

Menu for Week of:		Oct 12th - 18th	<i>Bridgewood</i>	SERVE WATER WITH DINNER	43
Breakfast (8am - 9:30am)		Lunch (12 pm - 1 pm)	2:15 PM	Dinner (4:30 pm - 5:30 pm)	Dessert
Sunday / 3	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Honey Chicken, Rice, and Carrots	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Bake 5 (frozen) Chicken Patties, (leftover) Pasta <u>or</u> Mashed Potatoes, and (leftover) Vegetables <u>or</u> Carrots	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Monday Wm dialysis 11:30 to 5pm	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Pizza, and (leftover) Vegetables <u>or</u> Corn	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Cheeseburger Macaroni (add Ground Turkey in refrigerator drawer), and (Guys) Green Beans and (Gals) Peas	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Tuesday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(frozen) Boneless BBQ Patties (serve Guys 2.5 and Gals 1), (leftover) Pasta or Potato Wedges, Corn, and a Roll	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Battered Fish (cook 5, serve Guys 2 and Gals 1), (Knorr) Pasta, and Carrots	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
IMPORTANT: EVERY FOOD ITEM IS ACCOUNTED FOR - - - CALL CHARLOTTE BEFORE CHANGING THE MENU					
BREAKFAST: Serve Coffee, Tea, or Juice 10:30 AM: Nutritional Shakes or Chocolate Milk.					
2:15 PM: Decaf Coffee or Choice of Beverage Serving size/portion is based on appetite to prevent waste					
Always check refrigerator for leftover vegetables before opening the same vegetable Only serve rolls if listed on menu					
ONLY SERVE WATER (NO OTHER DRINKS) WITH DINNER. This helps to prevent UTIs.					