



Relational Awareness ~ Lesson 3

PowerPoint Notes

REVIEW

So Far, We Have Learned About:

- **Healthy vs Unhealthy Relationships**
- **How to Evaluate the Love We Are Giving and Receiving**
- **God's Idea of Submission**

God's Idea is Mutual Submission

Greek word for submit - Hupotasso:

- **Military – arrange under the command of a leader**
- **Non-military – Willingly Cooperate or Attach**

Ephesians 5:21 says: “Submit to one another.”

Submit = Cooperate = Work Together

HUSBAND submits by **SACRIFICING** (dying to himself)

WIFE submits by **RESPECTING** (as an image bearer of God)

NOTE: The husband is instructed to love his wife.

There can be no love without RESPECT.

Showing honor and respect includes **recognition**. Studies show that ignoring people can be just as harmful as mistreating them.

Equality Wheel

What an intimate partner relationship should look like

Power & Control Wheel

What you should **not** see in a healthy relationship

When one person tries to control another, God's love cannot be part of the relationship.

Today's Lesson ~ A Godly Unit

Ephesians 5:23-32

How do a head and body operate together?

Mutually dependent

The head exists to serve the body.

The body exists to serve the head.

Ephesians 5:32 says:

“This is a great mystery, but it is an illustration of the way Christ and the church are one.”

- We don't lose our identity when we are united with **Christ**.
- We don't lose our identity when we are united with our **spouse**.
- We work in partnership with **Christ**.
- We work in partnership with our **spouse**.

In this lesson, we will also learn to recognize some of the subtleties of abuse, and some selfish behaviors that can lead to abuse.

GOALS FOR THIS LESSON

1. To see how a marriage operates as a body
2. To distinguish behaviors in a relationship that are kind, selfish, or abusive
3. To work on relating in healthier ways

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ

1 Corinthians 12:12