

TRANSFORMATION

T*eaching:* We are taught, with regard to our former way of life, to put off our old self, to change.

R*eflection:* We become new people inside, so our outward garments should reflect this.

A*nswer:* We have come this far on our spiritual journey as a result of an answered prayer, ours or someone else's.

N*eed:* A change is needed if we are to live as followers of Christ.

S*acraments:* We find God through the sacraments, especially the mass, the highest form of worship.

F*ear:* We have not been given a spirit of fear, but a spirit of power, love and a sound mind.

O*ff:* We shouldn't put things off, don't let the sun go down while we're still angry, forgive.

R*isk:* We must risk opening ourselves up to more choices and challenges in our lives.

M*any:* There are many roads, the rosary, reading scripture, good works, the sacraments and prayer.

A*ttention:* Pay attention to the nudging of the Holy Spirit.

T*ime:* Take the time to pray, more things are brought about through prayer than the world dreams of.

I*mage:* We will build our self image by nurturing and nourishing it through our personal relationship with God.

O*ppportunity:* We must take the opportunities that God presents to us, to explore and discover.

N*ow:* Now is the time the Lord calls us, but we are not alone. He is with us always, even 'til the end of time.

Mary L. Faller