experience

To our surprise, the majority of birthing professionals we've encountered are unaware of PPCM, nor do they wish to be educated. PPCM is a pregnancy-induced heart failure that in too many cases results in the unnecessary death of the mother, and can also endanger the child. Signs of PPCM include abnormal swelling of hands & feet, difficulty breathing, fatigue, chest pain & more. Don't be a statistic, follow the simple 1-2-3 below. Childbirth is serious, but should be fun & glorious. PPCM FUND is currently working hard to bring lifesaving diagnostic devices directly to your doorstep. Follow **PPCM FUND** for updates & lifesaving tips. ♥

1

DIAGNOSE

Excessive swelling, weight gain & fatigue are signs of PPCM. Get your **BNP** today!

2

TREAT

There is a cure if caught early; the answer is not suffering. Be your own advocate.

3

MONITOR

Pregnancy is stressful on your heart, keep tabs on it with a BNP or NT-ProNP.



Get Checked Out
Get your **BNP/NT-ProBNP** today!



Donations Make BIG Differences
Truth is we can't survive without your monetary support!



YOU Know Your Body Best
Be your own advocate & use common sense.