Peace Lutheran Church

2355 Clark Rd., P.O. Box 655 Dresser, WI 54009 Non-Profit Org. US Postage PAID Dresser, WI 54009 Permit No. 3

CHURCH STAFF:

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Custodian

Treasurers Cheryl Bjornstad Pete Peterson (Interim) Payroll Clerk: Krissy Gregory

Financial Secretaries Bonnie Crary & Maxine Spiess







November 2020

Just Breathe...

For Pandemic Panic Breathe. And feel the Spirit filling your whole body. Breathe. And give thanks; it is a wild gift every single time. Breathe. And acknowledge the grief of your plans changing, the fear of uncertain things looming too large to bear alone. Breathe. And consider how well Christ knows. how fiercely God cares. Breathe. And lift up your neighbor more vulnerable still. Breathe. And believe we are in this together and the next right thing is enough but first remember to Breathe.

@metaherrickcarlson

I shared this poem with our staff at a recent staff meeting and afterwards, I posted this poem up on my bulletin board. I find myself looking at it often. I find myself reading it every time I am in the office and a different part stands out every time. This poem has become such a great daily reminder to me and every time I look at and read this poem, I take a deep breath and feel my shoulders relax a little as I ponder how the Spirit is filing my body.

In Genesis 2:7, the Bible states, "...then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being."

God literally breathed the breath of life into each and every one of us so that we are a part of Him. God gives us breath. God gives us life. It is because of God that we are living and full of life. And it is because of God that we are filled with the Holy Spirit and we can give thanks and we can acknowledge grief and fear and pain all at once. All at the same time.

Every time we take a breath, we can remember that God is literally with us. Right now. Wherever we are or whatever we are doing, first remember to Breathe. Through the election...Breathe. Though the pandemic...Breathe. Through the hard times...Breathe. Through the joys of life....Breathe. God's got us. God's got you. Amen.

Blessings, Pastor Melíssa

Upcoming Adult Education on "Race and Racism"

In what has proved to be an eventful year combating COVID-19, the consistent struggle has exposed the systemic racism hidden beneath the surface of many institutions we have constructed to protect and support one another. The events this summer in Minneapolis, Kenosha, Louisville, and Portland have sparked conversations nationwide on how to address these inequities to heal these divisions. Intern Ben will be hosting a three-part series on the role the church plays in this unfolding story and how we might respond as followers of Jesus Christ. We will meet on Sunday November 15th, 22nd, and December 6th at 10:15 after the second service. Stay tuned for more details to come!

CHILL CHILL FEED - TO GO!! FREE TO-GO MEALS...OPEN TO ALL

Monday, December 7th (Time TBD)

Peace Lutheran continues to be blessed by generous gifts, volunteers and staff and we want to give back to the community! We feel blessed so that we may be a blessing to others. Please mark Monday, December 7th on your calendars and plan to drive up to the church to grab a Chili Dinner to go/take-out style.

All meals will include a bowl of delicious Chili (non-spicy), Corn Bread, a Cookie and Crackers/ Chips. Homemade Mac-n-Cheese meals will also be available for children and will include Mac-n-Cheese, Applesauce, a Cookie, and Carrots. All meals will be prepared and cooked in our licensed kitchen using Covid-safe methods.

Help us spread the word! Tell your neighbors and friends and invite them to drive to the church on Monday, December 7th.

We are also seeking donations for this meal. If you would like to help make this meal possible, we are welcoming the following donations. Please contact the church office for an updated list, specific amounts needed, or to donate:

- Ground Beef (approx. 35-40 lbs)
- Sharp Cheddar Cheese
- Colby Cheese
- Half & Half
- Chili beans, Black beans, Kidney beans
- Onions, Carrots, Celery
- Tomato Sauce, Diced Tomatoes,
- Soup Containers (can be found on our Amazon Wish List)
- Plastic Spoons
- Boxes of Corn bread
- Cookie Dough or Bakery-Bought Cookies
- Baby Carrots
- Plastic Ziplock bags (sandwich size)
- Bulk Gift bags (can be found on our Amazon Wish List)
- Uncooked Elbow Macaroni pasta
- Campbell's Cheddar Cheese condensed soup
- Individual bags of Frito corn chips



Confirmation Class of 2020

The following students of Peace were Confirmed on Sunday, October 25, in the afternoon with their families in a private celebration. Although we always encourage our church family members to join in the celebration, this year we ask you to remember them in your prayers.

