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KIDZCLUB NEWSLETTER FEBRUARY 2025

Dear Parents,

We've successfully finished the month of November at Kidzclub.

In JANUARY you children played and learned topics such as: "Religions around the world - world religion day", "New year resolutions", "Climate around the world. How to keep warm", "Nature around us. Nature Observations"

Please note: we are planning to go on a field trip to Telus on February 14, 2024. Please find the field trip information attached to this e-mail. All parents required to sign Field trip consent form. Please let us know if you'd like to volunteer.

REGISTRATION 2025-26 School Year: Kindergarten registration is open now

Fun games



Sled race



Hair Salon



Science



FEBRUARY CALENDAR



February 13, Thr. Teachers' Convention day	School closed	Program open	Special activities
February 14, Fri. Teachers' Convention day	School closed	Program open	Field trip to Telus
February 17, Mon. Family Day	School closed	Program closed	

Please note: drop off your children not later than 10:00 am. Please ask staff.

COMMUNITY INFO

Family resources

Please see the link below for an excellent resource for Family Resource Networks.

- Support for parents
- How FRN's help families
- Support for children and youth
- How to find an FRN

<https://www.alberta.ca/assets/documents/cs-family-resource-networks-fact-sheet.pdf>

Free Cassettes for Children: 1st Floor of Chinook Centre at Clearly

Low Income Bus Pass . Online at calgarytransit.com/shop

Free Language Instructions for Newcomer at Immigrant Services Calgary. 403-262-2656

Calgary Food Bank. 403-253-2055

Nutrition Classes Information:

See below



FREE Online
Nutrition Workshop
for
Early Learning
and Child Care

Planning Meals and Snacks in Early Learning and Child Care

Join AHS dietitians for a **FREE** and interactive
1.5 hour online workshop to:

- Understand the separate roles of the adult and child in feeding.
- Learn how to use Canada's Food Guide to plan menus for ELCC programs.
- Gain ideas for meals and snacks
- Gain tips to help with planning and purchasing.
- Learn how to use ingredient lists and nutrition facts tables on packaged foods to help choose foods that are less processed.
- Find menu planning resources for your program.

Join us for one of these sessions, offered 6:00 – 7:30 PM

To register, click on the date or scan:

- [Wednesday February 26th](#)
- [Thursday March 6th](#)
- [Tuesday March 11th](#)



Certificate of Attendance is available for download
at the end of the session

Questions?

Email PublicHealthNutrition.CalgaryZone@AHS.ca