

HELMET

FACEGUARD

MOUTHGUARD

CHIN STRAP

THROAT PROTECTOR

SHOULDER PADS

ELBOW PADS

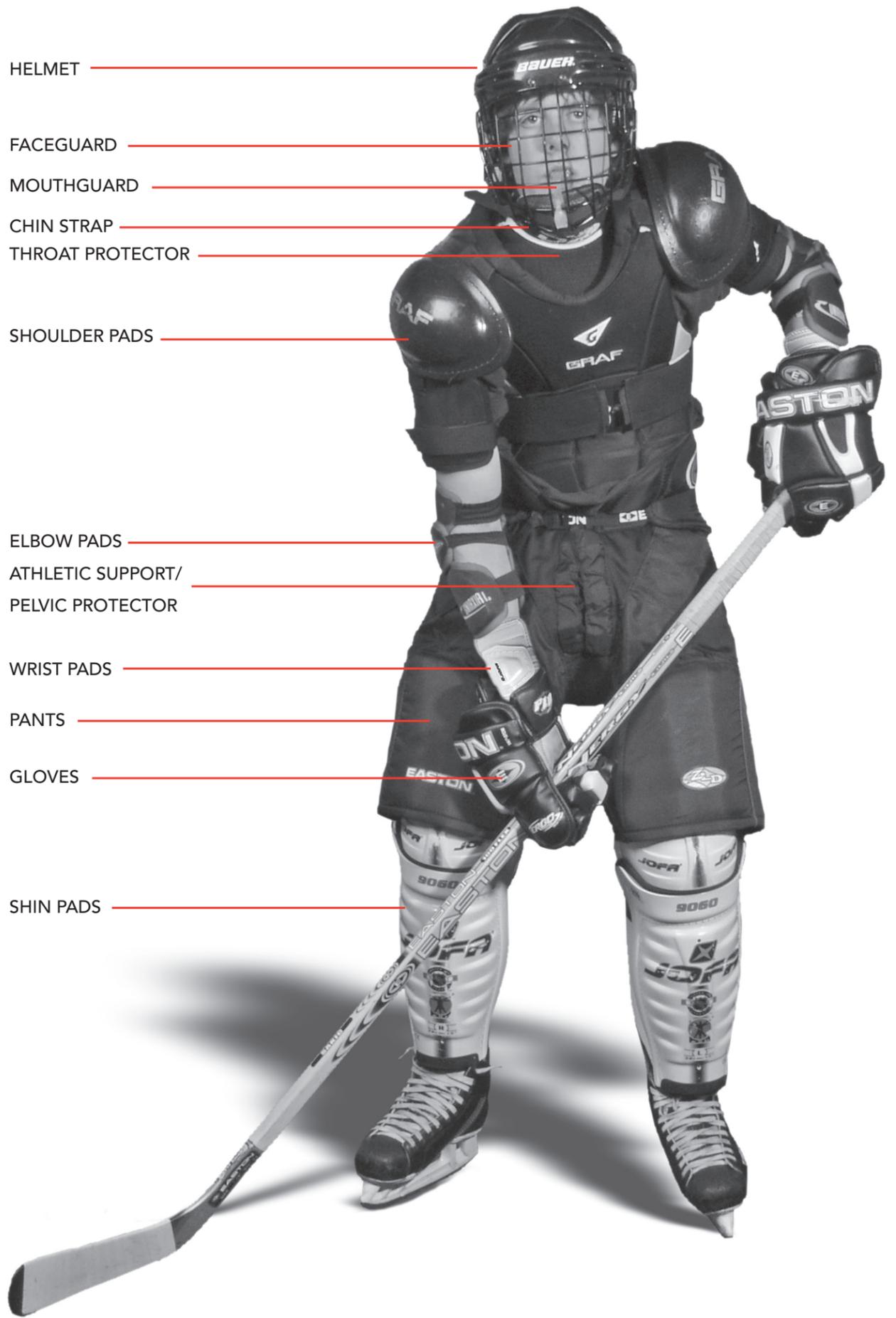
ATHLETIC SUPPORT/
PELVIC PROTECTOR

WRIST PADS

PANTS

GLOVES

SHIN PADS



Proper sizing, placement and maintenance of equipment goes a long way in ensuring player safety. As players, coaches, officials and parents, we owe it to ourselves to read booklets like Hockey Canada's, *Safety for All/ Safety Requires Teamwork* among many others available. Let's turn our attention to prevention!



Open, read and learn.

Hockey Canada's *Safety for All* and *Safety Requires Teamwork* are two of many publications available from your local hockey association and the NOHA or online at www.noha-hockey.ca



Ouch Resistant

Be informed about the proper wearing of all hockey equipment.