

Menu for Week of:		Aug 10th - 16th	Harrowfield	SERVE WATER WITH DINNER	33
Breakfast (8am - 9:30am)		Lunch (12 pm - 1 pm)	2:15 PM	Dinner (4:30 pm - 5:30 pm)	Dessert
Sunday / 3	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(frozen) Salisbury Steaks (cut up six patties for 4 people), Rice, and Green Beans	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Viola) Garlic Chicken (cook whole bag), add a whole bag of Broccoli, and Roll or Garlic Bread	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Monday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Orange Chicken, Rice, and Carrots	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Beef Pasta, add Ground Turkey (refrigerator drawer), and (leftover) Vegetables <u>or</u> Peas	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
IMPORTANT: EVERY FOOD ITEM IS ACCOUNTED FOR - - - CALL CHARLOTTE BEFORE CHANGING THE MENU					
BREAKFAST: Coffee for Rose/Brenda, and Tea for Zennie/Joan. 10:30 AM: (1/2 bottle) Nutritional Shakes or Chocolate Milk.					
2:15 PM: Decaf Coffee for Rose and Choice of Beverage for everyone else NEVER SERVE COFFEE TO ZENNIE & JOAN					
Always check refrigerator for leftover vegetables before opening the same vegetable Only serve rolls if listed on menu					
ONLY SERVE WATER (NO OTHER DRINKS) WITH DINNER. This helps to prevent UTIs.					