

Spartan X Fitness - Terms of Service

Effective Date: July 01, 2025

Website: www.spartanxfitness.com

Location: Proudly based in PA, USA

1. Welcome to Spartan X Fitness

We're pumped to have you here.

Whether you're a former athlete looking to reclaim your edge, a desk-bound professional ready to shake off the stiffness, or a college go-getter with energy to burn - Spartan X Fitness is built for you. These Terms of Service ("Terms") explain the rules for using our online fitness programs, coaching platform, and all related features (collectively, the "Services"). By using our site or enrolling in our programs, you agree to these Terms. Let's crush your goals - the right way.

2. Who We Work With

Spartan X Fitness serves driven individuals looking to improve performance, strength, and confidence through custom-built training.

Our most common clients are:

- Former athletes getting back in shape
- Busy professionals ready to move better and feel stronger
- Fitness enthusiasts wanting structure
- College students fired up for hybrid-style training

You must be at least 18 years old to join us.

3. Creating Your Account

Once you apply and we've had a quick intro, you'll receive an invitation to set up your personalized Spartan X Account. This is your private fitness HQ - where we'll drop your workouts, track progress, and keep you on the move.

Keep your login info safe. You're responsible for everything under your account - just like we're responsible for showing up with your custom plan.

4. Payments & Pricing

We're a premium coaching experience - with pricing that reflects the time, personalization, and strategy that goes into every plan.

Payment is required before your custom program is delivered. All transactions are secure.

We're transparent about pricing, and you'll always know what you're paying for. Any future price updates will be clearly communicated.

5. We Respect Your Privacy

To serve you at the highest level, we collect key details: your fitness goals, movement history, lifestyle habits, and more.

That info helps us build a plan that works - just for you.

We will never sell your data. Ever.

Your personal info stays between you and your coach. We use it strictly to improve your results, enhance your program, and guide you better.

6. Social Media & Success Stories

We love celebrating wins - and nothing motivates others like real stories from real people.

Occasionally, we may ask to share progress photos, testimonials, or highlight your journey on our social channels. But don't worry - nothing personal gets posted without your written OK.

You always have the right to say no. Your story is yours - and we honor that.

7. Community Code of Conduct

We keep things positive, respectful, and goal-oriented. By joining Spartan X Fitness, you agree to:

- Be truthful when sharing personal details
- Use respectful language
- Not share your account or materials with others
- Keep the focus on growth, effort, and results

We reserve the right to remove access if behavior doesn't align with our values or harms the community vibe.

8. Program Changes & Updates

Our coaching is dynamic - just like your goals. We may adjust plans, update app features, or roll out improvements to give you a better experience.

Don't worry - we'll always keep you in the loop.

9. Cancellations & Refunds

We require a minimum 30-day commitment for all coaching plans.

Your results don't happen overnight - and neither does our process.

All cancellation and refund policies are clearly stated during sign-up.

Please understand: no refunds are issued for coaching already delivered or for late cancellations.

10. Health Disclaimer

Our programs are designed to support and challenge you - but we're not doctors.

Always consult with a medical professional before starting a new fitness regimen, especially if you have a pre-existing condition or injury.

You take full responsibility for participating in training.

We provide expert coaching - you bring the effort and care for your body.

11. Limitation of Liability

To the fullest extent permitted by law, Spartan X Fitness is not liable for any damages resulting from your use of our Services.

We're here to guide and support - but your results and safety also depend on your choices and readiness.

12. Legal

These Terms are governed by the laws of the State of Pennsylvania, United States.
Any disputes will be handled through that jurisdiction.

13. Need Help?

Got questions? Need tech support? Want to chat about your goals?

We're here for you.

■ support@spartanxfitness.com

■ www.spartanxfitness.com