

BLUE FLAME OF PROTECTION RITUAL

RITUAL

This is a Sacred Ritual, not to be taken lightly, one that honors your energy with love and grace, and is to be used **ONLY** when all other methods have been tried and failed. This is the last resort!

Do not perform this often, it is Sacred, treat it as such. The **Blue Flame of Protection Ritual** has been used by my family for generations to rid a space of lower and negative energies. This works well to clear not only the space, but your energetic essence as well. This Ritual operates with the element of fire in union with Divine Source Energy, the Angelic Realm, and Sacred Universal Intelligence.

This invocation harnesses the unseen energy of the Universe through Intention to target, and effect change in the physical realm. You are applying all the elements of Earth to support the healing powers of the upper world: **FIRE** for the flame, **AIR** to feed the blaze, **WATER** represented by the melted wax, and the candle itself for **EARTH**.

Using Selenite ensures protection because of its high vibrational properties. Not only does it absorb negative energies, but this magical stone is a bridge between the higher realms of light and purity. Selenite is a conductor stone of light, sent down by the Angelic realm. Selenite emanates negative ions into the air, clearing and cleansing, causing purity wherever you set it. Selenite can cleanse your energetic essence (aura), removes blockages, and stagnant energy. It is an important tool in our Toolkit.

SPIRITUAL TOOLS

A ceramic bowl, a hot pad, unscented Epsom salt, 95% or higher rubbing alcohol, a long handled lighter, a white taper candle secured in a Sacred Vessel (*candle holder*), pure essential oils (*I use Clary Sage*), herbs (*lavender and rosemary*), and a bay leaf. I use lavender and rosemary herbs and Clary Sage essential oil, but whatever resonates with you will work, it's all about Intention.

You will need a note size piece of paper, preferably white for purity, a blue ink pen representing Archangel Michael, and either a push pin or a toothpick for carving. In addition, I like to use Selenite sticks, you will need 4 of them. If you do not know your four directions (*north, east, south, and west*), you will need a compass to mark the directional corners.

HOW TO DRESS YOUR CANDLE: Candles have been used for centuries for manifestation, magic, intention setting, signal to Spirit, and so many more uses. For this purpose, we're going to be using a white candle and what we call 'dressing' it in herbs, letting it burn until down until it's gone. This is a powerful tool to carry your 'Intentions' up into the ether. When we say dressing, we are just supercharging the candle to empower the 'Intention' to LIGHT up the energy, as a beacon of Faith. It lights the way for your Ritual work! Literally!

- Blend of herbs that have the same intention you are using the candle for, for example: I am using lavender and rosemary. Lavender has healing properties, creates the energy of a calm awareness, soothes, and purifies the energy in the air, washes away lower vibrational energies, and holds the energy of healing.



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Rosemary has been used for centuries as a protective tool and talisman. Rosemary carries the energetic safeguards and full-on protection when used in your Sacred Space. It concentrates this protective energy, strengthens, and charges the room by creating an energetic boundary! These two combined make for a powerful force against any and all lower energies that DO NOT serve your greatest good. Make sure you grind it up, you don't want them too big.

- Carve the number 777 into the candle with a toothpick, draw this on both sides of the candle. 777 is Michael's healing code and will be with you from the beginning to the end of the Ritual.
- Charge your candle. Using your fingers, place a few drops of the essential oil (*Clary Sage*) on your finger and draw the oil from the top of the candle to the center, take your fingers off at the center, and place them on the bottom of the candle working back up to the middle. Run your finger over the 777 a couple of times while opening your Heart Chakra for receiving.
- Roll your candle in your herbs and keep some to adorn around the candle's sacred vessel.
- With honor and grace, place your candle in the sacred vessel and as you do, repeat your intention.
- Grab your bay leaf and write own the word 'Safe' or whatever you are using this method for, it could be for letting go, protection, healing, and release. Place your bay leaf next to your candle.

JUST A REMINDER - NEVER LEAVE YOUR CANDLE UNATTENDED!

PRELUDE

With all Rituals, they must be performed with a clear '**Intention**', an open heart, and a receptive mind; therefore, write down your intention in one sentence. I love to use white paper and a colored pen, and in this case, since we are invoking Archangel Michael, we will use a blue pen. Truly take you time to create your Intention and refine it until it feels just right; for example: "**Clear this Sacred Space and my Energetic Essence of all lower vibrational energies and those energies that are not for my highest and greatest good.**" Fold your Intention in half and place it near your candle.

CREATE YOUR ALTER

Clear the space with sage working clockwise, wait 10 minutes, then bring in blessings with Palo Santo counterclockwise, and finally, seal in the intention that this space is clear, and you are ready to work either with Florida Water or Holy Water! Watch my video on YouTube for the proper way to clear and cleanse your Sacred Space. There really is a right way for the greatest effect.

YouTube LINK: <https://youtu.be/jfsG7oFxA8>

I turn on a Solfeggio Frequency at 417 Hz music in the background, not very loud. You can find them on YouTube, below is a suggested link that works for me, feel free to use what resonates. The 417 Hz frequency removes and wipes out negative energy. In addition, 417 Hz clears away of all the negative energy and blockages and helps bring positive transformation. This Beautiful Solfeggio Frequency is also known to heal and balance Sacral Chakra - Our Second Energy Center. It's a frequency that can bring change, it marks the starts of new beginnings in the life, and it's so powerful that it can reverse and undo negative happenings.