Paetynn BlieseKarDylan CotchJacIsaac DemullingGarBode GabrielDarMegan HallColMegan HendricksonOlirCarson HollmanGarWilliam HuhnAidAleah JensenAshAlivia MakiCar

Karli Mayer Jacob O'Connor Gavin Olson David Rosik Cole Rossini Olivia Schiebel Garrett Slater Aiden Steffen Ashlyn Tinney Caysie Ward Abigail Wynne







Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:30 am Worship 9:30 am Worship 10:15 am PLC Congregational Meeting	2	3 9:00 am Staff Mtg	4 6:30pm Confirma- tion on-site 7:30pm Education Ministry Mtg	5 7pm-AA	6	7
8 8:30 am Worship 9:30 am Worship 10:00 am Sunday School and Little Bitty Book Bunch	9 7:00 pm Internship Mtg	10 9:00 am Staff Mtg	11 6:30pm Confirma- tion off-site 7:30pm Youth Ministry Mtg	12 7pm-AA	13	14
15 8:30 am Worship 9:30 am Worship	16	17 9:00 am Staff Mtg	18 6:30pm Confirma- tion on-site	19 7:00 pm Council Mtg 7pm-AA	20	21
22 8:30 am Worship 9:30 am Worship	23	24 9:00 am Staff Mtg	25 No Confirmation or HS Youth Group	26 Happy Thanks- giving! 7pm-AA	27	28
29 9:00 am Worship	30		Note : One servic Nov. 25th at 9:00 a	,		
	<u>8:30</u>	<u>Service</u>	1	<u>9:30 Service</u>	I	
Nov. 1st	Ushers: Pa Lay Rdr:	aul Lindholm &	Dick Blattner	Dawn Peer		
Nov. 8th		Ushers: Tom & Linda Moore Lay Rdr: Pete Peterson		Eric & Brody Mayer Gene Jaremczuk		
Nov. 15th		Ushers: Steve & Karrie Swenson Lay Rdr: Karrie Swenson		Chad Slater family Jan Museus		
Nov. 22nd	Ushers: Mark Gjovig Lay Rdr.: Maria Gjovig			Dawn Peer Michele Merritt		
Nov. 29th	Ushers: Chris Chinander Lay Rdr.: Claire Chinander Sara Haase					

PARISH NURSE NOTES

How To Stay Emotionally Healthy ~ So here we are as 2020 wanes into November. Who could have predicted what our present situation would look like 8 months ago? A virus is spreading across the globe. People are out of work and vacations/events cancelled. Political rhetoric is everywhere we turn. Hurricanes and wildfires and civil unrest, oh my! It all makes for the ultimate test in emotional resilience. Uncertainty is one of the main reasons we stress, along with a lack of control; and right now we've got both by the truckloads! So how do we fight off the stress and anxiety before it consumes us? I must confess I feel I'm lacking in resiliency in my life right about now. I've been reading articles regarding how to best cope with life's heightened stressors and I'd like to share these common-thread "tools" aimed to help anyone get through these anxious times:

Talk to someone, but limit the griping. When we only focus on the negative, we forget what is going well and then all we can see is the bad. Set a time limit on the talking about what's irritating you and then change the conversation to: What is going right? Despite the hardships, how are you coping? What are you looking forward to? What made you laugh or smile recently?

<u>Be generous</u>. This doesn't need to be a gift of money. It can be as simple as a phone call to check on a neighbor. Or relaying some well wishes to someone dealing with difficult times. Simply praying for people and really meaning it. I've said it before – multiple studies have shown that giving is good for your emotional and physical health.

Take a mental break. It's so easy to get stuck in the go-go-go mode all of our waking hours. Even when we rest, many of us flip through Facebook, watch TV or have preoccupied thoughts. It's important to take even just 5 minutes to rid yourself of distractions and noise and just sit in a quiet place to pray, take slow deep breaths, or concentrate on each muscle group (shoulders, neck, jaw, etc) and release any tension you have.

Express Gratitude. With Thanksgiving approaching, I can't think of a better time to reflect on the good things, big or small, that have happened in your life. It can be as simple as having a roof over your head or as specific as being thankful this pandemic has come during a time of advanced technological capabilities (can you imagine if this were 1980? – no cell phones, no computers, no digital photos that can send instantaneously – talk about isolation!!!) Numerous studies have shown the benefits of practicing gratitude daily (either first thing in the morning or right before you fall asleep) can improve your emotional well-being and help you cope with stress. Almost every article I looked at encouraged people to start a Gratitude Journal. Making a habit of writing down things you're grateful for each day can help you learn to recognize good things in your life despite the bad things that might be happening. I decided I'm starting my gratitude journal on Nov. 1st.

