

Menu for Week of:		Oct 12th - 18th	Harrowfield	SERVE WATER WITH DINNER	43
Breakfast (8am - 9:30am)		Lunch (12 pm - 1 pm)	2:15 PM	Dinner (4:30 pm - 5:30 pm)	Dessert
Sunday / 3	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	Cheeseburger Macaroni (add Ground Turkey in refrigerator drawer), Green Beans, and Roll	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Bake 5 (frozen) Chicken Patties, (leftover) Pasta <u>or</u> Mashed Potatoes, and (leftover) Vegetables <u>or</u> Carrots	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Monday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(frozen) Boneless BBQ Patties (give Joan and Dawn 1.5 patties), (leftover Pasta or Mashed Potatoes, and Corn	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	(Viola) Garlic Chicken (cook whole bag), add a whole bag of Broccoli <u>or</u> a can of Carrots, and Roll	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
Tuesday	Options: Fruit, Oatmeal, Sausage, Bacon, Eggs, Waffles, Pancakes, Toast, Yogurt, etc.	(frozen) Gravy and Turkey (leftover) Cheesy Pasta, Green Beans, and Roll	Options: Coffee, Tea, Juice, Soda, Fruit, Cakes, Cookies, etc.	Battered Fish (1 each, Joan 2, Dawn 2), (leftover) Pasta <u>or</u> Mashed Potatoes, and (leftover) Vegetables <u>or</u> Corn	Options: Fruit, Ice Cream, Pudding, Jello, Cake, etc.
<b>IMPORTANT: EVERY FOOD ITEM IS ACCOUNTED FOR - - - CALL CHARLOTTE BEFORE CHANGING THE MENU</b>					
<b>BREAKFAST: Coffee for Rose/Brenda, and Tea for Zennie/Joan.   10:30 AM: (1/2 bottle) Nutritional Shakes or Chocolate Milk.</b>					
<b>2:15 PM: Decaf Coffee for Rose and Choice of Beverage for everyone else   NEVER SERVE COFFEE TO "Z" and "J"</b>					
<b>Always check refrigerator for leftover vegetables before opening the same vegetable   Only serve rolls if listed on menu</b>					
<b>ONLY SERVE WATER (NO OTHER DRINKS) WITH DINNER. This helps to prevent UTIs.</b>					