



Relational Awareness ~ Lesson 7

PowerPoint Notes

REVIEW

GOALS FOR THE STUDY

- Identify what is a Healthy Relationship vs an Unhealthy Relationship
- Improve all your relationships
- Be able to offer help when someone is distressed about mistreatment by someone they love
- Become a part of the solution in the battle against domestic abuse

SO FAR, WE HAVE LEARNED ABOUT:

- ***Healthy vs Unhealthy Relationships***
- ***God's Definition of Love*** – How everyone should be treated
- ***Mutual Submission*** – Willingly Cooperate (work together)
Submission does not mean following commands of another person

- ***God's Intention for Marriage***

Male and female are created in God's image.

Together they were to rule over the animals,
but not to rule over each other.

The wife's role of **helper** (ezer) is compared to God as our helper.

- ***The Curse on Women***

The husband will rule over the wife.

Spiritual and relational curses are broken by the death and resurrection of Jesus.

Last Week we looked at...

- ***Shining the Light on Evil***

We learned how to live and how not to live.

We were instructed to expose evil deeds.

Domestic Abuse is Evil – It's the Worst kind of betrayal

Domestic Abuse is an Epidemic - *In the USA – 1 in 4 women & 1 in 7 men have been abused by an intimate partner*

What is Domestic Abuse?

Domestic abuse is a **pattern** of **hurtful** behavior in a relationship that is used by one person to gain or maintain **power** and **control** over another person (usually an intimate partner).

Signs of Domestic Abuse – One person **dominates** the other
One partner feels **unsafe** with the other

Physical abuse can kill the body.

Emotional abuse can crush the soul.

Today's Lesson ~ Responding to Abuse

Recognizing Abuse & Helping the Victim

In this lesson, we will learn how we can be part of the solution to domestic abuse.

**Domestic abuse is all around us.
What can we do?**

- We can learn to detect the signs.
- When you see something, say something.
- Know what to say and what not to say to the victim.
Don't give advice... Give options.
- **LUV** the victim – **L**isten, **U**nderstand, **V**alidate
- Learn about the tactics of the abuser so you don't get fooled into believing the abuser over the victim.
- Know who to contact in different situations.
- Know which resources to recommend.
- Pray regularly for God to raise up warriors to fight in the battle against domestic abuse.
- Get involved in educating the Christian community about domestic abuse.
- Join the Domestic Kindness Action Team at your church.

GOALS FOR THIS LESSON

- 1. Recognize the signs of domestic abuse.**
- 2. Learn how to respond to domestic abuse.**
- 3. Become part of the solution to domestic abuse.**

Don't fail to rescue those who are doomed to die

Proverbs 24:11