

## WHO ARE OUR TYPICAL RESIDENTS?

CoHomes Boutique Senior Living provides housing with services for up to 6 residents who require assistance with activities of daily living (ADL), including safety supervision and much more. CoHomes has an agreement with a licensed home care agency to provide personal care services, as needed. The caregiver-to-resident ratio is 1 to 6. Seniors must require assistance with at least one ADL to qualify to live at CoHomes. CoHomes at Harrowfield is exclusively for women (and a new location for men is coming soon).

## ✓ Our typical resident:

- Is age 55 plus, non-smoker, fully vaccinated, no longer drives, and requires an escort to leave our home/community.
- o Prefer living in a residential home that offers personal care services, safety supervision, and one-on-one attention.
- Require assistance with 1 to 4 ADLs like Bathing, Dressing, Grooming, Toileting, Transferring, and Ambulating.
   Regarding Eating, caregivers will cut up food into bite-size pieces as needed, and prompt/encourage them to eat.
   However, our residents can physically feed themselves and are willing to accept assistance with ADLs as needed.
  - Can self-transfer without assistance or with a one person assist. Must not be bedridden.
  - Can ambulate/walk without assistance or use a cane or walker. Wheelchairs and transport chairs are accepted
    on a case-by-case basis.
  - Is not bowel incontinent and does not have a colostomy bag or catheter.
- May have cognitive decline or early to moderate-stage dementia.
  - Our residents are not physically combative or verbally abusive and are not a wandering risk. Nevertheless, alarms are on exit doors for additional safety. Plus, motion sensor alarms are positioned to detect motion near each exit door. This will alert the caregiver when someone approaches and/or opens an exit door. However, our dual alarm system is not the same as alarms used in a locked-down memory care unit.
- o Is not extremely active (like jogging, playing tennis, or swimming) but does enjoy therapeutic art and/or music, reading, bingo, exercising, short walks, gardening, baking cookies or desserts, watching tv, sharing life experiences/stories, etc.

## ✓ We CAN NOT accept a resident with any of the following conditions or care needs:

- Ventilator dependency:
- o Dermal ulcers III and IV, except those stage III ulcers which are determined by an independent physician to be healing;
- o Intravenous therapy or injections directly into the vein, except for intermittent intravenous therapy managed by a home care or hospice agency licensed in this state;
- Airborne infectious disease in a communicable state that requires isolation of the individual or requires special
  precautions by the caretaker to prevent transmission of the disease, including diseases such as tuberculosis and
  excluding infections such as the common cold;
- Psychotropic medications without appropriate diagnosis and treatment plans;
- Nasogastric tubes; and Gastric tubes except when the individual is capable of independently feeding himself and caring for the tube, or as managed by a home care or hospice agency licensed in this state;
- Individuals requiring continuous licensed nursing care; whose physician certifies that placement is no longer appropriate, or the individual has a rating of total dependence in four or more of the seven ADLs as documented on a uniform assessment instrument.

Note: Exceptions may be made for residents with the above-listed care needs if a physician has certified that appropriate care can be provided temporarily to meet the resident's needs and prevent unnecessary relocation. CoHomes is a private-pay facility and does not accept Medicaid. Average rates, including care costs, start at \$5,400 monthly/long-term and \$225 daily/short-term.

Please contact us if you have any questions or to schedule a tour at CoHomes.org/tour or 704-272-1777.