Our heightened level of stress and anxiety at times can feel terrible. And it can be hard to muster up the time and will to try alternatives to make oneself feel better. It's a lot easier to attempt to suppress the discomfort with distraction like TV or social media, or numb it with food or alcohol. But I challenge you (and myself) to make experiencing gratitude a 5-10 minute priority every day. Remember to give thanks to the Lord in daily prayers and find a way to let those for whom you are grateful know how much their kindness is appreciated. Now more than ever it is essential to have emotional resiliency to get through the next few colder months and come out the other end intact and ready to move forward.

Forever grateful for our Peace Family and the ministry we share, Karew

"God gave you a gift of 86,400 seconds today. Have you used one to say thank you?" ~ William Arthur Ward

Youth Programming

Here is what's happening for our 7th - 12th Grade Students this fall! *A reminder to all students: If either SCF or OHS closes or is cancelled due to Covid-19 or inclement weather, church activities will be cancelled as well.

7th-8th Grade

7th & 8th grade confirmation students will continue to meet on-site every other week and will also engage in off-site small group gatherings for their off-site weeks. An online only option was also offered for students if the family so chose. We are excited for a new and creative, grace-filled year of growing in faith!

<u>9th Grade</u>

9th Graders have begun Peace University and many students are participating in course either in-person or independently. So far, we have heard great feedback from this program! A reminder to sign up for events at least one week in advance on our google doc sign up page (link was emailed to all 9th grade families). Looking forward to experiencing more core and elective courses together this month!

<u>10th - 12th Grade</u>

In-Person YOUTH GROUP and off site LIFE GROUPS are off to a great start!! We meet every week from 7-8pm (location noted below). Plan on joining us in the following ways. Join us on Wednesdays from 7-8pm! Addresses and locations will be sent out via a REMIND text the week of the event.

- Nov 4 (10th 12th Grade): Volleyball Olympics at the Swanson's (note change of location)
- (9th Grade): College Care Kit Service Project (Elective Credit Option)
- Nov 11 Youth Group at Church (9th 12th Grade)
- Nov. 18th (10th 12th Grade): Woodfire Pizza (build your own) and Bonfire at Pastor Melissa's House (note change of location)
- ٠
- (9th Grade): Strengthsfinder Workshop (Elective Credit Option)
- Nov 25 NO YOUTH GROUP (Thanksgiving Break)

2021 Summer Mission Trip to Idaho (9th - 12th Grade) Dates: June 18-27, 2021

We are rebooked to go to Idaho this summer!! Registrations and deposits are due Nov. 1st for new participants and for participants that were scheduled to go on the trip last year (updated waivers needed). This trip is open to all 9th - 12th graders and friends!

If you were scheduled to go on the trip last year and have now graduated High School, contact Pastor Melissa if you would like to join us as a Junior Leader this year on the trip that you missed out on! A great opportunity for you!

Contact Pastor Melissa if you have questions or would like more information

November In-Person Sunday School Sunday, November 8th

All Children (4K-6th Grade) are invited to participate in our In-Person Sunday School Event on Sunday, November 8th. Children will be placed in small groups upon arrival (siblings will stay together) and will rotate between stations to experience a Bible story, snack, take home faith activity, and a service opportunity. Groups will remain socially distanced throughout the building. Masks required.

Sunday School Children are also able to participate in "At-Home Sunday School" the other weeks in November through the following ways:

Sunday, November 1st:

Memorize Psalm 136:1 (see verse below). Video yourself once you have memorized this verse and submit your video on our Sunday School Facebook page and win a prize!



Sunday, November 15th

Complete the Monthly Challenge.

Fill out the following sheet and think of what you are thankful for that starts with each letter of the word T-H-A-N-K-F-U-L (i.e. teachers, grandparents)

Email your finished sheet to Pastor Melissa and win a prize!

(See example)

Example for Thankful Challenge			
I am Thankful for			
т			
н			
Α			
N			
κ			
F			
U			
L			

Sunday, November 25th

Create Thank-You Cards and send them or deliver them to people in our community who you are thankful for (Teachers, law enforcement, emergency responders, gas station workers, etc. The sky is the limit!) Take a picture of your card or you delivering your card, post it on the children and families Facebook page, and win a prize!



OTHER NEWS

PLC Virtual Christmas Program:

Postcards were sent out earlier with details about our December Virtual Sunday School program. This is for kids PreK-6th grade. Please let the office or Michele Merritt know by Nov. 1st if your child(ren) will participate so that we can mail out the program parts!!

