

Find Your WHY

Questions to consider when determining your WHY

1. Why do I do this?
2. Why do I value this over that?
3. Why am I not happy when X happens?
4. Why am I stressed now?
5. What do I value most?
6. Why do I want to have a positive influence on the world?
7. What ungodly traits did your environment put into you? Why is it so important to change those?
8. Examine your God given character traits, talents, and capabilities. Traits you have that contribute to good in the world.

Common Answers to the WHY question

1. I want to share knowledge with others so they can lead happier lives.
2. I want to help people find clarity in their personal and professional lives.
3. I want to find inner peace.
4. I want to inspire others by sharing my personal experience.
5. I want to live out the life God designed me to live.
6. I want to be a Christian role model to my children and others.
7. I want to leave a legacy.
8. I want to provide for and create a great environment for my family.
9. I want to have a positive impact on the lives of others.

What is your WHY?

Is your “WHY” so intense and deeply ingrained that you’ll do whatever it takes to achieve your goals?

