

Heritage Preschool Menu A

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Pancakes oranges	Milk Cereal grapes	Milk Toast apples	Milk Oatmeal raisins	Milk Bagel & ham mango
Lunch/Dinner	Milk Flour tortilla Beef Salad avacado	Milk Hotdog bun Hotdog Tater tots Oranges	Milk Crossants Ham/eggs Hashbrowns Grapes	Milk Noodles Beef Tomato sauce Salad	Milk Wheat bread Tuna Fries Cucumber
Snack	Apple juice pretzels	Apples crackers	Cheese cracker grapes	Cookies Grape juice	Milk cereal

Heritage Preschool Menu B

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Waffles oranges	Milk Oatmeal apples	Milk Cinn. Toast Bananas	Milk Cereal Fruit cocktail	Milk Pancakes/eggs Man oranges
Lunch/Dinner	Milk Noodles Mix veggies pineapples ham	Milk Wheat bread Turkey Let/ tom fries	Milk Salsbury steak Rolls / corn Green beans Mash potatoes	Milk Waffles Hashbrowns Strawberries ham	Milk Pizza crust Tom sauce Cheese/ beef bananas
Snack	Pretzels Apples	Biscuits Milk	Honey Bun Milk	ChezCrackers Raisin	Chocolate Chip Apples

Heritage Preschool Menu C

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Cinnamon rolls bananas	Milk Egg burrito strawberries	Milk English muffin apples	Milk Cereal mango	Milk Pancakes bananas
Lunch/Dinner	Milk French bread Tom sauce Cheese avacado	Milk Wheat bread French fries Ham Let/ tomatoes	Milk Chicken Avocado Rice Tomatoes	Milk Hot dog Bun Chili/ fries bananas	Milk Hamburger Fries Bun Let/ tom
Snack	Pretzels pineapples	Cereal milk	Cookies milk	Granola bar oranges	Oatmeal pie milk

Heritage Preschool Menu D

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Cereal grapes	Milk Bagel peaches	Milk Poptarts pears	Milk Oatmeal Bacon/kiwi	Milk Pancakes bananas
Lunch/Dinner	Milk White bread Turkey/cheese Broccoli Oranges	Milk Noodles Chicken Tomato sauce Cucumbers	Milk Taco shells Beef Let/tom peaches	Milk Cinn toast Eggs Hashbrowns apples	Milk Pizza Cheese/ pepo Corn Tomato sauce
Snack	Powder donuts Banana	Cheerios applesauce	Crackers Apple juice	Milk Cereal	Cookie Juice

Heritage Preschool Menu E

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Pop tarts Fruit cocktail	Milk Oatmeal Raisins	Milk French toast apples	Milk cereal Apple Juice	Milk Pancakes oranges
Lunch/Dinner	Milk White bread Turkey/cheese Broccoli Oranges	Milk Noodles Chicken Tomato sauce Cucumbers	Milk noodles Beef Spag sauce pears	Milk Chkn quesadill tortilla blk beans corn	Milk hamburger fries let Tomato Buns
Snack	Sugar waffers grape juice	pretzels pineapples	saltines Apple	Milk Cereal	Teddy grams Juice