

LIFE POINT



EMPOWERMENT MEETING
SPIRIT, SOUL, AND BODY

Why Should We Restore Devotion Back to Christ and Develop a Life of Alignment with God?

Aligning Your Heart with the Will of God

Introduction

In a world increasingly filled with distractions, it is paramount to realign our hearts and minds with the eternal truth and love of God. The journey back to Christ is not just a restoration of faith but a reawakening of a deeply rooted connection that transcends circumstances. Over the course of 21 days, this sacred process serves as a call to bring our hearts back into alignment with the will of God, allowing us to rediscover the genuine, life-changing devotion to Christ.

Understanding the Call of This Hour

In this hour, the Lord is calling us to pause, reflect, and hear His heart. This divine invitation is not merely a suggestion—it is a beckoning to return to a position of spiritual intimacy and authenticity. God desires a connection untainted by external noise, a connection that is raw, unfiltered, and pure.

Why Alignment Matters

Alignment with God's will is the cornerstone of a fulfilling Christian life. Without it, we risk living in dissonance with the purpose He has designed for us. Returning to alignment means shedding the burdens of self-reliance and surrendering wholly to His guidance.

The 21-Day Process

This 21-day spiritual journey is more than a routine; it is a transformational experience that gradually restores the essence of devotion and places God's love at the center of our lives.

Day 1–7: Reflection and Repentance

- Reflection: Spend time examining areas where your relationship with Christ has weakened or become stagnant.
- Scripture Focus: Meditate on passages that highlight God's mercy and forgiveness, such as Psalm 51.
- Action: Offer prayers of repentance, acknowledging the ways you've strayed from His will.

Day 8–14: Renewal of Mind and Spirit

- Renewal: Invite the Holy Spirit to refresh your perspective on what it means to walk in faith.
- Scripture Focus: Explore Romans 12:2, focusing on the transformative power of renewing your mind.
- Action: Incorporate moments of worship and gratitude into your daily routine.

Day 15–21: Reconnection and Alignment

- Reconnection: Draw near to Christ through deeper prayer, fasting, and acts of kindness.

- Scripture Focus: Reflect on John 15:5, understanding the significance of abiding in Him.
- Action: Commit to living in obedience to God's word and actively seek His presence in all aspects of life.

Conclusion

As this 21-day journey unfolds, it becomes evident that the path back to Christ is not merely about external actions but about internal transformation. The Lord's desire is for His children to experience a genuine relationship with Him, to hear His heart and respond with unwavering devotion. This process of alignment is not the end—it is the beginning of a life lived fully in His will. Let this time be an opportunity to restore and deepen your connection with the Lord, embracing the divine intimacy He offers.

Final Encouragement

Remember, restoring your devotion to Christ is not a task to be completed in haste but a journey that requires patience, discipline, and faith. May these 21 days lead you into a renewed sense of purpose and a heart set completely on Him.



21 Day Outline to Develop a Life of Alignment with God

Purpose and Structure for Spiritual Renewal

Purpose

The 21 Days of Alignment is a spiritual initiative designed to bring our hearts back into the will of God. It is a journey to start or restore your devotion to Christ, reconnecting

with His presence and hearing His heart. This process is a moment of recalibration, inviting us to embrace genuine intimacy with the Lord and align every aspect of our lives with His divine purpose.

Scripture Focus

The foundational scripture for this journey is 2 Kings 5:1-14. During this time, participants are encouraged to read the entire chapter and allow the Lord to minister its message deeply.

Worship Playlist

Create a personal worship playlist that resonates with how the Lord is ministering to you during this time of alignment. Include songs that inspire reflection and connection, such as “***Take What is Left of Me***” by Emino. Platforms such as YouTube, Spotify, or Apple Music can be used to create this playlist.

Instructions

Commitment to Prayer and Devotion

The foundation of this 21-day journey is prayer and devotion. Participants are encouraged to spend intentional time with the Lord, building consistency in their spiritual practices.

Fasting

As part of the alignment process, fasting is recommended but should always be approached with wisdom and safety. Consult your physician before beginning any fast. In biblical context, fasting often involves refraining from food, symbolizing submission to God and reliance on His provision (Matthew 4:4). Consider stretching yourself spiritually by adopting a Daniel-style fast with fruits, vegetables, legumes, beans, whole grains, and water.

First Day

On **Day 1**, dedicate the time to seeking the Lord for insight into the rest of the alignment journey. Begin by journaling answers to questions such as:

- What does your prayer and devotion schedule look like?
- What tangible commitments will you make each day (e.g., cooking, walking, journaling, sharing scripture)?
- What spiritual growth or breakthroughs are you expecting from this fast?

Use this day to establish the foundational goals for your 21-day spiritual alignment.

Disclaimer

Addressing Guilt and Shame

If you falter during this journey, remember to repent and move forward. Do not let guilt or shame deter you from seeking the Lord's presence. **"There is no condemnation in Christ Jesus"** (Romans 8:1).

Daily Practice

Each day, focus on a specific theme, allowing Holy Spirit to guide your study and reflection. Devotions should center on morning, afternoon, and evening time slots, with journaling to capture revelations and insights. Themes may include alignment, faith, healing, or restoration, as led by God.

Example Themes for Days

- Day 1: Alignment
- Day 2: Faith
- Day 3: Healing
- Day 4: Restoration

Resources for Studying the Bible

- Bible Gateway: Access multiple translations of scripture.
- Blue Letter Bible: Explore concordances for Hebrew and Greek text definitions.
- Webster's 1828 Dictionary: Find scripture-linked definitions for deeper understanding.

Recommended Bible Translations

King James Version (KJV), New King James Version (NKJV), New Living Translation (NLT), Amplified Classic Version (AMPC), The Message Bible (MSG), and The Passion Translation (TPT) are suggested for study and meditation.

Final Encouragement

This 21-day alignment is not merely a program; it is a transformative journey into deeper relationship with Christ. Approach it with patience and faith, trusting that each day will bring you closer to His heart and His divine will for your life.