

Menu for Week of:		Aug 23rd - 29th	Harrowfield	SERVE WATER WITH DINNER	34
Breakfast (8am - 9:30am)		Lunch (12 pm - 1 pm)	2:15 PM	Dinner (4:30 pm - 5:30 pm)	Dessert
Sunday / 2	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Rotisserie Chicken, Mashed Potatoes, and Green Beans	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Rotisserie Chicken, Potatoes Wedges, and Corn	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Monday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Corn Dogs, Potato Wedges, and Peas	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Box) Cheeseburger Macaroni, add Ground Turkey (refrigerator drawer), and Broccoli	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Tuesday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(frozen) Garlic Chicken (add 1/2 bag of frozen Broccoli), and Garlic Bread	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Bake 6) Battered Fish (cut up and split between 4 people), Potato Wedges, and Corn	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Wednesday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Pizza and Broccoli	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Bake 7) Chicken Patties (cut up and split between 4 people), Mashed Potatoes, and Green Beans	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Thursday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Manwich (use Ground Turkey, serve on a buns), Fries, and Corn	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(box) Tuna Creamy Pasta, add 2 cans of Tuna, (frozen) Broccoli, and Roll	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Friday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(Bake 6) Battered Fish (cut up and split between 4 people), Mashed Potato, and Corn	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(frozen) Salisbury Steaks (cut up and split between 5 people), Mashed Potatoes, Green Beans, and Roll	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Saturday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(Bake 7) Chicken Patties (cut up and split between 4 people), (frozen) Sweet Potatoes (add honey), and Peas	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Jar) Spaghetti Sauce, add cooked Ground Turkey (refrigerator drawer), boil Pasta (1st shelf cabinet, right side), and Broccoli	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
IMPORTANT: EVERY FOOD ITEM IS ACCOUNTED FOR - - - CALL CHARLOTTE BEFORE CHANGING THE MENU					
BREAKFAST: Serve Coffee, Tea, or Juice 10:30 AM: Nutritional Shakes or Chocolate Milk.					
2:15 PM: Choice of Beverage NEVER SERVE COFFEE TO "J"					
<i>Always check refrigerator for leftover vegetables before opening the same vegetable Only serve rolls if listed on menu</i>					
ONLY SERVE WATER (NO OTHER DRINKS) WITH DINNER. This helps to prevent UTIs.					