MAPLE SYRUP FOR THE HOLIDAYS!

Holiday Syrup Bottles are here! Don't forget to stock up on these beautiful and fun holiday Maple Syrup bottles! These make great Christmas gifts, teacher gifts, or host/hostess gifts! Stock up today and enjoy our holiday and winter-painted bottles and Gingerbread Bottles!

We, as a staff, have much to be grateful for. This month we would like to say a BIG **Thank You to**:

- Jack & Debbie Brust and Phil & Gail Everhart for helping to set up the church for in-person worship
- All the members who have so generously been donating the snacks & other items and needed for Youth Programming
- Amy Hagen for the donation of mini-
- Bill & Pat Lones for picking up and returning the Confirmation robes
- Bernie Coulombe for the donation of the delicious pumpkin cookies
- Pat Lones for her willingness to help with office projects
- Vicky Koehler for her continued organization, work & support of the Syrup Ministry
- Becky Walstead (TellaStory Photography) for taking the Confirmation class pictures

Blessing Baskets: The gift cards for the Blessing Baskets will be here on Nov. 15th. If you are unfamiliar with this program, Peace receives cards with the first name of children, their age, size and item needed for Christmas. No toys-just clothing items. You buy the gift, wrap it and tape the card on top and return to Peace. There are also cards for monetary gifts for a food certificate which each family also receives. All gifts are due by Dec. 6th.

KID'S WORSHIP BAGS

As we begin worshipping in the building, we are excited and ready to welcome back ALL of our members, including our smallest children. For your enjoyment, the children may pick up individual/take-home Worship bags when they enter worship. These bags are yours to keep and we ask that you take them home with you. Each Sunday, children may grab a NEW bag to enjoy and take home. We love our children of Peace!!

Peace Lutheran's Little Bitty



All children who are not yet enrolled in our Sun-

day School Ministry are invited to take part in our Book Bunch that meets once a month!

We'll gather on the 2nd Sunday of each month during the Sunday School gathering (10:00).

Join us on November 8th for a story (that kids get to keep), a craft or activity and a snack! This is for children not yet enrolled in 4K and younger.

Note: Children <u>must be accompanied</u> by a parent/caregiver.

Fall Pumpkin Pie Sale Fundraiser!! \$10 each Pick up Nov. 8 & 22



Preorder today!! Pumpkin Pies for sale!! (made safely

Pies for sale!! (made safely in our licensed kitchen, following all recommended guidelines) preorder You can vours by emailing plcdresseroffice@gmail.com or by calling the church office at (715) 755-2515. Please indicate how many pies you would like and if you would like to pick them up on Nov. 8th or Nov. 22nd. We will also have a limited amount available for purchase on Nov 8th & Nov 22 (while supplies last). Pick up will be from 9am-11am each day. All proceeds benefit youth programs & missions of Peace Lutheran.

PreK and 3rd Grade Bibles were given out on October 18th



If your child was not in attendance that Sunday the Bibles are available at the church office.



HS kids having fun at Youth Group carving pumpkins!



STEWARDSHIP CORNER

"Now He who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be made rich in every way so that you can be generous on every occasion." 2 Corinthians 9:10-11a, NIV

Paul writes these words to the Corinthians as part of an appeal for support for the missionary work that was establishing the framework upon which the first century Christian church was being built. Notice Paul's use of the word 'will'—no room for 'maybes' or 'possibilities' here. God's abundance will be the result of and the reward for those who share what God has given them.

Notice also Paul's explanation of why God's generosity will be lavished on His people: so that they'll have the means to share even more! Giving, in other words, leads not to poverty, but to wealth; not to scarcity, but to abundance. As we make our decisions about next year's giving, we would do well to remember Paul's words in verse 15: "Thanks be to God for His indescribable gift!"

See you next month!

The Mission of the Stewardship Ministry of Peace Lutheran Church is to educate all Peace members about God's Scriptural teachings regarding stewardship; namely, that our lives and our property belong to God, and that our grateful response should include generously, intentionally, proportionately,

Giving & Rent:	\$310,601
Budget YTD:	\$385,128
Actual Expenses YTD:	\$300.004

NOVEMBER BIRTHDAYS

1st	Bonnie Schmitt
150	Stacia Kneath
2nd	Scott Carlson
3rd	Tim O'Hare
4th	Eleanor Hanson
5th	Logan Johnson
6th	Jazmyn Everson
7th	Eileen Stensven
1011	
8th	Bjorn Neumann Dick Geving
0011	John Hale
	Brian Warmer
	Bailey Carlson
	Trevor Carlson
0.1	
9th	Addison Symons
10th	Marcia Clark
	Jordan Swiontek
_	Matt Vitalis
11th	Darren Bliese
	Zoey Larson
12th	Jon Nordin
	Shawn Koosman
	Donnie Tate
	JJ Tinney
	Mayim Peer
13th	Mark Kravik
	Aaron Rysdam
14th	Kathy Vesperman
	Shellee Mierow
	Dylan Cotch
15th	Shirley Plomski