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YouTube Link: <https://youtu.be/npCwIUjS4s>

READY TO WORK

Now, you are ready to set the stage with and perform your Ritual that clears any and all lower energies from your Sacred Space and your own Energetic Essence.

Take your anointed candle and its sacred vessel and put it on the outside of the Selenite that is located to the East, this is where you will start and finish this Ritual. You can adorn around the candle with the remaining herbs. Place your bay leaf next to the vessel.

Now, place each piece of Selenite on each of the four directional corners, as you lay them down, state out loud, ***"I call in the energy of the East (place stone, walk clockwise until you come back to the East), I call in the energy of the South, I call in the energy of the West, and I now call in the energy of the North (finish at the East)."***

"Spirit Keepers of the East, South, West, and North, I am grateful for your assistance in clearing this space of all energies that do not serve this Sacred Space. Be here now (in a commanding tone)."

"Thank you for watching over me and connecting with this Sacred Ritual."

Place the hot pad and ceramic bowl in the center of the space you are going to hold this sacred ritual, making sure that it is safe from anything that can catch fire!

You have now created a ***'Circle of Energetic Protection'***.

It is optional if you also want to put a couple of your favorite crystals around the candle like a grid, but don't put too many as we want the energy focused on the corners and the center of the Circle of Protection. I bring my Lemurian Seed crystal and my Amethyst Dragon's Tooth. These are my go-to healing, clearing, and protection crystals that I personally use, they are programed with that 'Intention'.

Take your ***'Intention'*** between both hands, holding it in front of your Heart Chakra, then repeat your ***'Intention'*** out loud. Place your folded Intention next to your candle, let go, knowing that your 'Intention' will be answered.

It is time to add 1 ½ cup of Epson salt to the ceramic bowl, and 3-6 capfuls of alcohol, wash your hands!

Light your Sacred Candle, this is how we "OPEN" to Spirit. Invite your Team in Spirit into the space and any other Light Being to come in that is here for the sole purpose of clearing negative energies. Open this Circle by stating this Opening prayer - ***"Clear this Sacred Space and my Energetic Essence of all lower vibrational energies and those energies that are not for my highest and greatest good."***



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Step into the Circle of Protection with your back to the East and candle. Use a long lighter, light the contents of the bowl. **BE CAREFUL!** I am not responsible for you catching your home or yourself on fire! As you light your candle, say a little prayer to invoke Archangel Michael, the celestial warrior, with an open Heart, and open to receiving. It can be one like this, try it first and see if it resonates, make each prayer and intention your own as you practice this Ritual.

Make this prayer your own, here is one to get you started: ***“Archangel Michael, please step into this space, bring your sword and shield of protection. I command you to remove any and all lower vibrational energies that are not of the Light”*** (sit in his energy for a few seconds).

Now, walk counterclockwise in a circle around the vessel with your eyes open, away from the bowl, and feel your energy being cleared and cleansing your energetic essence, your auric field. The reason you walk counterclockwise is because you are resetting the Energy all the way around until you get back to the East.

When you have arrived back to the East, keeping your back to the East, watch the flame, paying attention to the blue flame, imagining all lower beings are drawn into the flame and disappearing for good.

You can say this prayer at this time as you sit in the energy. Say this prayer out loud: ***“Divine Life-Force Energy, please protect me at all times. Please remove any and all lower-vibrating frequencies by replace them with Light Beings and only what is for my greatest and highest good. I command you to clear my auric field now.”***

Imagine all negative energies going into the Blue Flame. Watch and wait until the blue flame burns out. The longer it burns, the more negative energy is being sent into the blue flame. Blue is the hottest part of any fire. These lower vibrational entities are being taken up into the Light. We don't care how or where it goes, let the Light take care of this energy. Remember, do not be tied to the outcome!

CLOSING THE CIRCLE

You never leave anything spiritual/ritual/meditation/reading/ceremony, et cetera open; you must always close the connection. I always remember to show thanks, love, appreciation, and grace! Just as we “Open” to Spirit, we must also “Close”.

“Thank you, Divine Source Energy, the Four Directions, Team in Spirit, and Archangel Michael, for keeping me safe and protected. Thank you for always showing up.”

Your Sacred Space and Energetic Essence is clear, and you are protected by the **LIGHT**. This Space is CLEAN!

You **DO NOT NEED** to follow this Ritual exactly, make it your own. What you **MUST** continue to make sure you always include is Opening to Spirit, Setting Your Intention, and Closing the Circle. The rest is up to you. This is just a guide that I've used my entire life! I can tell you, one time in a class I was teaching, we did the blue flame, and it would **NOT** go out, it kept burning, which meant there's a lot of bad juju! I was guided to ask one individual to gently glide the bottom of their shoe over the flame, first her left and then her right, and just as she was finishing up and ran her right shoe over the flame, right before she put her foot down on the floor, it literally went from a blazing fire to being complete out – poof! Truth! Enjoy my Soul Family!



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