

Get the Proper Mindset

Those things holding you back

(Situations, Shame, Guilt, "Unfair", Bad Habits, Bad Decisions)

Blessings you have in Life

(Things conducive to happiness or welfare)

Times God was there for me

(Things worked out for the better after a difficult situation)

Your Happy Places

Do not copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect Romans 12:2



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Those things holding you back

(Situations, Shame, Guilt, "Unfair", Bad Habits, Bad Decisions)

Get rid of the things that are holding you back.

Acts 3:19

Hebrews 8:12

Hebrews 12:1

Philippians 3:13-14

Isaiah 43:18-21

Do NOT let the past or your fears stand in the way of your future!

Forget it

No sin or problem is too big for God to forgive

Roman 6:14

Blessings you have in Life

(Things conducive to happiness or welfare)

Fill out list of your blessings in life

Psalm 103:2

Philippians 4:8 – think on THESE things

Psalm 118:1

Benefits of counting your blessing:

- ☐ *Lift your spirits*
- ☐ *Helps us sense God's presence, enlarges my perception of God – my problems shrink*
- ☐ *Energize you*
- ☐ *Reveals solutions I cannot see*
- ☐ *Reminds us God is with us*
- ☐ *Look back on what you've done good and build on it. Learn and build on it*
- ☐ *Builds our faith in God*

Times God was there for me

(Things worked out for the better after a difficult situation)

God is **ALWAYS** with me

Joshua 1:9

Do not copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect Romans 12:2



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Those things holding you back

(Situations, Shame, Guilt, "Unfair", Bad Decisions)

- ☐ Kids making bad decisions
- ☐ Too fat
- ☐ Negative thinking
- ☐ No time
- ☐ Injury
- ☐ More schooling
- ☐ Too old
- ☐ Mom – Alzheimer's
- ☐ Covid
- ☐ Society civil war
- ☐ Bad boss/job you hate/relationship problem

My Happy Places

- ☐ Movie time with Lori in AM
- ☐ With Grandkids
- ☐ Conquer the morning routine
- ☐ Road trips and travel
- ☐ Exploring
- ☐ Quiet time on back patio
- ☐ Bed at night

Don't let these hold you back.

God has not given us a spirit of fear and timidity, but
of power, love, and self-discipline
2 Tim 1:7

SONG: Count your Blessings – Guy Penrod

SONG; Together by Curtis Chapman

Blessings you have in Life

(A thing conducive to happiness or welfare)

- ☐ Born in USA
- ☐ Great parents
- ☐ Legacy of Christians/ministers
- ☐ Parents loved life and sports
- ☐ Nicest mom in the world
- ☐ God gave me love of life, optimistic attitude
- ☐ Natural leader/caught on to things quickly
- ☐ Popular in school, lots of friends of all types
- ☐ Great, fun church – solid Christian friends
- ☐ Parents taught right and wrong, held us accountable, didn't fight our battles for us, led by example, experiences
- ☐ Job, retire early, \$\$
- ☐ Kids and grandkids
- ☐ Church
- ☐ Health
- ☐ Traveling – seen the world
- ☐ Kyle – close and recovering

Realize this:

Many would give anything to be in my
situation in life – have the proper perspective.

Times God was there for you

Your "ONLY GOD..." Moments

(Things worked out after a difficult situation)

- ☐ Through divorce and after –
Found Lori – raise w/blended family w/me
- ☐ ***Laid off – forced me to slow down.
saved my life/health/family***
- ☐ Hit by car
- ☐ Car accident with Lori
- ☐ Adrenaline Junkie – diving, rafting no jacket
- ☐ Lost \$1mm sale – learned teamwork
- ☐ Parachute twisted
- ☐ Terrible boss, Passed over for promotion
- ☐ Told to keep Dave at Nalco – failed but great
- ☐ Almost about to fail out of West Point,
depressed and homesick

Angels in my Life

- ☐ April 2022 – AAA guy shows up on freeway
within 5 minutes of my call, gives gas, and leaves
(dangerous) – timing and safety
- ☐ Lori avoids car accident – now way they didn't
hit her. Ghosted through her car.
- ☐ Dr who operated on Isaiah.
- ☐ Josh Lomeli – helping Kyle get back on track

Rough Experiences that God turned to GREAT

- ☐ Mercedes fell off lift – got new Mercedes
- ☐ My layoff
- ☐ Our divorces
- ☐ Kyle's addiction
- ☐ Lisa not being able to have a baby
- ☐ No local scholarship, ended up at West

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