



Relational Awareness

LESSON #	TITLE	APPLICATION
	Introduction <i>Goals and Expectations</i> <i>Healthy vs Unhealthy Relationships</i> <i>Relationship Red Flags</i>	Ask God to reveal a red flag in one of your relationships or in a relationship you've observed
1	Love Defined <i>1 Corinthians 13</i> <i>What it Means to Love and Be Loved</i> <i>How to Practice Love</i>	Do one thing to practice the attributes of love
2	Mutual Submission <i>Ephesians 5:21-33</i> <i>God's Idea of Submission</i> <i>Sacrifice & Respect</i>	Practice submission in a close relationship
3	A Godly Unit <i>Ephesians 5:30-31</i> <i>Tendencies - Kindness, Selfishness, or Abuse</i> <i>Evaluating Relational Patterns</i>	Work on an area of concern (relational patterns)
4	Designed Marriage <i>Genesis 1 & 2</i> <i>God's Intention for Marriage</i> <i>Domination Over Others?</i>	Address controlling attitudes in your relationships
5	Reverse the Curse <i>Genesis 3</i> <i>Relational Curse</i> <i>Building Up or Tearing Down</i>	Work on building up, not tearing down a relationship
6	Shining the Light <i>Ephesians 5:1-20</i> <i>Contrasting Godly and Ungodly</i> <i>The Evil of Abuse</i>	Practice one area of godly living
7	Responding to Abuse <i>1 John 3:14-18</i> <i>Recognizing Abuse</i> <i>Helping the Victim</i>	Think of a way to be part of the solution to domestic abuse

Class Description: This study will help us learn how to make all our relationships honor God; this includes marriage, dating, friends, and family. We will learn about red flags in relationships and be able to see the differences between healthy and unhealthy relationships. We will learn what to do when someone we know is being mistreated by someone they love. We will see how the clear reading of God's word debunks the abusers' misuse of scripture to support their controlling demands. We will also be inspired to evaluate our own character and to apply what we learn. We will explore what we can do about the epidemic of domestic abuse.

Weekly Work:

- 1 Apply what you've learned each week.
- 2 Answer the questions for the upcoming week.