15th Shirley Plomski Bailey Ellefson

16th	Nate Jensen
	Mike Robinson
17th	Jill Carlson
	Diane Martell
	Cindy Cronick
	Amanda Lietz
18th	Vicky Koehler
	Tim Swenson
	Erik Swenson
	Isaiah Guilfoile
19th	Eva Waalen
20th	Mike Lundeen
21st	Jennifer Jeske
	Hayden Prokop
	Charles Hanson
22nd	Lorin Demulling
	Dan Link
23rd	John Cavallin
	Blake Terpstra
24th	Linda Hansen
	Denise Schmidt
	Darrin Ellefson
	Emily Smith
	Alivia Maki
$25 \mathrm{th}$	Grayson Skinner
26th	Pat Adam
	Macie Demulling
$27 { m th}$	John Gerlach
	Jackson Dvorak
28th	Bill Degner
	Hannah Kautz
	Tim Gregory
29th	Cale Campbell
30th	Jeff Everson
	Levi Gregory



-this month we especially prayed for:

Gwen Anderson (Rosella Geving's niece) Jeffery Bird (Betty Miller's son) Harold Bishop Jordan Braund (Dave & Jackie Berg's niece) Chris Gilchrist (Dale & Carol Rhoe's son) Presley & Alexa Hall (nieces of Jeff & Melissa Hall) Cindy Hauser (Tim DeMenge's sister) Julie Hendrickson (Trina Hendrickson's sister) Lee Johnson (Ronda Haley's sister-in-law) Sharon Johnson (Danielle Nelson's aunt) Jim Kirby Cindy Klotzbach (Linda Ferris' mother) Virail Koehler Chris Nelson (Craig Nelson's brother) Mary Nelson (Craig Nelson's mother) Ken Peterson (friend of Dick & Rosella Geving's) Kylie Peterson (Peggy Basham's niece) Barb Plumley (Ilene Chapman's daughter) Adrian Smith (great nephew of Tim DeMenge) Matthew Ward Joel Wigstadt (Kathy Clark's nephew) Chris & Wendy Wilson (Jodi Swenson's brother & wife) Jim Wynne, Jr. (Dallas Wynne's cousin) Serving in the Military: Collin Western Family of David Smith

COLOSSIANS 4:2

<u>Divine Rehab & Nursing, SCF</u>: Merlin Johnson, Opal Parel <u>CCH, Osceola</u>: Ramona Paulson, Bob Larsen <u>Golden Age Manor, Amery</u>: Chuck Siltberg <u>Evergreen Sr. Apartments, Amery</u>: Anita Siltberg Sophie's Manor, Centuria: Betty Brust

Welcome to Tammy Brenizer, our new part-time Director of Media & Communications!

Tammy resides in Frederic and is a member of Bone Lake Lutheran Church. She comes with lots of experience in website development, marketing, and producing and editing videos.

In her spare time she enjoys Orchestra Hall, golfing and cheering on the MN Vikings. (Editors note: "What?")

Tammy will be the face behind the camera at Peace events and producing our online services. We are so glad to have her as part of our team!!

WORSHIP IN THE CHURCH BUILDING

8:30 am Service Recommended for the elderly (60 years* young and over) and immunocompromised members. This service will be held in the Sanctuary.

9:30 am Service Recommended for families and those younger than 60 years*. (30 minutes) Beginning Now. 8th this service will also be held in the Sanctuary.

NOTE: We will still be having a Worship Service on our YouTube page and you may sit in your car in our parking lot and tune your radio to 99.3 FM to listen to the service each Sunday!

*Family units comprised of young and old are welcome to worship together! Please wear a mask and adhere to our social distant seating we have set up.

One service only on Sunday, Nov. 29th at 9:00 am.



PEACE LUTHERAN CHURCH

2355 Clark Rd., P.O. Box 655 Dresser, WI 54009

Church Office: 715-755-2515 Website: <u>www.plcdresser.org</u> Find us on facebook! Worship Services: youtube.com/peacelutherandresser

PLEASE use our Post Office box (not our street address) when mailing something to Peace! PO Box 655, Dresser, WI 54009